

23 January 2004



# Brisbane Bicycle Touring Association Inc.

## Calendar for February – March 2004

Riders must

- contact the ride leader beforehand (if the ride is marked "C");
- obey the road rules, and acknowledge that they ride at their own risk;
- bring ID, water, sunscreen, pump, puncture repair kit, tools, first aid kit;
- arrive early and be READY TO RIDE AT THE ADVERTISED STARTING TIME.

Rides are open to non-members for up to 3 rides

Membership enquiries – 0413 345 315

Website: <http://www.bbta-au.org>

Rides Coordinator – Tom Mynne

3856 4019 : [rides@bbta-au.org](mailto:rides@bbta-au.org)

### BBTA TOURS CALENDAR

#### Weekend 07-08 February

7.00am COASTING ALONG AT COOLUM C – 65+55km – Med

Belinda – 0422 226 577 – Coolum

Must book with Belinda by 02 February

On Saturday, we head out to Eumundi passing the Ginger Factory and Yandina in our journey to the Eumundi markets. Our return trip to Coolum is through some of the undeveloped (well it was 2 weeks ago) parts of Coolum in time for a swim before dinner. On Sunday, the plan is to travel to Noosa past Noosa Waters and Lake Weyba Environmental Park with brief stops at Noosa Sound and Hastings Street before we head back to Coolum. Accommodation is choice of camping at the Caravan Park or staying in very good Hostel style accommodation with cooking, refrigeration facilities and pool.

#### Weekend 21 – 22 February

8.00am NUTS ABOUT KINGAROY C – 80+50km

Torben – 3261 3501 or 0413 927 957 – Police Station, Yarraman

Must book with Torben by Monday 16 February.

Go nuts about Kingaroy as we travel along quieter roads past Tarong Power Station, with perhaps a stop at the local museum. A rest stop overlooking the Power Station and then onto Kumbia. There may even be the chance of having a little something at Kumbia before heading on to Kingaroy, where a handful of nuts may be in store. You might even get a glimpse of Sir Jo and Lady Flo's pumpkin scones. Sunday will find the more intrepid cyclists having a look at Mt Wooroolin before returning to Yarraman, with a lunch stop at Nanango. Accommodation will be at the Carrollee Hotel.

NB! C means you are expected to contact the ride leader beforehand.

#### Weekend 13 – 14 March

8.00am PLEASANT TIMES AROUND POMONA C – 60+60km

Terry – 0421 644 009 – Eumundi Butter Factory Med-Hard (M4)

Must book with Terry by Monday 08 March.

This tour takes in the best that the Sunshine Coast and hinterland has to offer. Cruise out of Eumundi towards Belli Park before looping round to Cooroy for lunch, arriving in Pomona in the early afternoon. A walk to the top of Mt Cooroora, famous for the Sunshine Coast's "King of the Mountain", is an option. Accommodation is a choice of camping at the Caravan Park or staying at the Pomona Hotel. Dinner at the hotel. On Sunday we head to Boreen Point for morning break before cruising into Tewantin for lunch. From Tewantin it's up Gyndier Drive, "The Hill" in the Noosa Triathlon, before eventually swooping down into Eumundi.

#### Weekend 27 – 28 March

8.30am CROWS NEST C – 57 + 48km – Medium

Stan – 3369 9661 – Highland St, Esk

Must book with Stan by Mon 22 March

Saturday is pleasant country riding to the top of the ridge on the Esk-Hampton Road. After morning tea we'll do a side trip to Cressbrook Dam before lunch at Perseverance Dam. Our overnight camp is at the Crows Nest Caravan Park where we can cool off in the swimming pool. We'll be dining in the on-site restaurant (approx \$12). The roads on Sunday are very quiet. We'll be riding through open grazing country including a gradual descent along 21km of dirt. I expect to be back in Esk for lunch. You will need to carry all water and food supplies for both days.

### MEETINGS AND SOCIAL EVENTS

#### Monday 09 February

7:30-9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Rides planning meetings are held on the second Monday in even numbered months. Come along and be part of what makes the BBTA tick. All members are welcome. Help put together the next rides calendar. Supper provided. The BBTA library is usually available for borrowing.

#### Monday 08 March

7:30-9.00pm ANNUAL GENERAL MEETING

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Social meetings are held on the second Monday in odd numbered months, except that the March meeting is the AGM. Come along and have a say in how the BBTA is run for the next 12 months. Then talk with fellow-members, as you enjoy a cup of coffee or tea and a biscuit. All members are encouraged to come. The BBTA library is also available for borrowing.

### REGULAR RIDES

#### Saturdays

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Leader varies; Starts Alderley Railway Station, Huddart St (north side of line)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us past Downey Park and Mercer Park, returning by 4.45pm at the latest. Join in for coffee afterwards at a nearby café. Every Saturday; check calendar for ride leader & contact information.

#### Sundays

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Leader varies; Starts Lincoln Street, Greenslopes (Stones Corner)

Another easy-paced ride suitable for both novices and experienced riders. There are three alternative routes: BULIMBA CIRCUIT (to Bulimba via Norman Creek, and back via Bennetts Rd), GRIFFITH UNI (to the Uni and back on the bikeway), or KANGAROO POINT (to Kangaroo Point via the freeway then back via East Brisbane). Return by 4.45pm and join in for coffee at a nearby café. Not every Sunday. Check calendar for details and route.

Please check the "pace" code of your selected ride. Some rides are too fast for some riders. If in doubt, contact the ride leader.

C means that riders are expected to phone/email the leader beforehand to register as a participant.	V means that there will be a meal or coffee stop during the ride. (Not used if the ride finishes with coffee/breakfast.)	% means that the ride will depart at the advertised time sharp.
RWS = Railway Station • = Main road (considerable traffic) , = Secondary road (noticeable traffic) Z = Bikeway or quiet road ~ = Unsealed (hard packed)		
RIDE GRADING: Terms such as Easy, Hard etc. take account of the distance, speed, and difficulty of the terrain. Codes such as S2, MF3 etc. give information about the pace and terrain (only).	L = leisurely pace, lively conversation S = social pace (speedo average up to 18kph) M = moderate pace (speedo average 19kph plus) MF = moderately fast (speedo av. 24kph plus) F = fast pace (speedo average 30kph plus)	1 = basically flat (uphill stretches are few and far between) 2 = some hills (more than 2/3 of the ride is on flat terrain; steep climbs are short, and few and far between) 3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long AND steep) 4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to – but not more difficult than – Mt Cool-tha) 5 = challenging (contact ride leader for details)
Note: "Trip average" speed will depend on the terrain, timing of stops, and other factors. Stops to regroup or rest will be more frequent and longer on L and S rides than on M, MF and F rides		

## DAY-by-DAY CALENDAR

### Saturday 24 January (Sunrise 5:14am)

7.30am 30/30 ( – 30km – Fast-Flat (F1)

**P** Kerry ) 3805 9483 or 0411 620 667 **Ö** Hendra Railway Station  
Here is a ride with a difference – we aim to do 30km with a ride average of 30 kph. While certainly not a race, this will be a ride for road bikes or those who can ride fairly fast. Since this is a VERY flat, short ride, this goal is easily achievable. Expect to average 30+. We stop for coffee at Nudgee beach.  
: [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

3.00pm *The New* SATURDAY ARVO RIDE – 18km – Easy (S2)

**P** David A ) 38708036 **Ö** See "Regular Rides"

### Sunday 25 January (Sunset 6:46pm)

8.00am HELENSVALE TO THE SPIT **V** – 55km – Medium (M2)

**P** Kerry ) 3805 9483 or 0411 620 667 **Ö** Helensvale Railway Station  
This is a magic ride for road bikes – very smooth and flat roads! Only a few rolling hills on the way back to relieve the flatness. Brilliant scenery on the way down through Surfers with coffee at Southport Spit. It will be a fairly casual pace, and we take the bike paths down the sea front to get the most of the scenery. Bring the camera! : [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

8.45am SOCIAL SUNDAY – 30-35km – Easy-Medium (S2)

**P** Tom ) 3856 4019 **Ö** Alderley Railway Station, Huddart St  
A fairly easy social ride along bikeways and back roads on a route yet to be determined. Only a few short sharp hills. Then early lunch at Coffee Matters, Alderley. : [mylne@ine.com.au](mailto:mylne@ine.com.au)

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

**P** Peter P ) 3207 5672 **Ö** See "Regular Rides"

### Monday 26 January

4.15pm AUSTRALIA DAY LATE RIDE – 60km – Medium Flat (M2)

**P** Torben ) 3261 3501 **Ö** Northgate Station (Gympie Street Car Park)  
Interested in a later ride on Australia day? Come along as we head for Sams on Suttons at Redcliffe for fish and chips, and maybe an ice cream. Then we head back along the Sandgate foreshore and through the Boondall Wetlands. Lights are essential for the ride back. Back at Northgate approx 9.00pm.

### Saturday 31 January (Sunrise 5:19am)

7.30am GATTON GALLOP (IMPERIAL CENTURY) – 160km – MF2

Kerry – 3805 9483 or 0411 620 667 – Dinmore RWS, Mason Street  
Here is a fast, flat Imperial Century out through scenic Fernvale and Lowood to Gatton. This is VERY flat – barely any hills at all, so it will be fairly fast. A good ride to achieve your best time yet (expect well under 7 hours with a speedo average of over 25kph). This is the start of our monthly mega-achievement rides.  
: [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

3.00pm SATURDAY ARVO RIDE – 18km – Easy (S2)

Peter P – 3207 5672 – See "Regular Rides" on Page 1

### Sunday 01 February (Sunset 6:42pm)

7.30am FERNSVALE TO GATTON – 106km – MF1

**P** Kerry ) 3805 9483 or 0411 620 667 **Ö** Fernvale Park, opposite bakery  
You would be hard pressed to find a flatter 100km anywhere in Brisbane. Only a few rolling hills the last few kilometers back past Wivenhoe Dam While a fairly fast ride, this is mainly a "base ride" just to get a few easy miles up – not a race.  
: [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

8.45am SOCIAL SUNDAY – 30-35km – Easy-Medium (S2)

Tom – 3856 4019 – Alderley Railway Station, Huddart St  
A fairly easy ride along bikeways and back roads on a route yet to be determined, followed by early lunch at Coffee Matters, Alderley. : [mylne@ine.com.au](mailto:mylne@ine.com.au)

3.00pm SUNDAY ARVO RIDE (Bulimba) – 20km – Easy (S2)

Jeffrey – 3262 4410 – See "Regular Rides" on Page 1

### Friday 06 February (Full Moon)

6.30pm MOONLIGHT MADNESS – 30km – Easy (S1)

Elizabeth – 0412 875 980 – Shorncliffe Railway Station, Railway Pde  
Come and enjoy the full moon on this classic ride through Sandgate & across the Hornibrook Highway. We can sample the tasty fish'n'chips on offer at Sam's on Sutton! Lights required. : [Elizabeth.Catchpole@corporatelink.qld.gov.au](mailto:Elizabeth.Catchpole@corporatelink.qld.gov.au)

### Weekend 07-08 February

TOUR – COASTING ALONG AT COOLUM (

Belinda – See Tours Calendar on Page 1

### Saturday 07 February (Sunrise 5:25am)

6.15am GLORY OVER GLORIOUS **V** – 90km – Hard & Hilly (M4)

Torben – 3261 3501 – Albert Park, Wickham Tce (UBD Ref 159 M9)  
Meet near the concrete bus shelter. For those that like a hard ride, come and get those upper quads working up the hills of Mt Glorious. After a couple of quick stops, coffee will be served after arriving at the summit before we head back down the hill. Not for the faint hearted or those that REALLY hate hills.

7.30am LOGAN DASH – 40km – F1

Kerry – 3805 9483 or 0411 620 667 – Loganlea RWS, Station Rd  
This is my normal ride out to scenic Logan Village, except this time we up the pace a bit. Expect to cruise on 30-35 kph. We will still regroup as needed, and stop for coffee at Logan Village, but this is a ride designed for road bikes.  
[kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

8.00am NUDGE BEACH via the WETLANDS **V** – 25km – Easy

Jeffrey – 3262 4410 – Toombul Shoppingtown, Sandgate Rd (S1 ~~z~~)  
Meet in the car park near Coles. We follow the new bikeway along Schultz Canal to Nudgee Beach Road. After a detour (a short stiff climb) to the Ann Beasley Lookout in the Boondall Wetlands we go on to Nudgee Beach for morning refreshments before returning to Toombul.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

David A – 3870 8036 – See "Regular Rides" on Page 1

**NB!** ( means you are expected to contact the ride leader beforehand.

### Sunday 08 February (Sunset 6:38pm)

7.00am \$6.00 BREKKIE DEAL ( – 48km – Easy-Medium (S2)

Greg – 3800 1095 – Greenbank RSL Club, 54 Anzac Ave, Hillcrest  
Ride through Greenbank, Springfield, Forest Lake in time to look over the Sunday Markets and then return to Greenbank RSL. Easy riding at a social pace with a few hills. : [gregory2000@yahoo.com.au](mailto:gregory2000@yahoo.com.au)

7.30am MAURICE'S MEANDERINGS **V** – 80km – Med (M2)

Maurice – 0407 116 145 – Lincoln Street, Greenslopes (Stones Corner)  
This social ride covers the City, River, Toohy Forest and the famous Bulimba Creek bike trail. Our favourite coffee stop at Fairfield bakery.

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Peter P – 3207 5672 – See "Regular Rides" on Page 1

### Monday 09 February

7:30-9.00pm RIDES PLANNING NIGHT

See "Meetings and Social Events" on front page.

**Friday 13 February**

6.00pm LUCKY FRIDAY NIGHT RIDE – 40km – Med-Flat (M1)  
 Torben – 3261 3501 or 0413 927 957 – Banyo shops, Cnr Tufnell Rd & St Vincent Rd (UBD 121 C9). Lights are a must, otherwise no ride.  
 Was the 13th an unlucky day for you? Then come and get lucky with an evening ride amongst the trees of the Boondall wetlands while the night air is still warm. Fish and chips at Sandgate and then back to Banyo by around 9.30pm or so.

**Saturday 14 February (Sunrise 5:30am)**

7.30am% PIMPAMA CENTURY V – 100km – Med-Hard (M3)  
 Bob S – 3806 5680 – Beenleigh RWS, Alamein Street  
 A moderate-paced ride. We'll follow a circuitous route to a short stop in Ormeau, then head south and loop around Upper Coomera before our first meal break. Quiet back roads will then take us through the cane fields around the Pimpama River.  
 : [iskra@bigpond.net.au](mailto:iskra@bigpond.net.au)

8.00am A PORT IN ANY STORM – 45km – Easy-Med (M2)  
 Belinda – 0422 226 577 – Cnr Oxford & Stuart Streets, Bulimba  
 A later morning ride out to Fishermans Island with the return trip featuring a detour along the Wynnum foreshore. Option of coffee/tea and a chat in Oxford Street.  
 : [bdeakin@qld.redcross.org.au](mailto:bdeakin@qld.redcross.org.au)

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)  
 Tony M – 3201 4728 – See "Regular Rides" on Page 1

**Sunday 15 February (Sunset 6:33pm)**

6:30am WATERWAYS V – 55km or 100km – Medium  
 Elizabeth – 0412 875 980 – Nudgee Beach Car Park, Fortitude Street  
 Enjoy water views? Well you are in for a treat today! Rather than counting bridges, we'll be spinning by 1 brook, 2 bays, 1 canal, 2 rivers and at least 4 creeks. As our route is a figure of 8 (albeit mangled and lopsided) there is a shorter option if you get seasick. Needless to say there will be a coffee break. Speedo average 18kph.  
 : [Elizabeth.Catchpole@corporatelink.qld.gov.au](mailto:Elizabeth.Catchpole@corporatelink.qld.gov.au)

7.00am WYNNUM TADPOLE – 45km – Easy-Med (S1)  
 Graham R. – 3822 1898 – Cleveland Railway Station, Harbourview Ct.  
 Ride through the Redlands and Wynnum, taking in the Wynnum and Manly foreshores. This is a social ride that usually averages 15-20kph, regrouping regularly, with a coffee shop stop to finish. : [gvroberts@primus.com.au](mailto:gvroberts@primus.com.au)

8:00am THREE RIVER WANDER ( V – 80km – Med-Hard (MF3)  
 Peter Watson – 3807 7816 – Beenleigh RWS, Alamein Street  
 We go through Waterford, Logan Village and Windaroo before a Bakery stop at Ormeau. Then continue to Canowindra, Norwell, Alberton and Stapylton.

3.00pm SUNDAY ARVO RIDE (Bulimba) – 20km – Easy (S2)  
 Jeffrey – 3262 4410 – See "Regular Rides" on Page 1

**Weekend 21 – 22 February**

TOUR – NUTS ABOUT KINGAROY (C  
 Torben – See Tours Calendar on Page 1

**Saturday 21 February (Sunrise 5:35am)**

5.45am DAWN BUSTERS V – 65km – Medium (MF2)  
 James – 3357 7569 (4pm - 7pm only) – Stafford City Shopping Centre  
 An early morning quickish ride to Redcliffe for a short break before heading back to Stafford, finishing at about 10.30am with a coffee and a chat.

7.30am 30/30 – 30km – Fast-Flat (F1 – "fast-movers" only!)  
 Kerry – 3805 9483 or 0411 620 667 – Hendra RWS, Chermiside Street  
 Here is a ride with a difference – we aim to do 30km with a trip average of 30kph. While certainly not a race, this will be a ride for road bikes or those who can ride fairly fast. Since this is a VERY flat, short ride, this goal is easily achievable. Coffee stop at Nudgee Beach. Expect a speedo average over 30kph.  
 : [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

8.00am COLMSLIE BEACH BREKKIE RIDE – 28km – Easy (S2)  
 Jeffrey – 3262 4410 – Lincoln Street, Greenslopes (Stones Corner)  
 Through Coorparoo, Norman Park, Hawthorne and Bulimba to Colmslie beach. Breakfast at Oxford St, then return along Riding & Bennetts Rds.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)  
 Peter P – 3207 5672 – See "Regular Rides" on Page 1

**Sunday 22 February (Sunset 6:28pm)**

7.00am BOONDALL AND THE BEACH – 45km – Medium (M1)  
 Deidre & Richard – 0419 766 680 – Sandgate Railway Station  
 Sandgate, Boondall Wetlands, Hornibrook Highway & more. Join us for a fabulous morning at a pleasant pace (19kph speedo average).  
 : [deidrewindham@optusnet.com.au](mailto:deidrewindham@optusnet.com.au)

7.30am COFFEE AT CARINDALE V – 50km – Easy-Med  
 Elizabeth – 0412 875 980 – Roma St Parklands Café  
 A pleasant ride around the city's bike paths stopping for great coffee at Carindale. A great way to get the legs spinning! Depending on numbers there could be a ferry crossing at Bulimba! : [Elizabeth.Catchpole@corporatelink.qld.gov.au](mailto:Elizabeth.Catchpole@corporatelink.qld.gov.au)

7.30am GATTON GALLOP (IMPERIAL CENTURY) – 160km – MF2  
 Kerry – 3805 9483 or 0411 620 667 – Dinmore RWS, Mason Street  
 A repeat of my January 31 ride. See details under that date.

8.00am REDLANDS INDIGISCAPES – 40km – Medium  
 Peter A – 3207 2630 – Cleveland Railway Station, Harbourview Court  
 A ride around the bayside suburbs on bike paths and back streets during which we will call in at the Redlands Indigiscapes Centre for a looksee. Bakery stop at about 20km. Possible early lunch at Cleveland afterwards.

3.00pm SUNDAY ARVO RIDE (Griffith Uni) – 20km – Easy (S2)  
 Peter M – 3372 2491 – See "Regular Rides" on Page 1

NB! % means that the ride will depart at the advertised time sharp.

**Saturday 28 February (Sunrise 5:40am)**

6.30am SOUTHERN LOOP – 45km – M2  
 Jacqui – 3899 5646 – Cannon RWS, Barrack Rd  
 We are leaving early to avoid to heat of the day and make the most of a mostly car free ride. Our trip will take us on a ride around the South side utilising two of Brisbane's longer bike tracks beside the South East Freeway and East West Arterial Rd. Coffee at the end of the ride. : [jacqui.moore@suncorp.com.au](mailto:jacqui.moore@suncorp.com.au)

7.30am% MAXIMUM POINTS V – 104 km – Med-Hard (M2)  
 Bob S – 3806 5680 – Elnora Park Bowls Club, Wynnum North Espl.  
 Visit every one of the twelve named coastal points between the Brisbane and Logan Rivers, with some bike paths and quieter roads along the way. In places we'll retrace our outward route, to minimise the hill climbing. Rail options after 82km. : [iskra@bigpond.net.au](mailto:iskra@bigpond.net.au)

4.15pm SATURDAY LATE ARVO RIDE – 60km – Med-Flat (M2)  
 Torben – 3261 3501 or 0413 927 957 – Northgate RWS, Ridge Street Car Park (UBD Ref 120 R17/18). Lights are a must, otherwise no ride.  
 Feel like a later ride? Then join us as we make our way to Sams on Suttons at Redcliffe for fish and chips – and maybe an ice cream – before we head back across the Sandgate Foreshore and through the Boondall Wetlands. Back at Northgate approx 9.30pm.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)  
 Sascha – 3201 5896 – See "Regular Rides" on Page 1

**Sunday 29 February (Sunset 6:20pm)**

7.00am FIVE BRIDGES V – 60km – Medium  
 Maurice – 3899 3190 & 0407 116 145 – Roma Street Parkland Café  
 Come for a leisurely crossing of the Best Bridges in Brisbane, following bike tracks, taking in views of the river, and finishing with a Tunnel. Our favourite Coffee stop at Fairfield bakery. : [MauriceQuirke@ourbrisbane.com](mailto:MauriceQuirke@ourbrisbane.com)

7.00am \$6.00 BREKKIE DEAL (C – 31km – Easy-Medium (S2)  
 Greg – 3800 1095 – Greenbank RSL Club, 54 Anzac Ave, Hillcrest  
 Ride through Browns Plains and Algester to Forest Lake in time to look over the Sunday Markets and then return to Greenbank RSL. Easy riding at a social pace with a few hills. : [gregoryj2000@yahoo.com.au](mailto:gregoryj2000@yahoo.com.au)

7.30 am SUNNYBANK HILLS TO VICTORIA PT V – 85 km – MF3  
 Kev – 3345 3827 – Shopping Centre Car Park, Cnr Hellawell & Jackson Rds, Sunnybank Hills  
 Goes via Wellington Point and Cleveland for a drink/snack break by the water at Victoria Point. Back via Sheldon, Rochdale where we find a few hills. A fair portion of the ride is on quiet roads and the busier roads have a wide shoulder. Reasonable speed but not too quick.

3.00pm SUNDAY ARVO RIDE (Bulimba) – 20km – Easy (S2)  
 Jeffrey – 3262 4410 – See "Regular Rides" on Page 1

**Saturday 06 March (Sunrise 5:44am)**

7.30am JACOBS WELL V – 55km – Medium (M2)

Kerry – 3805 9483 or 0411 620 667 – Beenleigh RWS

Here is a nice social ride in the country. Expect a casual 22kph speedo average, so this is not for the fast-movers. We pause for coffee at one of my favorite stops at Jacobs Well. There are a few rolling hills on the way back, but it is basically a flat ride. : [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

8.00am DOWNFALL CREEK DODDLE – 23 km – Easy (S2)

Jeffrey – 3262 4410 – Toombul Shoppingtown, Sandgate Road

An easy ride through Nundah, Northgate and Chermide to the Downfall Creek Bushland Centre. Morning tea/coffee at Chermide West before returning to Toombul via Wavell Heights.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Jay – 5464 5217 – See "Regular Rides" on Page 1

4.30pm MORETON BY MOONLIGHT V – 70km – Medium (M2)

James – 3357 7569 (4pm - 7pm only) – Windsor RWS (opp. Brown St)

Easy flat ride along the Bay to Redcliffe. Maybe pub supper. Lights essential.

**Sunday 07 March (Full Moon; Sunset 6:13pm)**

7.15am% NOT THE FULL MOUNTAIN – 40km – Medium (M3)

Tom – 3856 4019 – Alderley Railway Station, Huddart St (not carpark)

Tackle a few of the lesser slopes of the western suburbs, but not Mt Coot-tha itself, as we go over to Simpsons Rd via Settlement Rd and home again via Birdwood Tce. Moderate speed with few stops. Brunch afterwards. : [mylne@ine.com.au](mailto:mylne@ine.com.au)

7.30am CLEVELAND TO THE PORT - 75 km - (MF2)

Kerry – 3805 9483 or 0411 620 667 – Cleveland RWS

Another perfect ride for road bikes. Good scenery out past Wynnum, and a high speed burn out past the Port. This will be a faster ride, although still with plenty of regroupings. Expect a speedo average over 25kph.

: [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

10.00am NEW FARM LUNCH C – 45km – Easy-Medium (S2)

Greg – 3800 1095 – Griffith University, South Ring Road car park

Via South bank to New Farm for lunch then back via Stones Corner. Easy riding at a social pace with a few hills. : [gregoryj2000@yahoo.com.au](mailto:gregoryj2000@yahoo.com.au)

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Peter P – 3207 5672 – See "Regular Rides" on Page 1

**Monday 08 March**

7:30-9:00pm ANNUAL GENERAL MEETING – See Page 1

**Friday 12 March**

6.00pm ANYONE FOR A NIGHT RIDE? – 40km – Med-Flat (M1)

Torben – 3261 3501 or 0413 927 957 – Banyo shops, Cnr Tufnell Rd &amp; St Vincent Rd (UBD 121 C9). Lights are a must, otherwise no ride.

Feeling like getting rid of the week's work tension? Then come and unwind as we ride amongst the trees of the Boondall Wetlands. We will stop for fish and chips at Sandgate and then proceed back to Banyo by around 9.30pm or so.

**Weekend 13 – 14 March**

TOUR – PLEASANT TIMES AROUND POMONA

Terry – See Tours Calendar on Page 1

**Saturday 13 March (Sunrise 5:48am)**

7.15am% NORTHERN SUBURBS BIKEWAYS – 65km – Med (M2)

Tom – 3856 4019 – Alderley Railway Station, Huddart St (not carpark)

Ride along sections of Enoggera Creek, Ithaca Creek and Kedron Brook and then home via the Boondall wetlands and Downfall Creek. Mainly bikeways and back roads. Moderate speed with few stops. Brunch afterwards. : [mylne@ine.com.au](mailto:mylne@ine.com.au)

7.30am 30/30 – 30km – Fast-Flat (F1 – "fast-movers" only!)

Kerry – 3805 9483 or 0411 620 667 – Hendra RWS, Chermide Street

Here is a ride with a difference – we aim to do 30km with a trip average of 30 kph. While certainly not a race, this will be a ride for road bikes or those who can ride fairly fast. Since this is a VERY flat, short ride, this goal is easily achievable. Coffee stop at Nudgee Beach. Expect a speedo average over 30kph.

: [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

1.00pm SATURDAY ARVO TRAIL RIDE – 27km – Hard ~ (M5)

James – 3357 7569 (4 – 7pm) – Boombana N.P. Carpark, Mt Nebo Rd.

A circuit down to Lake Manchester along well formed fire trails. Returning via Boombana Knob. Permit essential. Ring Brisbane Forest Park 3300 4855. Allow 7 days plus.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Peter P – 3207 5672 – See "Regular Rides" on Page 1

**Sunday 14 March (Sunset 6:05pm)**

6.00am FERVALE TRACK ONE C V – 70km (F2) + 55km (M3)

Kerry – 3805 9483 or 0411 620 667 – Dinmore RWS, Mason Street

We take the highway at Dinmore and race out to Fernvale (35km) to join Maurice's ride, returning after the BBQ lunch. A few rolling hills, but in general, a fast, flat ride. Perfect for road bikes. Total ride distance will be 125km. Please ring to arrange food for BBQ. : [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

7.00am EARLY SUNDAY CRUISIN' V – 35km – Easy-Med (S3)

Robert – 3369 0707 – Roma St Parkland Café

A few short, sharp pinches add spice to this otherwise unchallenging ride over and around the river, taking in the CBD, the Gardens, Kangaroo Pt, New Farm, Milton, Auchenflower and West End. A break for coffee etc. after 30km or so. Riders should be free to take off for other pursuits by about 11.00am.

8.00am FERVALE TRACK TWO C V – 55km – Medium (M3)

Maurice – 3899 3190 or 0407 116 145 – Fernvale (C for details)

Come for a leisurely ride from Wivenhoe Dam along the Fernvale Bike Trail out to Lowood, then out to Coominya for coffee. We end up back at the Dam for a BBQ lunch. BYO lunch and drinks. Please ring to confirm your attendance. Note that we will be joined by Kerry's group from Dinmore. : [MauriceQuirke@ourbrisbane.com](mailto:MauriceQuirke@ourbrisbane.com)

3.00pm SUNDAY ARVO RIDE (Griffith Uni) – 20km – Easy (S2)

Jeffrey – 3262 4410 – See "Regular Rides" on Page 1

**Saturday 20 to Sunday 28 March**

TOUR – NSW RTA BIG RIDE – Gloucester to Berowra, NSW

Bicycle NSW – 02 9281 4099 – [www.bicyclensw.org.au/bigride/](http://www.bicyclensw.org.au/bigride/)

Not a BBTA tour. Make your own arrangements with BNSW.

**Saturday 20 March (Sunrise 5:52am)**

6.30am WINDSOR WHISTLE-STOP – 60km – Medium (M2)

Fran – 3851 2297 – Windsor RWS (opp. Brown St)

To Sandgate through Wavell Heights, return via Boondall Wetlands and the new extension of Kedron Brook bikeway. Brief stops only to regroup and comfort stops at Sandgate and Boondall. : [arcstudios@tpg.com.au](mailto:arcstudios@tpg.com.au)

7.30am WOODY POINT TO BURPENGARY – 65km – MF3

Kerry – 3805 9483 or 0411 620 667 – Woody Point jetty, Oxley Ave

A good ride for road bikes – mostly flat and all on good roads. A bit of scenery around Redcliffe, then a good run out to Burpengary for coffee. A few rolling hills, but mainly flat & fast. [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Tony M – 3201 4728 – See "Regular Rides" on Page 1

**Sunday 21 March (Sunset 5:57pm)**

7.00am FRANK'S GOLF CLUB V – 45km – Easy-Med (S1)

Graham R – 3822 1898 – Cleveland Railway Station, Harbourview Ct.

We go past Redland Bay and up Mt Cotton Rd. Then after a snack at the Valley Way Café we head back again. : [gvroberts@primus.com.au](mailto:gvroberts@primus.com.au)

7.30am GATTON GALLOP (IMPERIAL CENTURY) – 160km – MF2

Kerry – 3805 9483 or 0411 620 667 – Dinmore RWS, Mason Street

A repeat of my January 31 ride. See details under that date.

8.00am BORDER BOOMERANG C V – 65km – M3

Mark H – 3278 5536 – Coolangatta SLSC.

We head out to Murwillumbah via Bilambil and pass through a small rainforest before dropping down to the canefields for a dash to brunch. Brunch in Murwillumbah will fuel us for the ride up the Terranora ridge as we head back to Coolangatta for a well earned swim. : [mhallam@skm.com.au](mailto:mhallam@skm.com.au)

8.00am BIRTHDAY BRUNCH C – 25km – Med-Hard

James – 3357 7569 (4pm - 7pm only) – Windsor RWS (opp. Brown St)

Reservoirs, fruitbat colony, and views - that means hills. Just a few little trainers. Then brunch at my place, up another hill. Must ring.

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Peter M – 3372 2491 – See "Regular Rides" on Page 1

**Sunday 21 to Sunday 28 March**BQ BIKE WEEK – Bicycle Queensland – <http://www.bq.org.au/>**Wednesday 24 March**RIDE TO WORK DAY – Bicycle Queensland – <http://www.bq.org.au/>

**Weekend 27 – 28 March****TOUR – CROWS NEST (C)**

Stan – See Tours Calendar on Page 1

NB! % means that the ride will depart at the advertised time sharp.

**Saturday 27 March (Sunrise 5:14am)**

6.30am COOT-THA TWICE – 40km – Medium-Hard (M4)

James – 3357 7569 (4pm - 7pm only) – Windsor RWS (opp. Brown St)  
Just what it says. Then breakfast at Scoozies.

7.30am EXTENDED TRIP to LOGAN VILLAGE – 40km – Flat (M2)

Kerry – 3805 9483 or 0411 620 667 – Loganlea RWS, Station Rd  
My usual trip out to scenic Logan Village via Chambers Flat and roads west. Almost no hills at all (trust me) There are some great downhill 'runs' to get the blood flowing, but it is basically a medium paced ride. Many stops and regroupings. A beautiful, flat country ride – hills have been avoided to the point of paranoia! No need to phone. : [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com) & <http://rides.simcomcity.com>

7.30am% LOGANLEA-JIMBOOMBA PARIS OPTION – 85km – M3

Bob S – 3806 5680 – Beenleigh RWS, Alamein Street Medium-Hard  
A brisk ride via Park Ridge to Jimboomba for a coffee stop, then continue through Tamborine & Logan Villages. We follow the Left Bank (the Paris Option) of the Logan River through Chambers flat and home. : [iskra@bigpond.net.au](mailto:iskra@bigpond.net.au)

More Saturday rides on next page.

**Saturday 27 March (continued)**

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

John H – 0409 763 044 – See "Regular Rides" on Page 1

**Sunday 28 March (Sunset 5:55pm)**

6.45am GREAT BRISBANE BIKE RIDE – 10, 35 or 55km

Elizabeth – 0412 875 980 – SouthBank Easy-Medium-Fun!

Meet near Playhouse corner of OPAC building (C for more details)  
Must register with BQ (: [www.bq.org.au](http://www.bq.org.au)) or get a brochure from a bike shop)  
Come and be part of the BBTA Team on Bike Queensland's classic annual ride. For the last two years we've been the 2<sup>nd</sup> biggest team. This is our year. We want to win! Grab an entry form from BQ (: [www.bq.org.au](http://www.bq.org.au)) or a bike shop, fill it in, and either pass it to me or post direct to BQ. *Don't forget Your Team Name is BBTA.* BYO food & drinks for post ride team picnic. If you have a club jersey, wear it. If not anything blue, yellow or green will do! : [president@bbta-au.org/](mailto:president@bbta-au.org/)

3.00pm SUNDAY ARVO RIDE (Griffith Uni) – 20km – Easy (S2)

Jeffrey – 3262 4410 – See "Regular Rides" on Page 1

NB! The phone icon (C) means you are expected to contact the ride leader beforehand to register your intention to participate in the ride.

**ADVANCE PLANNING****Saturday 03 April (Sunrise 5:19am)**6.15am GLORY OVER GLORIOUS – 90km – Hard & Hilly (M4)  
Torben – 3261 3501 or 0413 927 957 – Albert Park; Wickham Tce  
Come and get those upper quads working up the hills of Mt Glorious.

7.30am FERNSVALE TO GATTON – 106km – MF1

Kerry – 3805 9483 or 0411 620 667 – Fernvale Park, opposite bakery  
You would be hard pressed to find a flatter 100km anywhere in Brisbane.

8.00am DOWNFALL CK &amp; KEDRON BROOK V 30 km -Easy (S2)

Jeffrey – 3262 4410 – Toombul Shoppingtown, Sandgate Road  
An easy ride to the Downfall Creek Bushland Centre and back by a different route.**Sunday 04 April (Sunset 6:42pm; Full Moon 06 April)**

7.30am MAURICE'S MEANDERINGS V – 75km – Med (M2)

Maurice – 0407 116 145 – Lincoln Street, Greenslopes (Stones Corner)  
A social ride which includes our favourite coffee stop at Fairfield bakery.**Weekend 09 to 12 April (Easter)****TOUR – GRAFTON WILDERNESS**

Gavin – 3366 4692 – Grafton

A repeat of the 2002 tour. More information in the newsletter.

**Saturday 10 April (Sunrise 6.02am; Moonrise 9.25pm)**

MIDNIGHT METRIC CENTURY (C) – 100km – M2

Tom – 3856 4019 – 80 Royal Parade, Alderley  
Starts near Tom's house and finishes with breakfast on his verandah.**Sunday 18 April**

7.00am SANDGATE CENTURY – 160km – Hard &amp; Hilly (M4)

Torben – 3261 3501 or 0413 927 957 – Sandgate RWS, Knox Street  
Albany Creek, Dayboro, Mt Mee, D'Aguilar, Caboolture, Deception Bay & Redcliffe.**Sunday 02 May (Monday is a holiday)**

Early LONG DAY INTO NIGHT (C V) – 300km – Hard (MF5)

James – 3357 7569 (4pm – 7pm only) – Allora (Darling Downs)  
Supported one-day ride (15+ hours) through Inglewood & Pittsworth and back to Allora. Support stops every 50km or so. Ring James to express interest.**Saturday 26 (or Sun 27) June – Saturday 03 July**

TOUR – BBTA WINTER TOUR: Atherton Tableland (C)

Peter B – 5476 6310 – [pd.brennan@bigpond.com](mailto:pd.brennan@bigpond.com) (preferred method)  
Book flights to Cairns early to save money. More information in the newsletter.**Weekend 24 – 25 July**

TOUR – BEAUDESERT – STINSON PARK (C) – 45+45km – L2

Stephen – 33765169 (h) or 0438 943 813 – Phone for details  
Fully supported camping tour. If you can do a 45km day ride, you can do this!**Saturday 04 – Sunday 12 September**

TOUR – CYCLE QUEENSLAND 2004 – Miriam Vale to Kilkivan

Bicycle Queensland – [www.cyclequeensland.com](http://www.cyclequeensland.com) (follow EVENTS link)  
Not a BBTA tour. Make your own arrangements with BQ but contact [to be advised] to form a BBTA team. Ring Tom 3856 4019 to offer to lead the BBTA team.