



# Cycling Times

The BBTA News - cycle for fun, fitness and friendship - Number 127 Feb/Mar 2006

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**Contributions are welcome, especially reports of tours, day rides and any cycling related pursuit.**

**Reminder:  
Membership  
subscription  
renewal is due  
on 31 March  
2006**

## The BBTA Annual General Meeting & Election of Committee Members for 2006/07

7.30pm March 13, 2006

Brisbane West Senior Citizens Hall  
132 Latrobe Tce Paddington

**Whats' this all about??.... well, let me tell you.**

The Brisbane Bicycle Touring Association Inc. is a registered non-profit organisation that has in its constitution the clause that states:

11. (2) – *at the annual general meeting of the Association, all the members of the Management Committee for the time being shall retire from office.....*

11. (3) – *the election of officers and other members of the Management Committee shall take place .....*

**So, who are these elected committee members ?..... let me try and explain !**

clause 11. (1) states: *the Management Committee shall consist of a President, Vice-president, Secretary, Treasurer..... and such number of other members as the members of the Association at any general meeting may from time to time elect or appoint.*

**Who can be on the Committee, and are there any vacancies?**

“Any member”, and “Yes” Any member who is prepared to stand for any position can be nominated, either in advance or on the night. And all positions are vacated after the Auditor's Report is accepted. In cases where there is more than one nomination, the members vote for one candidate. Nomination forms will be in this newsletter. An incoming Committee may vary or share or otherwise reallocate the “general” duties of the positions except that the core duties of the President, Vice President, Treasurer and Secretary shall remain unchanged.

**Welcome  
to our new  
members**

Julie DAWSON  
Ken GOLDSWORTHY; Dorelle, Mark  
Paul HAWKEY and ALBRECHT, Nikki; Paul, Chris  
Ian KAJEWSKI; Samantha, Callum, Tayla, Bryce  
Milton LAMB and Mary PRYCE

Darran McCutcheon  
Dave MINTER  
Marcel ROTTA  
Jim TITLEY

**Quotable Quote..... people don't know what they do want, until they see what they don't want !**



## The Annual General Meeting

The AGM will be held at 7:30pm on the 13th of March at the Brisbane West Senior Citizens Hall. Several things to mention, and I am not sure what order to select, but, there are several things we need to achieve on that night.



**The New Committee** After receiving the reports from the President, Secretary, Treasurer and Auditor, we get to the election of office bearers – about the most important thing the club members can do, because without elected office bearers, the Club ceases to exist.

**The Constitution requires four Committee members, namely the President, Vice President, Secretary and Treasurer. Their roles include the following:**

**President:** Chairs meetings, manages committee, signs cheques, speaks for BBTA, liaises with BQ. There is much else besides, but his/her job is to keep the Club going until the next AGM.

**Vice President:** A person who waits for the President to catch a cold, but some VPs never want to be President. But the tasks include standing in for President, manages clothing and signs cheques.

**Secretary:** A very important position, the holder of this office convenes meetings, administers the Constitution, records members' details, writes official letters as needed, signs cheques, prepares the envelopes for mailing and posts same, and analyses membership

recruitment/retention.

**Treasurer:** A person good with figures! Manages finances, receipts and banks money, prepares and signs cheques for payment, prepares and reports on the budget, and prepares papers for the Auditor.

**The outgoing Committee considers additional Committee Members are required, and has decided these positions should also be on the Committee:**

**Rides Coordinator:** We can't be a bike riding club without one of these! The person chairs Rides Planning nights, consolidates ride nominations and prepares calendar to meet BBTA guidelines, maintains records for and prepares the Certificates and Medallions.

**Editor:** Writes and collates copy for newsletter, arranges printing of newsletters, etc, arranges Lick and Stick nights.

**Resource Officer:** Displays and packs away library each BBTA night, locates desirable titles and arranges purchase after committee approval, ensures loans are returned, maintains existing equipment, arranges loans and returns, recommends additional purchases.

*In the event that there isn't one person wanting to do these six tasks, the position will be split into Librarian and Equipment Officer.*

**Social Coordinator:** The social side of the club need more attention that it has been getting, so this person, a social person naturally, arranges (with Committee) Social night activities, arranges other Social activities (to be devised!), coordinates Christmas Party, caters for BBTA meetings.

These eight positions will comprise the voting Committee

**Other positions are needed, who will report to the committee, are welcome to attend committee meetings, but will not have a vote on the committee, and these are:**

**Assistant Rides Coordinator:** As the title suggests

**Web Master:** to manage the web site, at the direction of the Committee

**Publicity Officer:** to arrange publicity for BBTA

Note: BBTA has a membership of around 300, and, year to year, the numbers move around that figure. Recruitment is not a problem, around 125 per year, losses could be a problem, around 125 per year. If we can modify our operations to increase retention, we will have no problem growing. Which is why we are looking for a Social Coordinator on the committee, and have the Publicity Officer in a reporting role.

### An amendment to the Constitution

Some organisations have a position of Immediate Past President, generally a non-voting position, and the Committee considers this would be a worthy amendment to our Constitution

### Advertising in the newsletter

From time to time, the proposal is put forward that BBTA should enter into a contract with an outside body, where mutual benefit accrues to each party.

Here are two scenarios.

- 1 Perhaps we take advertising in the newsletter, and we undertake to provide space for say 24 editions for a fee for each issue, perhaps with a minimum circulation. You can understand that an advertiser may require this performance from us. However we are a volunteer organisation, and could exist reasonably well if we didn't have a newsletter for several months.
- 2 Perhaps a business supplies material, eg drink bottles with advertising, which we are contracted to issue to all new members. Again, as a volunteer body, we may not have someone to so distribute.



We have arrived at the final stage of a successful 12 months of calendar production. For me it has been an exciting time coordinating the great widespread ride contributions from our ride leaders, old and new. *Thank you ride leaders; it has been a pleasure!* And for all of you members who have enjoyed the years riding; thank you for your participation! By way of summary I thought that the following ride statistics might be of interest:

**2004 - total rides**, 274 and 13,284+ km

**2005 - total rides**, 464 and 20,895+ km

**Ride leaders** 2004 (52) 2005 (57)

#### Ride categories

##### 2004

L 47 1364km

S 98 2598km

M 87 5319km

MF 30 3013km

F 12 990km

##### 2005

L 67 2235km

S 173 5697km

M 131 7102km

MF 71 4600km

F 21 1161km

#### Ride classifications

##### 2004

AUDAX 2 416km

Day Ride 252 11,782km

Non BBTA ride 6 420km

Tour 6

Weekend Tour 8

##### 2005

AUDAX 2 400km

Day Ride 428 17,988km

Non BBTA ride 19 642km

Tour 8

Weekend Tour 7

*(an accurate total tour km currently undertermined from current webstats . . . TBA)*

**Wouldn't it be great to see you all leading and riding in 2006!**

And for any of you budding ride leaders wanting to lead a ride in the coming year, there is any amount of support available to you within the club; in particular current ride leaders, your ride coordinator, and the soon-to-be-released '**Ride Leader Guidelines**'.

**Our Christmas party** saw many members enjoy two different but very pleasant rides before returning to an Xmas lunch, Santa's visit, and the presentation of yearly awards. BBTA achievement awards are obtained by completing a number of BBTA rides over specified distances in a single calendar year. The awards scheme allow members to gain recognition for their cycling achievements in a noncompetitive yet official way.

#### **Our 2005 Awards go to . . .**

**Imperial Century medallions:** Paul Hazelwood, Glenn Hazelwood, Cheryl Christensen, Lindsay Fawdry, Terry De Jonge, Maurice Quirke, Elizabeth Catchpole, Helen Bawden, Bob Schofield, Ralf Neumann, Trevor Bond, Kate Gubesch, Paul Gubesch, Vikki Marshall, Steve Marshall, Han Ghi, Peter Watson, Kerry Neighbour, Mike Clare, Kurt Doerr, Col Davies, Chris Blackmore, Deborah Lloyd, Brian Lowe, Graham Pointing, James Trimmer, Bernie Woodhouse, Dennis Connelly, Ian Board.

#### **Level 4 Achievement certificate:**

Peter Watson.

#### **Level 1 Achievement certificate:**

Frances Wellington.

**Special Achievement certificate "To highlight the broader definition of BBTA Touring":** Terry De Jonge. Congratulations for achieving new personal bests! For members on this list who were unable to attend the Xmas Party, please attend the AGM on 13th March to receive your award (or otherwise contact me to arrange collection prior to this date). Uncollected awards after the AGM will be distributed to recipients by mail.

**The BBTA would like to express appreciation** to ride leaders Peter Kerswill, Jeffrey Foreman and Sheila Saunders for leading the two Xmas rides. *Dedicated members who*

*generously volunteered to prepare for and contribute with catering and site organization and presentation are:* Geoff Unwin, Judy Tait, Chris Blackmore, Lindsay Fawdry, Deborah Lloyd, Helen Bawden, Graham Roberts, Robert Byrnes, Ian Board. Business contributors: *food/catering* Salad Days and Harvest on Hamilton, *BBTA Award medallions* from Stewarts Trophies, *trestles* from Bob's hire, and last of all (best certainly not the least!) . . . *for the large range of lucky door prizes very kindly donated* by Geoff Unwin & Bums on Bikes, Epic Cycles, Velo Bicycles, Planet Cycles, Ridgeway's Cycles and Bicycle Ryders. Please support those who support us! If I have inadvertently overlooked other contributors, then our hearty thanks go to you also.

**It is interesting that we have received a detailed letter to the editor outlining concerns over public liability cover for ride leaders.** This has been an issue, which has also concerned me over the period of time I have been riding and leading for this club. I would hope that existing ride leaders and those contemplating leading in the future will not be put off from ride leading whilst this issue is being explored and defined. *You can be rest assured* that your ride coordinator has a strong commitment to ensuring that not only ride leaders are covered but that also the finer detail of such coverage will be disseminated to the membership when it is available.

**I would think it exciting for the upcoming year the BBTA ride calendar was to reflect a broader geographical spread of rides, the introduction of more themed rides, and perhaps even the emergence of progressive schedule of achievement rides.** I am looking forward to being able to introduce to BBTA members a three part series of "**Get more from your bike**" training sessions being undertaken by Mark Dancer, starting late January. Mark, albeit a fairly new member to the club, is an accomplished cyclist who has come forward to share his wealth of experience with the aim of increasing

members' enjoyment of cycling. *I encourage members at all levels of ability to attend . . .* and hope that you will benefit in many ways from Mark's experience, dedication and passion for cycling, . . . as I have on quite a few occasions throughout the last year. Coupled with the soon-to-be-released "**BBTA Handbook**" will give a good introduction to how to go about enjoying a safe, sociable ride. The booklet expands a great deal on the information generally gleaned through participation or imparted to riders by ride leaders, hopefully to make rides even safer or more fun, and as a refresher on the basics of ride etiquette. Containing information on how to select a ride; what to do before, during, and after the ride; how to handle problems and accidents; and how to make a ride more fun. At the end, you'll also find tips on safe cycling as well.

*In closing, Bravo to BBTA members for 2005! Wishing everyone a safe and invigorating cycling start to the New Year 2006!*

## Letters to the editor.....

The Editor  
BBTA Cycling Times.

Dear Wim

Re Public Liability Insurance

My wife and I have been association members for about a year now. Having during the first few months enjoyed a number of rides and the good social atmosphere that goes with them, I decided that I should organise a couple of rides. The two rides I organised, and lead, both went smoothly and were enjoyed by the few riders who attended.

I had assumed that the association and myself were covered by the associations own public liability insurance while I conducted these rides, then the last newsletter arrived and I read with some concerns that Bicycle Qld provides our insurance. I raised this matter with a couple of committee members on a ride and was truly shocked by the response. Apparently the association has not viewed the insurance documents that supposedly protect us and strong doubts exist as to the extent of the cover, that is who is covered, when, and for what activities. If this is the case the Association is not protecting its members adequately.

My primary concern is for non-committee members who may lead rides to the general benefit of all members, but not be fully conversant with the operational status of the organization. These people like myself are probably operating under the assumption that during these litigious times the Association properly protects us.

Please will the committee investigate our insurance policy and advise the membership as to the extent of its cover and any other related issues.

Your members should be correctly informed in this serious matter and I request that should it be appropriate the management committee respond to this open letter via the Cycling Times so that all members may be accurately informed.

Yours

Alastair Sutton-Davies      2/01/06

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Dear Wim,

Please include the following next news letter.

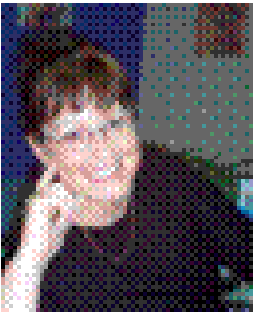
### 300Km Challenge

The 300 will be on again this year, barring accidents. Provisionally Saturday May 6th starting from Clifton, the same relatively easy course. I'll be putting on a number of heavy duty training rides. Though why I bother, I don't know. I was the only one that trained last time. Of course, I did finish easy. Important. Accommodation in Clifton is limited so you need to book early, or you can do as Kerry; party til midnight, drive to Allora, unload your bike, ride 17 hours and drive back.

### September Tour

I'm underwhelmed by interest for a September in S.A. Mawson Trail Ride. Details on the BBTA Web Page.

James Trimmer



Greetings and Happy New Year to BBTA riders. Due to a bike accident I had in July 2005, this is the first report I have written in six months. I Must say that It is good to be on the mend to be able to get back to my duties of which this is one. Two things I have learnt from my accident are: invest in good night lights to see with and; invest in bike insurance. This has given me the time I need to take time off work to heal. All our library books are now catalogued. Magazines remain the next challenge. Topics this issue include: new books purchased; upcoming book review; new website for women.

### NEW BOOKS:

A number of members have requested books for beginners

- 1) Cycling—An introduction to the Sport (2004) and,
- 2) Get Fit Cycling (2005)
- 3) The Complete Book of Road Cycling (2004)

### BOOK REVIEWS

BBTA member, Bill Simpson, has kindly offered to present a short review on a couple of these books for the next newsletter. Thank you Bill, we look forward to your feedback.

### WEBSITE FOR WOMEN

Check out this new website on Bicycle Victoria's website: <http://www.womenscycling.com.au>. It encourages women of all ages to explore cycling and to increase their participation. Be the first to see this inspiring new site.

*Deborah*

## **From the Editor's desk.....**

*Wim Verbakel*

Greetings fellow riders -

Here we are, it's 2006 and we are in the concluding stages of this Committee's tour of duty. I have had a great time being the editor, and appreciate all the nice comments I have received regarding the Cycling Times. Although the new year's riding is getting up to pace, I will be slowing down, as for me this will be my last edition of the newsletter. Over the last twelve months it has been my privilege to work for you as editor and it has been good working with a Committee that has achieved the things that twelve months ago it proposed to achieve. Our President Stephen may cover this in detail in his report to the AGM.

Throughout my years as a BBTA member, I have come to realise that there is a wealth of skill and talent among the BBTA membership – I am confident that whoever steps into the editor role, as well as in the other Committee roles, will continue to serve you well.

If you want to be an influence in this dynamic Association, then come along to the AGM and run for a position or vote for the person you know will do well in a position. Come one – come all, is the call – to the Annual General Meeting. We need your input, your ideas, support, votes and of course, your company. It is your BBTA – come along and make it tick.

Meanwhile, as usual.....stay safe, and above all, enjoy your riding. *Wim*

For members to consider before we meet on 13 March 2006.

## **Bicycle Federation of Australia (BFA)**

Just a little more on the BFA

For those of you who aren't aware, BFA is the national body that concerns itself with advocacy, lobbying, with regard to bicycle matters. Have a look at their web site: [www.bfa.asn.au](http://www.bfa.asn.au).

The full members are:

- Pedal Power ACT
- Bicycle NSW
- \Bicycle Qld
- Bicycle SA
- Bicycle Institute SA
- Cyclists Action Group WA
- Bicycle Transport Alliance WA
- Bicycle Tasmania
- Bicycle NT
- Vintage Cycle Club Vic

Interestingly, Bicycle Victoria pulled out several years ago, I am told because they thought they could lobby as effectively by themselves.

After the recent BFA conference in Brisbane, we were asked if BBTA was

interested in joining BFA. I understand that BFA does not have a member who is into touring, both depth and quality, as we are. I am told there is no Australian bike club as well organised as ourselves. But we knew that, anyway.

And that our expertise would be a valuable addition to BFA.

Obviously BFA needs funds to operate, and some of their funds come from member clubs/organisations, and for one our size, the fee is around \$550, about \$2 per member. Now \$2 per member is a very reasonable capitation fee, but would we be prepared to pay that? So the Plan B?

If we decide to actively support the aims of BFA, but not at the \$550 level, BFA does have a Supporter category, presumably lower fee, still to be revealed. Supporters do not have a vote at the table. I see no problem in not having a vote – if your idea has such marginal acceptance that it is carried by one vote, then it is probably doomed to fail.

The Supporters are fewer in number:

- Australian Greenhouse Office
- Land Transport NZ
- Cycling Promotion Fund
- International Assn of Public

Transport Aust/NZ

Until the AGM, then.

If you read some of the blurb above, you'll know that BBTA has a reasonable membership churn. For the way we operate, that is not an expensive thing, as members come to us, we don't have to stand out in the street and press-gang them.

But they also leave. Why?

My theory, based on no factual information, is that many people love the concept of cycling, but then they discover that it is hard work. The first six months or so can be so depressing – "I'll never be able to climb that hill!" – and then one day you can. As for riding 60 km. And then one day you can.

We don't want to lose you, and want to help you over the hump so you feel great about being on your bike.

Feel free to talk with the members of the Committee; the more your Committee is told, the better it can tailor Club activities to provide what the members want.

*Stephen*



## **HOUSEKEEPING**

**Contact a Committee member, or send us a letter or email; if:**

- **you wish to renew membership early for 2006 (the Treasurer)**
- **you have changed address ([secretary@bbta.org](mailto:secretary@bbta.org))**
- **you have a new email address ([secretary@bbta.org](mailto:secretary@bbta.org))**
- **you want BBTA cycling jerseys and knicks (the Vice-President)**
- **you wish to return library borrowings (the Librarian)**
- **you wish to hire equipment (the Equipment Officer)**
- **you have a contribution for the newsletter ([editor@bbta.org](mailto:editor@bbta.org))**
- **you wish to learn about or volunteer for Committee positions (the President)**
- **you wish to receive your Cycling Times by email link ([secretary@bbta.org](mailto:secretary@bbta.org))**

## BBTA ANNUAL GENERAL MEETING FORMAL NOTICE

### **Notice of the Annual General Meeting of the Brisbane Bicycle touring Association Inc, to be held at the Brisbane West Senior Citizen's Club, Latrobe Terrace, Paddington, at 7:30pm on Monday, 13 March 2006**

The schedule for the meeting will be as follows

Meeting Opens: 7:30pm

Apologies

Minutes of the Annual General Meeting of 14 March 2005 to be read and confirmed

President's Report, Secretary's Report, Treasurer's Report, Auditor's Report

Election of Office Bearers

The following positions required by the Constitution are declared vacant, and are to be filled

President, Vice President, Secretary, Treasurer

The outgoing committee has decided that these four positions are required for the Committee

Rides Coordinator, Editor, Resource Officer (If this position is not filled, then the position of Librarian will be offered), and Social Officer

The outgoing committee has decided that these three positions are required for the BBTA, but are not voting Committee positions

Equipment Officer (Only if the Resource Officer position is not filled), Asst Rides Coordinator, and Web Master

Agenda Items

Advertising in Cycling News

Changing the BBTA Constitution to allow for the position of Immediate Past President

Membership of the Bicycling Federation of Australia as either a Member or a Supporter

Other General Business

Date of next meeting: 12 March 2007

Meeting close

**Bob Schofield, Secretary, BBTA**



Brisbane Bicycle  
Touring Association Inc

NOMINATION FOR COMMITTEE – MARCH 2006

Position:.....

Nominee:.....

Nominated by:.....

Seconded by:.....

This written nomination will be presented at the AGM  
only where the nominee is aware of and in agreement with  
his or her nomination –

I agree with my nomination: .....  
(Signature of nominee)



Brisbane Bicycle  
Touring Association Inc

NOMINATION FOR COMMITTEE – MARCH 2006

Position:.....

Nominee:.....

Nominated by:.....

Seconded by:.....

This written nomination will be presented at the AGM  
only where the nominee is aware of and in agreement with  
his or her nomination –

I agree with my nomination: .....  
(Signature of nominee)

**BRISBANE BICYCLE TOURING ASSOCIATION INC:**

I,..... of.....being a member of the

abovenamed Association, hereby appoint ..... of .....

or failing him/her ..... of .....

as my proxy to vote for me on my behalf at the (annual) general meeting of The Association, to be held on the

Thirteenth day of March, 2006, and at any adjournment thereof.

Signed this .....day of....., 2006

\_\_\_\_\_  
Signature

This form is to be used \*in favour of / \*against the resolution.

"Strike out whichever is not desired. (Unless otherwise instructed, the proxy may vote as he/she thinks fit.)

## Remote Outback Cycle touring

Christine and I recently completed a Remote Outback Cycle or ROC tour. We rode from Alice Springs to Adelaide over 7 days through some fabulous outback Australian country.

'Rode' is only partially true. Let me tell you the story.

- There was a group of 15, aged from 25 to 65 and averaging over 40. Half were from NZ or the Netherlands and the rest were Aussies.
- We traveled in a Mitsubishi purpose-built 4WD bus which towed a trailer and which acted as a support vehicle.
- We were provided with 2003-model Trek 4500 mountain bikes. They were good bikes, but it was a constant battle to maintain fully working gears on 15 bikes in rugged riding conditions. Overall, a good job was done in keeping the bikes up to scratch.
- The owner of the business, Terry Harrison, was the driver, host, bike mechanic, guitar player and teller of terrible jokes. He had a backpacker offsider to help lift the bikes onto the roof of the bus and to assist with cooking.
- Each day we cycled for a couple of sessions and drove for much of the middle of the day – in order to cover

the required distance and experience the outback. Each rider made decisions about how far to ride each day.

- At night we camped in bush camps or camping grounds, in swags and tents that were provided. We ate together, sometimes around a campfire and with very good food. One exception to our camping arrangements was at Coober Pedy, where we stayed in a backpackers, underground.
- One example of a ROC day: We had camped at an abandoned ghost town (Farina) on the Oodnadatta Track. We rose for a 6:00 am breakfast and at 7:00 am started riding across flat semi-desert on a good dirt road. We rode into the small settlement of Lyndhurst for morning tea. Some then put their bikes on the bus. Others rode on. The bus came along an hour later and collected all the riders. We drove to Parachilna and then up into a gorge at the start of the Flinders Ranges for a sausage and salad lunch. Some of us rode from there to our camp ground, while others went by bus. For the late afternoon, most relaxed but two of us rode up to Blinman, the highest town in SA, and return. We bused back to a hotel that night for dinner. Christine chose to ride 30 km that day and I rode 80 km.
- The next day, we rose at 6:00 am, drove to Blinman,

cycled along the road to the start of the Mawson Trail and then rode the trail (rough and easily lost at times) into Wilpena Pound for a very late lunch and our camp site. The bus had met us for pikelets and coffee for morning tea, where the road cut the trail. We all cycled 71 km that day, most of this off-road, very remote and so picturesque.

We are so impressed with ROC tours that we have already signed up to do the Adelaide to Perth ride in October-November 2006 and the Munda Biddi Trail in November 2006.

The costs are about \$140 per night – for transport, bike and support, tent accommodation and most meals.

ROC tours cover a great many remote areas of Australia - the Great Victoria Desert from Perth to Uluru; the Macdonnell Ranges; Katherine and Kakadu; Litchfield; the Gibb River Road in the Kimberleys; the Oodnadatta Track that we did; the Nullarbor; and the Munda Biddi Trail in SW WA.

Check out the website [www.cycletours.com.au](http://www.cycletours.com.au)



## Upcoming BBTA Tours.....

**Easter 2006 Tour (April 14 -17<sup>th</sup>) Med-hard 9.00am Beach & Bush Escape!**  
**45/54/45/54km**  
**Terry de Jonge 0421 644 009 - 3846 7758**

A four day tour in picturesque northern NSW starting at Murwillumbah and heading to the coast staying at Brunswick Heads, Saturday ride takes us through back roads to Lismore via a hilly climb to the small township of Federal. Sunday's pedal is a short 42km but a few hills to climb before rolling down into colourful Nimbin, Monday's return will be a flatter ride following the Tweed River back to Murwillumbah via Uki.

Our first day's ride to Brunswick Heads has two choices

1. Via old Pacific Highway (shorter but hillier 39km) or
2. Cruise down the new bypass Highway 45km, a flatter road more traffic but a good bike lane. Arriving early afternoon in Brunswick Heads will give plenty of for R & R.

Saturday's meander takes us through the picturesque Mullumbimby valley and then a steady climb up to the township of Federal for lunch and rolling roads on to Lismore.

Sunday's a short days ride, but plenty of hills to make us earn our afternoon drinks. We will head to Nimbin via The Channon.

Monday's 54km ride back to Murwillumbah follows the leafy Tweed Valley for a relaxing ride along the Tweed River stopping at Uki for lunch.

Friday 14<sup>th</sup> Murwillumbah to Brunswick Heads 34/45km  
Saturday 15<sup>th</sup> Brunswick Heads to Lismore 54km  
Sunday 16<sup>th</sup> Lismore to Nimbin 42km  
Monday 17<sup>th</sup> Nimbin to Murwillumbah 54km

**BBTA Waterfalls & Waves Tour September 23 to October 1, 2006 (Med-hard)**  
**Terry de Jonge 0421 644 009 - 3846 7758**



BQ supports the BBTA by providing public liability cover for the organization & ride leaders at no cost.

Please help yourself & cycling by joining BQ.

12 months membership: \$70 single, \$90 household.

See [www.bq.org.au](http://www.bq.org.au) or phone 3844 1144.

***Bicycle Queensland – Everyday Cycling – Every Day***

In this edition of *Cycling Times* we meet Robert Byrnes who kindly accepted my invitation to join in the fun of member profiles. This is his story:

### 1. What is your favourite bike, and why?

One that I don't yet own. Having struggled to compress my mountain bike into a packet small enough to travel on the Tilt Train, I can see real benefits in a folder — but one with a derailleur high enough to be ridden in dirt or mud.

### 2. Favourite gadgets and accessories on your bike?

My little 'honk-honk' tooter — though it would need to be three times louder to have any effect on pedestrians at South Bank

### 3. Your favourite ride?

The NSW Big Ride. I've been doing it each year for the past decade and always have a terrific time, even when the weather turns nasty as it did a few years ago.

### 4. Your worst cycling experience?

A day I spent touring alone in NZ, several years ago. Climbing up towards the Lewis pass into a big headwind and with no more tucker, I totally ran out of energy to the point where I was stopping for a rest every kilometre or so. I barely made it to the top.

### 5. Right or left foot down at the traffic lights?

Left always (I might fall over if I tried the right)

### 6. What do you like to eat and drink on a ride?

I get about 20 km out of a banana, and perhaps 40 km out of a meat pie. Power drinks are good if I'm running out of puff, but there's no doubting the benefits of an occasional sip of port.

### 7. Your favourite rest stop?

The milk bar in Kyogle that offers one of the best-value chocolate milk shakes in NSW

### 8. Any cycling goals for the coming year?

I'm going to try not to crash. I may also head west for the annual nine-day ride run by the Cycle Touring Association of WA.

### 9. Where do you have your bike serviced?

Usually under Stan Pearce's house. Stan is canny with bikes, and you can give him a hand as he works, and so learn a bit yourself.

### 10. What do you enjoy about the BBTA?

The fact that it's a big and dynamic club where you can always find someone with views and interests compatible with your own. And with all the rides and other things that it offers, it's terrific value for money.

**Thanks Robert !**



### Would you like to be part of the *Cycling Times* member profile page?

You would?... Great !!....Write to me at - The Editor, Brisbane Bicycle Touring Association Inc. P.O. Box 286, Ashgrove Queensland 4060. or email [editor@bbta.org](mailto:editor@bbta.org). and simply provide me with short answers to the typical questions posed in the profile you have just read on this page. We would love to hear from you!

# Contacting the Brisbane Bicycle Touring Association

**Our friendly committee members can be contacted at the following addresses:**

Position	Current holder	Email address
President	Stephen Jackson	<a href="mailto:president@bbta.org">president@bbta.org</a>
Vice President	Bernie Woodhouse	<a href="mailto:vice_president@bbta.org">vice_president@bbta.org</a>
Treasurer	Judy Tait	<a href="mailto:treasurer@bbta.org">treasurer@bbta.org</a>
Secretary	Bob Schofield	<a href="mailto:secretary@bbta.org">secretary@bbta.org</a>
Rides Coordinator	Frances Wellington	<a href="mailto:rides@bbta.org">rides@bbta.org</a>
Assistant Rides Coordinator	Chris Blackmore	<a href="mailto:rides@bbta.org">rides@bbta.org</a>
Editor	Wim Verbakel	<a href="mailto:editor@bbta.org">editor@bbta.org</a>
Webmaster (pro tem)	Kerry Neighbour	<a href="mailto:webmaster@bbta.org">webmaster@bbta.org</a>
Librarian	Deborah Lloyd	<a href="mailto:librarian@bbta.org">librarian@bbta.org</a>
Publicity Officer	Geoffrey Unwin	<a href="mailto:publicity@bbta.org">publicity@bbta.org</a>
Equipment Officer	Lindsay Fawdry	<a href="mailto:equipment@bbta.org">equipment@bbta.org</a>

We can also be contacted by phoning 0413 345 315 or in writing by mail at: Brisbane Bicycle Touring Association (BBTA) Inc. P.O. Box 286, Ashgrove Queensland 4060. and you can also fill out our on-line feedback/question form, [www.bbta.org](http://www.bbta.org).

**Membership:** Unless the AGM determines otherwise, the fees are the same as last year—\$30 for individual membership and \$40 for family membership (please list all members for our records). Fees cover the period 1 April 2006 to 31 March 2007. If you join after 30 September, you pay half the amount shown above for the period up to the next 31 March.

**Method One** — pay in person at a ride planning or social night, or send a cheque to The Treasurer, BBTA, PO Box 286, Ashgrove, Qld, 4060

**Method Two** — pay at a bank or via the internet into the following account:  
**Bank of Queensland**  
 Account Name: Brisbane Bicycle Touring Association Inc  
 BSB: 124 030  
 Account No: 9013 3701

When depositing in the bank, please ensure that all payments are referenced with surname and first name of the person that the subscription is for. Confirmation of payment (including a list of family members if applicable) should be sent by email to the Treasurer.

Cycling Times is the newsletter of the Brisbane Bicycle Touring Association Inc. It is published every two months. Contributions are welcome, especially reports of tours, day rides and any cycling related pursuit.

*Opinions expressed are those of the contributors.*

**Deadline for the next issue: 13 March 2006.**

## Closing lines .....

**Would you like your Cycling Times in full colour**, and perhaps with extra pages of information and resources, and even ahead of time?... **you would** ? and wish to receive your newsletter via the net, then email the [treasurer@bbta.org](mailto:treasurer@bbta.org) and we will send it to you a week before the snail mail can deliver it. The newsletter is in Adobe PDF format, it isn't too large, and you can download it simply by clicking the link in your email. If you don't have Adobe Acrobat Reader it is available from the BBTA website via a link, at no charge.

**For Sale**  
**RALEIGH 2500 SPORTS, with Shimano brakes and FLICK 21" gear change. Includes Sigma Sport BC800 computer, saddle bags front and rear and handlebar bag, bar ends, lock, lights, helmet and stand. 943 km. \$400. Contact Cliff Buckley on 3814 2787**

**Got something you want to say?** Write to The Editor, Brisbane Bicycle Touring Association Inc. P.O. Box 286, Ashgrove Queensland 4060. Or email [editor@bbta.org](mailto:editor@bbta.org). Please keep your letters brief. Letters may be edited for space or clarity.

**THANK YOU - this thankyou goes to all who have contributed to this edition of Cycling Times**



**More Authors Required!**

This is your newsletter. To keep it interesting for all members, we need YOU to submit articles about rides you have enjoyed either alone or with the club, events or anything related to cycling.

Help make the *Cycling Times* fun by contributing.  
 Contact the [editor@bbta.org](mailto:editor@bbta.org) or BBTA postal address: PO Box 286 Ashgrove QLD 4060