



the **Brisbane Bicycle Touring Association**

Rides Calendar

Cycle for fun, fitness and friendship!

October to November 2006

Please note . .

- Obey the road rules, and acknowledge that you ride at your own risk;
- Bring ID, water, sunscreen, pump, puncture repair kit, tools, first aid kit;
- Arrive early and be READY TO RIDE AT THE ADVERTISED TIME.
- Rides are open to non-members & guests for up to three rides, or for one (up to) three day weekend tour. Multi-day tours for BBTa (& affiliated) club members only.

Contact BBTa . .

- For Membership and all General enquiries - 0413 345 315
- BBTa website: <http://www.bbta.org>
- For Rides Enquiries - Rides Coordinator / Frances Wellington
Ph: 3851 2297(A/H) Mob: 0414 705 289 (A/H) Email: rides@bbta.org

Our Meetings

Monday 9 October

7.30 - 9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington. Rides planning meetings are held on the second Monday in even numbered months (unless it's a public holiday). Come along and be part of what makes BBTa tick. All members are welcome. Help put together the next rides calendar. Supper provided. The BBTa library is also available for borrowing. **Contact:** Frances **Phone:** 3851-2297 (A/Hrs) or **Email:** rides@bbta.org Online: <http://www.bbta.org/sitemap.php> for more info.

Monday 13 November

7.30 - 9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Ha II, 132 Latrobe Tce, Paddington. Social meetings are held on the second Monday in odd numbered months (except the March meeting is the AGM). Come along for an evening of cycling and/or touring talks, slide shows and/or displays (an agenda will be posted on the website closer to the date). Then talk with fellow members, as you enjoy a cup of coffee or tea and a biscuit. The BBTa library is also available for borrowing. **Contact:** Paul & Kate **Phone:** (07) 5498 3134 (A/Hrs). Online: <http://www.bbta.org/sitemap.php> for more info.

Our Regular Rides

Saturday's - every week this calendar

- 6.00am "Wynnum Dash" 61 km F2 28-30kph av.

Depart: Car park, Lincoln St, Stones Corner. A ride with only one stop at the 38km mark (Pandanus Beach, Wynnum) and coffee/breakfast at the end at The Coffee Club. Head out from Stones Corner, along Old Cleveland, Bennetts and Lytton Roads to Fisherman Islands, then to Wynnum where there is a 10 minute break. Head along the Esplanade, and Wynnum Rd before turning on to Richmond Rd and home via Bennetts & Old Cleveland Rds. **Leader:** Peter B **ph:** 0408 983 474

- 6.00am "Wynnum Cruise" 46 km MF2 Av 26kph+

Depart: Car park, Lincoln St, Stones Corner. Same route as the Dash but without the Port. We head out immediately after the dash riders for a fast ride. Ideal for those trying to improve on their personal best. Riders need to be self-sufficient, as there's just the one planned re-group halfway at Wynnum (route description will be provided for newcomers, be rest assured this route's not convoluted). Brekky after, usually with Dash riders. **Leader varies, refer day-by-day listing for details.**

For Newcomers - Northside - every Saturday this calendar

- 3:00pm "Saturday Arvo Ride" 18 km S2 EASY

Depart: Windsor RWS carpark (opp. Brown St). Come along on any Saturday and try our regular easy going short 'n social 'Arvo' ride with only three hills to conquer! This ride is designed for newcomers to ride a variety of easily manageable bikepaths, and quiet backstreets. With just a bit of traffic here 'n there, ride with experienced Club members at an easy regular pace, no-one will be left behind. The route takes us around Downey Park, through Wooloowin down to Kalinga Park and along Kedron Brook creek (for a stretch

along the Bikeway 'at your own speed' as far as Gilbert St), and backstreets to return by 4.45pm at the latest. Join in for coffee afterwards at a nearby cafe.

For Newcomers - Southside - most Sunday's this calendar

Depart: Lincoln Street, Greenslopes (Stones Corner). Come along on any Sunday (except October 15) and try the Southside version of the 'Arvo' ride, designed along the same lines as the Saturday ride for newcomers. Coffee after at "Fast Pasta" at Stones Corner. Sunday Arvo ride routes vary from week to week >>refer day by day listing for route & leader contact details.

- 3:00pm "Sunday Arvo Ride - New Farm Park" 20 km S2 EASY

Scenic ride via the SE Freeway bikeway heading north to skirt the city reaches of the Brisbane River to Kangaroo Point, then it's over the Storey bridge, and along the riverside bikeway and leafy backstreets of New Farm for a brief stop at the Park. Return detours after re-crossing bridge via East Brisbane, Mowbray Park and Coorparoo.

- 3:00pm "Sunday Arvo Ride - Bulimba" 20 km S2 EASY

Easy going meandering ride via Norman Creek bikeway and backstreets to Bulimba for a brief stop at Vic Lucas park, return via Riding Rd, Bennets Rd, Tyber St, quiet backstreets @ Coorparoo, and Norman Creek bikeway/mangroves parkland.

- 3:00pm "Sunday Arvo Ride - Griffith Uni" 20 km S2 EASY

Follow the one continuous South East freeway bikepath south to Griffith Uni, where there's a lovely meandering downhill through bushland to the campus, then circuit the ring road & onto University Drive back to SE Freeway to return along the same bikeway, including great downhill to Gaza road.

Monday's - every week this calendar

- 6.15pm "The Palace night ride" M1 25km

Depart (sharp on time): Hoffy Cycles carpark, Bowser Pde Sandgate. Pleasant bayside night ride along Sandgate Waterfront to Redcliffe for dinner (hopefully still at The Palace with it's secure bike parking). **Lights essential, suitable safety apparell is recommended.** **Leader:** Jim F 0407 175 488

Thursday's - every second week this calendar

- 8.00am 'Big Oasis' S1 50km EASY

Depart: Anaconda Carpark, South Pine Rd, Everton Park. This is the extended version of our 'Little Oasis' ride with no hills whatsoever! A very pleasant flat ride to Nudgee Beach spinning along the one continous Kedron Brook and Jim Soorley (Shultz Canal) bikeways for brekky at Pam's Cafe. Returns same route. **Leader:** Geoff S. Ph: 3359 4688

Day-by-Day Rides

Sunday 1 October

- 7.00am "Beenleigh/Coomera Cruise" B2 50km

Depart: car park opposite Beenleigh RWS. Regular ride down the V1 and return with the occasional detour to add some variety. Coffee stop halfway. **Leader:** Ian & Samantha **Ph:** 3200 4935

RIDE CLASSIFICATIONS Rides are described according to the guidelines below. If you are unsure of your suitability for a particular ride, or if you feel it may be too long or strenuous for you, don't be put off. Please **contact the ride leader before the day**, to discuss your suitability, or see if you can do part of the route.

RIDE GRADING terms such as Easy, Hard etc. are a generalized account of all relative factors pertaining to a ride: taking into account the distance, speed, and difficulty of the terrain. Codes such as S2, MF3 etc. take into account the pace and terrain only. **Stops to regroup** or rest will be more frequent and longer on L and S rides than on B, M, MF and F rides. **'Speedo Average'** is the kph reading on the bicycle computer, as measured whilst the sensor is taking readings (ie: the wheels are turning) which is averaged over a period of time. For our ride classification purposes 'speedo average' is an 'intended' indication of expected pace in kph. for a particular ride over the flatter sections of the course of the ride. **The 'Duration' of a ride is the entire time taken to travel from start to finish**, which will therefore depend on the terrain, timing of all stops and other factors added in.

LIABILITY DISCLAIMER While every effort is made by BBTa ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are not covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

☎ means that it is **necessary for every rider** to contact the leader by **phone or email** to register as a participant.

☺ means that there will be a meal or coffee stop **during** the ride (Not used if the ride **finishes** with coffee/breakfast).

☾ means ride is a **night ride OR could extend to after dark**, so suitable lighting is necessary.

ⓘ means further information is available on the website and/or contact the ride leader. **RWS = Railway station**

L = leisurely pace, lively conversation

S = social pace (speedo average up to 18kph)

M = moderate pace (speedo av. 19kph plus)

B = brisk pace (speedo average 22kph plus)

MF = moderately fast (speedo av. 24kph plus)

F = fast pace (speedo average 30kph plus).

1 = basically flat (uphill stretches are few and far between).

2 = some hills (more than 2/3 of the ride is on flat terrain; steep climbs are short, and few and far between).

3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long and steep).

4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to, but not more difficult than, Mt Cootha).


5 = challenging (contact ride leader for details).

● **7.00am "Sandgate Swift"** **MF1 65km**
Depart (sharp on time): Sandgate Railway Station. UBD 110 Q6 . This ride follows a clockwise direction leaving Sandgate along Gympie Rd through Strathpine, Petrie, Mango Hill, Deception Bay, Newport Waters, back along the Hornibrook bridge, across the foreshore of Sandgate where coffee awaits after. On this ride we aim to average 25+ and keep together as a group riding at a fairly consistent pace. **Leader :** Torben A **ph:** 0413 927 957

Monday 2 October

● **Night Ride! 6.15pm "The Palace night ride"**   **M1 25km**
Leader : Jim F **0407 175 488** Refer regular rides section for details.

Tuesday 3 October

● **8.00 to 12.00am "Live at the Cannery"**  **M2 55km MEDIUM**
Depart: Cnr Royal Pde and St Johns Av, Ashgrove. Leafy quiet suburban streets & bikepaths, over to the Golden Circle Cannery at Banyo for refuelling at the Cafe 'Live'. Our priority to keep together as a group (Av. about 19kph) thru the short 'n sharp hilly backstreets of Ashgrove at start 'n finish. Route there includes most of our familiar Sat arvo ride. Returns along Kedron Brook bikeway to finish with one of my favourite downhill's, to be back before lunchtime. **Leader :** Frances **ph:** 3851 2297(AH)

Thursday 5 October

● **9.00am "Logan BUG Community Ride"** **L1 25km EASY/SOCIAL**
Depart: Loganlea RWS (southside, on Carnival Street). All rides will be social and leisurely, with easy pace and plenty of regroupings. Approx. 20/25 kilometre routes on local bike paths and cycle-friendly quiet streets. Routes vary according to group and leaders. **NO NEED TO BOOK, JUST TURN UP AT THE START AROUND 8.50AM.** **Leader:** Bob S. **ph:** 0412-713-487 **More info:** <http://www.loganbug.org>


Saturday 7 October

● **6.00am "Wynnum Dash"** **F2 61km 28-30kph av.**
Leader : Peter B **ph:** 0408 983 474 Refer regular rides section for details.


● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**
Leader : Len W. **ph:** 3807 4494 & 0407 778 510
Refer regular rides section for details.

● **3.00pm "Saturday Arvo Ride"** **S2 37km EASY**
Leader: Pauline R. **Ph:** 3262 1464 Refer regular rides section for details.

Sunday 8 October

● **New Ride! 7.00am "Bethania-Wolfdene >Logan Village"**  **B3 60km(approx)**
Depart: Bethania railway station car park. A slight extension to the old Bethania circuit, some hills but a very scenic ride. There is a couple of kms of dirt, but ok for road bikes. After coffee at logan village some return options to consider depending on the day. **Leader:** Ian K. **Ph:** 3200 4935

● **7.00 am "River then Breakfast-Extended"** **M2 40km MEDIUM**
Depart: Lincoln St Stones Corner. South East Freeway to the City then follow the River to Indooroopilly and then to Tennyson, Yerrongpilly, Tarragindi, **and beyond to include Rocklea/Coopers Plains & Griffith Uni**, then back to Stones Corner for some breakfast at a local Cafe. Please ring by Friday night before the ride if you wish to reserve a place for Breakfast afterwards. **Leader :** Ian M.
ph: 0402-110-645 or 3848-3617 **Email:** ikmoore@optusnet.com.au

● **7.00 am "Sandgate Imperial Century"**  **B4 160km MEDIUM**
Depart (sharp on time): Sandgate RWS. A repeat of Torben's original ride. A demanding ride passing through Albany Creek, Mt. Samson Road to Dayboro, Mt Mee, Caboolture, Scarborough and return. Brisk overall speed, despite hills, which are a feature of this ride. Some regroupings and food and drink stops at Dayboro and Caboolture. Route instructions available.
Leader : Gerard G. **ph:** 3323 3506 **Info:** gpgalvin@bigpond.com.au

● **8.30am "Downfall Creek"** **S2 23km EASY**
Depart: Toombul Shoppingtown, Sandgate Rd, near Coles.
A ride through Nundah & Northgate then following Downfall Ck from Virginia to Bushland Centre at Chermide west. Return via Chermide and Wavell Heights. Coffee etc. at Toombul after the ride. **Leader :** Jeffrey F. **Ph:** 3262 4410


● **3.00pm "Sunday Arvo Ride - New Farm"** **S2 20km EASY**
Leader: Brian L. **ph:** 0417-202-881 Refer regular rides section for details.

Monday 9 October


● **6.15pm "The Palace night ride"**   **M1 25km**
Leader : Jim F **0407 175 488** Refer regular rides section for details.

● **7.30 - 9.00pm "RIDES PLANNING NIGHT"** Refer Meetings Section for details.

Wednesday 11 October

● **New Ride! 8.00am "Bayside Breeze"**  **S1 45km**
Depart(sharp on time): Wynnum Central RWS car park. Follow the Esplanade to Lota Creek boardwalk, over the new bikepath across Lota Creek, meander through the bush on bitumen path to Thorneside. Then the bike path hugs the shore, leading to smooth, quiet roads around the canals to Wellington Point. Return includes coffee stop on the water at the Manly Jetty cafe. After coffee, it's a 15 minute cycle back to Wynnum Central RWS. No need to phone. **Leader :** Heather J. **ph:** 3901 1119

Thursday 12 October

● **8.00am "Big Oasis"**  **S1 50km EASY**
Leader : Geoff S. **Ph:** 3359 4688 Refer regular rides section for details.

Saturday 14 October

● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**
Leader : Peter B **ph:** 0408 983 474 Refer regular rides section for details.

● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**
Leader: Len W. **ph:** 38074494 & 0407 778 510 Refer regular rides.

● **7.30am "Riverside Jolly"**  **S2 37km EASY**
Depart: Roma Street Parklands (at CafE). A social ride from Roma Street through the City, Botanic Gardens, Goodwill Bridge and along the river from Southbank to Orleigh Park. A short rest then up and over Highgate Hill and onto Stones Corner then Norman Park. Along the river and across the Storey Bridge to New Farm then Newstead for coffee. Returning to Roma Street via Bowen Hills and Herston.
Leader : Brian L. **ph:** 0417-202-881

● **3.00pm "Saturday Arvo Ride"** **S2 37km EASY**
Leader: Ian M. **Ph:** 0402 110 645 Refer regular rides section for details.

Sunday 15 October

● **"BBTA Team Event" - Brisbane to Gold Coast Cycle Challenge**
Depart(sharp on time): 6:00am (Southbank) or 8:00am (Beenleigh)
Distance : 100 or 50 km option. **Unrated Ride.** Meet under the BBTA Banner to join in BQ's yearly charity ride to the Southport for the full 100km ride (or join in at the halfway point at Beenleigh). Ride along the South East Busway (arguably THE best stretch of road in SEQ !) thru Springwood, rest stops at Eagleby & Coomera. Fully supported. With 10 or more BBTA riders we can put together a team. **BBTA Team Leader - Andy M. Ph:** 0409 203 405 **email** <Oh.Macca@bigpond.net.au> to register. **As this is a Non BBTA event run by BQ**, team participants are to contact Bicycle Queensland to formally enter (the earlier the better, to ensure you don't miss out) & nominate BBTA on form.



Monday 16 October

● **Night Ride! 6.15pm "The Palace night ride"**   **M1 25km**
Leader : Jim F **0407 175 488** Refer regular rides section for details.

Saturday 21 October


● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**
Leader : Peter B **ph:** 0408 983 474 Refer regular rides section for details.


● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**
Leader: James T. **ph:** 3357 7569 Refer regular rides section for details.

● **7.30am "Maximum Points"**   **B2 102km**
Depart(sharp on time): Wynnum North Esplanade, adjacent Elanora Park Bowls Club. UBD P. 143, Ref. H14. Visit every one of the twelve named coastal points between the Brisbane and Logan Rivers, with some bike paths and quieter roads along the way. Stop for coffee/breakfast in Victoria Point after 56KMS. On the way back we'll minimise the hill-climbing. Rail options after 82kms. Download a cue sheet (see website).
Leader : Bob S. **Ph:** 0412-713-487

● **3.00pm "Saturday Arvo Ride"** **S2 18km EASY**
Leader: Geoff S. **Ph:** 3359 4688 Refer regular rides section for details.

Sunday 22 October

● **New Ride! 7.00 to 12.00am "Inner to Outer"**  **S1 61km Av. 17kph**
Depart: King George Square. Meet outside City Hall for a ride to the northern city limits, turning around at the Hornibrook Highway. A few hills but nothing horrendous. Coffee break during the ride, bikeways and quiet roads. A riding average of around 17km/h, including regroupings. **Leader :** Stephen J. **Ph:** 0438 943 813

● **New Ride! 7.00 am "Monopoly"**  **MF2 70 to 100 km options**
Depart: Orleigh Park - West End ferry. Tell me, are there more train stations or bike shops on this 100km circuit? Stretch your 70km max distance to 80km, or 80 to 90 or 90 to 100km. (Choice to opt out at RWS when you reach your max). Brief stop at Redcliffe bakery, returning to Southbank for late brunch/early lunch! Keep together as a group ride >> working for you to save your energy and stretch your maximum distance. Frequent re-groups. No bikeways. Road quality: 50:50 dual carriageway (four lanes total width) and/or mostly good shoulders on single carriageway. **Ride Leader :** Caroline W. **ph:** 0438 299 229

● **7.00am "Thigh Burner"**   **MF5 110km HARD**
Departs (sharp on time): Roma St Parklands Cafe. This classic ride goes over Mt Nebo, Mt Glorious and Splityard hill, continuing on to lunch at the Fernvale bakery, on to Ipswich via Glamorganvale and Marburg. Return to city on the train.
Leader: Peter W. **ph:** Mob. 0423 109 652 Home 3807 7816


● **3.00pm "Sunday Arvo Ride - Bulimba"** **S2 20km EASY**
Leader: Brian L. **ph:** 0417-202-881 Refer regular rides section for details.

Monday 23 October

● **New Ride! 8.00am "Bayside Breeze"**  **S1 45km**
Leader : Heather J. **ph:** 3901 1119 Refer 11 October for details.

● **Night Ride! 6.15pm "The Palace night ride"**   **M1 25km**
Leader : Jim F **0407 175 488** Refer regular rides section for details.

Thursday 26 October

● **8.00am "Big Oasis"**  **S1 50km EASY**
Leader : Geoff S. **Ph:** 3359 4688 Refer regular rides section for details.

Friday 27 October

● **Night Ride!** 5.45pm **"Out and about on Friday night"**    **M1 50km**

Depart (sharp on time): *New location* Macdonalds, Cnr Sandgate & Robinson Rd's Virginia. Nothing to do on a Friday night? Then come celebrate with a ride out to Redcliffe for dinner (hopefully still at The Palace with it's secure bike parking!) A pleasant evening's ride thru the wetlands to start, followed by the foreshore of Sandgate, across to the Esplanade for dinner. The same route back will incl. Sandgate Rd. Average speed 20k+ **Lights a must otherwise no ride. Please ring by Thursday night & confirm final dining & bike parking arrangements.** **Ride Leader:** Torben A. **Ph:** 0413-927-957

Saturday 28 October

● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**

Leader: Peter B **ph:** 0408 983 474 Refer regular rides section for details.

● **6.00am "Wynnum Cruis"** **MF2 46 km Av 26kph+**

Leader: Len W. **ph:** 38074494 and 0407 778 510

Refer regular rides section for details.

● **New Ride!** 2.00pm **"Bayside Breeze"** **S1 45km**

Refer 11 October for details. (Note: different start time here).

● **3.00pm "Saturday Arvo Ride"** **S2 18km EASY**

Leader: Pauline R. **Ph:** 3262 1464 Refer regular rides section for details.

Sunday 29 October

● **6:30am "Early Sunday cruisin"** **S2 35 km**

Depart: Roma St Parkland cafe. A few short, sharp pinches add a little spice to this otherwise relaxed ride over and around the river, taking in the CBD, Kangaroo Pt, New Farm, South Bank, Milton, Auchenflower and West End. A break for coffee etc. after 30 km or so. Riders should be free to take off for other pursuits by about 11.00am. **Leader:** Robert B. **Ph:** 3369 0707

● **7.00am "Beenleigh/Coomera Cruise"** **B2 50km**

Depart: Car park opposite Beenleigh RWS. Regular ride down the V1 and return with the occasional detour to add some variety. **Coffee stop halfway.**

Leader: Ian & Samantha **Ph:** 3200 4935

● **New Ride!** 7.30am **"Boats, Planes & Ponies"** **MF2 80km Suit roadies**

Depart: Carpark on Albany Ck Road side of Aspley Hypermarket. Through Albany Creek, Strathpine, to Sandgate for a run along the Esplanade with a short hop over the bike path to Nudgee Rd and onto the Airport for a quick break to take in a few flying things. Then it's off to Racecourse Rd for a Coffee / Breaky break before the run home via Eagle Farm. **Leader:** Mark E. **Ph:** (H) 3851 3123 **(Mob)**-0418482123 **(Email)** meltphoto@hotmail.com

● **8.00am "Bulimba Creek"** **S2 25km EASY**

Depart: Carpark at Minnippi Parklands. UBD map 162 B16.

A generally flat ride to Wishart following Bulimba Creek. There is a short climb to get around Pacific Golf Course. Bikeway most of the way. **Coffee etc** will be at Tingalpa on return journey. **Ride Leader:** Jeffrey F. **Ph:** 3262 4410

● **3.00pm "Sunday Arvo Ride - Griffith Uni"** **S2 20km EASY**

Leader: Brian L. **ph:** 0417-202-881 Refer regular rides section for details.

Monday 30 October

● **Night Ride!** 6.15pm **"The Palace night ride"**   **M1 25km**

Refer regular rides section for details.

Thursday 2 November

● **9.00am "Logan BUG Community Ride"** **L1 25 km EASY/SOCIAL**

Leader: Bob S. **ph:** 0412-713-487 Refer description 5th October for details.

Saturday 4 November

● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**

Leader: Peter B **ph:** 0408 983 474 Refer regular rides section for details.

● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**

Leader: James T. **ph:** 3357 7569 Refer regular rides section for details.

● **New Ride!** 6.30am **"Bethania-Logan Central-Logan Village"** **B2 60km**

Depart: Bethania RWS Car park. A great Early Saturday start with a brisk ride out through the southern outskirts. **Leader:** Samantha **Ph:** 3200 4935

● **7.30am "Logan Village Wander"** **M2 50 km EASY**

Depart: Loganlea RWS (southern side). A fairly flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit a newer rider. Not my usual gallop! We also take a few more detours out past Park Ridge way - it is always good to see a bit more countryside! **Leader:** Kerry K. **ph:** 0411-620-667 **Email:** kerry@dojitrad.com

● **3.00pm "Saturday Arvo Ride"** **S2 18km EASY**

Leader: Ian M. **Ph:** 0402 110 645 Refer regular rides section for details.

Sunday 5 November

● **7.00am "Airport Circuit 60k X 25a"** **MF1 60km**

Depart (sharp on time): Nudgee Bch C\park, Fortitude St, Nudgee Bch UBD 111 CM15. With no hills on this ride, we will be riding to average 25+ over 60k's. This ride leaves Nudgee Beach, follows Nudgee Rd through to the Airport out to the lookout, then return with a detour through to Luggage Point for a short stop, follow-

ing back along Kingsford Smith drive, and then ending with a "at your own pace" along Nudgee Rd back to the start. **Coffee stop** after at Pam's Café.

Ride Leader: Torben A. **Ph:** 0413-927-957

● **7.45am "Samford Sojourn 4 MTB's & Hybrids"** **S3 30km**

Depart: Ferny Grove RWS (carpark opp. Bunowen St). A refreshing morning out in the country air, meandering along rolling sealed roads and easy local dirt & grassed trails. We follow the Lanita Rd rail trail circuit, and have a homestyle morning tea at Samford's "Lily of the Valley" cafe (. . . superb cakes!) Return is shorter and easier, and includes traversing a cow paddock. Last 3km is a nice cruis'n finish to "my favourite ride". Not suited to roadbikes. **Leader:** Frances W. **Ph:** 3851 2297(AH)

● **New Ride!** 2.00pm **"Bayside Breeze"** **S1 45km**

Refer 11 October for details. (Note: afternoon start time).

● **3.00pm "Sunday Arvo Ride - Bulimba"** **S2 20km EASY**

Leader: Jeffrey F. **ph:** 3262 4410 Refer regular rides section for details.

Monday 6 November

● **Night Ride!** 6.15pm **"The Palace night ride"**   **M1 25km**

Leader: Jim F 0407 175 488 Refer regular rides section for details.

Thursday 9 November

● **8.00am "Big Oasis"** **S1 50km EASY**

Leader: Geoff S. **Ph:** 3359 4688 Refer regular rides section for details.

Saturday 11 November

● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**

Leader: Peter B **ph:** 0408 983 474 Refer regular rides section for details.

● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**

Leader: Len W. **ph:** 38074494 and 0407 778 510 Refer regular rides section.

● **3.00pm "Saturday Arvo Ride"** **S2 18km EASY**

Leader: Geoff S. **Ph:** 3359 4688 Refer regular rides section for details.

● **Night Ride!** 5.45pm **"Bayside Twilight Hummers"**   **M2 40km 21kph Av.**

Depart (sharp on time): Eagle Junction RWS. A swift (mainly by road) ride to dinner at Sandgate waterfront. Returns via Sandgate Rd. **Lights a necessity, safety apparell recommended.** **Leader:** Frances W. **Ph:** 3851 2297(A/H)

Sunday 12 November

● **6.45am "Three River Wander"** **MF3 80km Med/Hard**

Depart: Cnr Alamein & Bellew Sts. Beenleigh. We go through Waterford, Logan Village and Windaroo before a Bakery stop at Ormeau. Then continue to Canowindra, Norwell, Alberton, Stapyhton and back to Beenleigh.

Leader: Peter W. **Mob.** 0423 109 652 **Home** 3807 7816

● **7.15am "Beenleigh/Coomera Cruise"** **B2 50km**

Depart: car park opposite Beenleigh RWS. Regular ride down the V1 and return with the occasional detour to add some variety. **Coffee stop halfway.**

Leader: Ian & Samantha **Ph:** 3200 4935

● **7.00 am "River then Breakfast-Extended"** **M2 40km MEDIUM**

Leader: Ian M. **ph:** 0402-110-645 or 3848-3617 Refer 8 October for details

● **8.00am "Downfall Creek & Kedron Brook"** **S2 30km EASY**

Depart: Toombul Shoppingtown, carpark outside Coles .This ride follows Downfall Ck from Virginia to the Bushland Centre at Cherside West. From there it goes along Trouts Rd to Everton Park & onto the Kedron Brook bikeway & then to Toombul. **Coffee stop** etc. at Toombul afterwards. **Leader:** Jeffrey F. **Ph:** 3262 4410

● **8.00am "Sandgate Saunter"** **L2 30km EASY**

Depart: Shorncliffe RWS. A gentle ride around Sandgate foreshore and wetland areas on roads and bikepaths. Brunch at finish of ride at a local cafe.

Leader: Judy T. **Ph:** 3869 0696 **Email:** jag@brisnet.org.au

● **3.00pm "Sunday Arvo Ride - New Farm"** **S2 20km EASY**

Leader: Brian L. **ph:** 0417-202-881 Refer regular rides section for details.

Monday 13 November



● **Night Ride!** 6.15pm **"The Palace night ride"**   **M1 25km**

Leader: Jim F 0407 175 488 Refer regular rides section for details.

● **7.30 to 9.00pm "SOCIAL NIGHT"** Refer Meetings Section for details.

Friday 17 November

● **New Night Ride!** 6.15pm **"Restaurant Ride - Rivercity Roundabout"** **L1 20km**

Depart: South Brisbane RWS. After an easy run around the river we'll head to the Valley for a Mongolian BBQ (about \$15 pp). **Ph:** Peter P.- 3207 2630  

Saturday 18 November

● **6.00am "Wynnum Dash"** **F2 61 km 28-30kph av.**

Leader: Peter B **ph:** 0408 983 474 Refer regular rides section for details.

● **6.00am "Wynnum Cruise"** **MF2 46 km Av 26kph+**

Leader: Gerard G. **ph:** 3323-3506 Refer regular rides section for details.

● **7.30am "Hyperdome to Jacobs Well"** **MF1 65km-For roadies**

Depart: Harvey Norman Loganholme car park (on service road). Just underneath big sign at the entrance. Nice quick ride from the Hyperdome (Loganholme), down the service road, to the Strawberry Farm, then across to Jacobs Well for coffee. We

come back the usual way via Yatala. **Leader** : Kerry N. **Ph**: 0411 620 667 **Email**: kerry@dojitraders.com

3.00pm **"Saturday Arvo Ride"** **S2** 18km **EASY**

Leader: Bob S. **ph**: 0412-713-487 Refer regular rides section for details.

Sunday 19 November

● **New Ride!** 7.00am to 12.00am **"Fishy Business"**  **S1** 51km

Depart: Get Fished, 142 Newmarket Road, UBD 139, N17.

Starting at Get Fished (where we Coffee after the Saturday Arvo Ride), out to Fish on Flinders for a feed, and then back to Get Fished. A few hills but nothing horrendous. Bikeways and quiet roads. A riding average of around 17km/h, including regroup. **Coffee stop. Ride Leader** : Stephen J. 0438 943 813

● **New Ride!** 7.00 am **"Monopoly"**  **MF2** 70 to 100 km options
Refer 22 October for details.

● **New Ride!** 7.00am **"Southern Suburbs Circuit"**  **B2** 70km

Depart: Bethania RWS Car park. Great roads through Browns Plains, Stretton, Kuraby. Coffee at Chatswood Hills. Return via Logan Hyperdome (not a shopping stop), Meadowbrook to Bethania. There is a bakery/coffee shop at the finish if needed. **Leader**: Ian & Samantha **Ph**: 3200 4935

● **New Ride!** 7.30am **"Boats, Planes & Ponies"**  **MF2** 80km Suit roadies

Depart: Carpark on Albany Ck Road side of Aspley Pick'n'Pay Hypermarket. Through Albany Creek, Strathpine, to Sandgate for a run along the Esplanade with a short hop over the bike path to Nudgee Rd and onto the Airport for a quick break to take in a few flying things. Then it's off to Racecourse Rd for a Coffee / Breaky break before the run home via Eagle Farm. **Leader**: Mark E. **Ph**: (H) 3851 3123 (**Mob**)-0418482123 (**Email**) meltphoto@hotmail.com

● 8.00am **"Nudgee Beach"**  **S1** 24km **EASY**

Depart: Toombul Shoppingtown, Sandgate Rd, near Coles. An easy flat ride to Nudgee Beach for breakfast at Pam's Cafe. However we shall visit the Ann Beasley Lookout which is a short stiff climb. **Ideal for novice riders.**

Leader : Jeffrey F. **Ph**: 3262-4410

● 3.00pm **"Sunday Arvo Ride - Griffith Uni"** **S2** 20km **EASY**

Leader: Brian L. **ph**: 0417-202-881 Refer regular rides section for details.

Monday 20 November

● **Night Ride!** 6.15pm **"The Palace night ride"**   **M1** 25km

Leader : Jim F 0407 175 488 Refer regular rides section for details.

Thursday 23 November

● 8.00am **"Big Oasis"**  **S1** 50km **EASY**

Leader : Geoff S. **Ph**: 3359 4688 Refer regular rides section for details.

Friday 24 November

● **Night Ride!** 5.45pm **"Out and about on Friday night"**    **M1** 50km

Refer 27 October for details.

Saturday 25 November

● 6.00am **"Wynnum Cruise"** **MF2** 46 km Av 26kph+

Leader: Gerard G. **ph**: 3323-3506 Refer regular rides section for details.

● 6.00am **"Wynnum Dash"** **F2** 61 km 28-30kph av.

Leader : Peter B **ph**: 0408 983 474 Refer regular rides section for details.

● 7.30am **"Maximum Points"**   **B2** 102km

Refer 21 October for details.

● 3.00pm **"Saturday Arvo Ride"** **S2** 18km **EASY**

Leader : Stephen J. **Ph**: 3376 5169

Sunday 26 November

● 6:30am **"Early Sunday cruisin"**  **S2** 35 km

Depart: Roma St Parkland cafe. A few short, sharp pinches add a little spice to this otherwise relaxed ride over and around the river, taking in the CBD, Kangaroo Pt, New Farm, South Bank, Milton, Auchenflower and West End. A break for coffee etc. after 30 km or so. Riders should be free to take off for other pursuits by about 11.00am. **Leader** : Robert B. **Ph**: 3369 0707

● 6.30am **"Mellow Yellow"**  **MF2** 70km Suit roadies Av. 24kph+

Depart: Aquatic Centre, Flinders Pde, Sandgate. Anti-clockwise circuit road ride aim to keep together as group. My favourite swift pace open stretches & undulations via Scarborough, Mango Hill, Petrie (10min BYO break), Brendale, Bracken Ridge. Coffee etc. near finish of ride @ Sandgate. **Leader** : Frances **Ph**: 3851-2297(AH)

● 7.00am **"Beenleigh/Coomera Cruise"**  **B2** 50km

Depart: car park opposite Beenleigh RWS. Regular ride down the V1 and return with the occasional detour to add some variety. **Coffee stop halfway.**

Leader: Ian & Samantha **Ph**: 3200 4935

● 7.45am **"Point to Point"**  **S2** 40km

Depart: Wynnum Central RWS. A cruise around the bay visiting every Point between Wynnum and Cleveland. Morning tea at Wellington Point. Cycle back to Wynnum (full 60km ride), or option to catch the train from Cleveland (shorter 40km ride). Coffee stop. **Ride Leader** : Peter P. **Ph**: 3207 2630

● 3.00pm **"Sunday Arvo Ride-Bulimba"** **S2** 20km **EASY**

Leader: Ian M. **ph**: 0402-110-645 Refer regular rides section for details.

Monday 27 November

● **Night Ride!** 6.15pm **"The Palace night ride"**   **M1** 25km

Leader : Jim F 0407 175 488 Refer regular rides section for details.

Forward Planning . .

● **Sunday 10th December "BBTA Christmas Party"**

This year we're moving the celebration indoors and over to Ashgrove, Ride Leaders . . . your ideas welcomed to adapting existing or creating new routes !

● **Saturday 16th December. "Torben's Xmas Light's Tour"**

BBTA Ride Leaders . .

- ✓ Please endeavour to lead your ride in accordance with its pace and description.

BBTA Riders . .

- ✓ Please check the 'pace' code of your selected ride. Some rides are too fast for some riders. If in doubt, contact the ride leader.
- ✓ Courteous riders will arrive 10 minutes before the advertised starting time.

Safety on Rides . .

- ✓ All riders are expected to obey the road rules.
- ✓ Adequate lights (to see and be seen) and reflectors are essential for any night rides. Suitable safety apparel is recommended.
- ✓ In the interests of rider safety, the Management Committee or Ride Leader reserves the right to refuse any rider from commencing or continuing any ride where it is deemed unsafe for that rider to participate in or continue on a given ride.

Wet Weather . .

- ✓ The ride will go ahead, rain, hail (maybe not) or shine.

**Thankyou Ride Leaders for your contributions.
Enjoy your Cycling !**