

# Brisbane Bicycle Touring Association Inc.

## Calendar for December - January

- Riders should:
- contact the ride leader beforehand (but this is only obligatory if the ride is marked "☎");
  - be aware of, and obey the road rules, and acknowledge that you ride at your own risk;
  - bring water, sunscreen, pump, puncture repair items, tools, ID and a basic First Aid kit;
  - arrive early and be READY TO RIDE AT THE ADVERTISED STARTING TIME.
- Rides are open to non-members for up to 3 rides

Membership enquiries – 0413 345 315  
 Website: <http://www.bbta.org>  
 Rides Coordinator – James Trimmer  
 ☎ 3357 7569 ✉ [rides@bbta.org](mailto:rides@bbta.org)

The next rides planning meeting will be held on Monday Dec 13<sup>th</sup> at Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington.

## BBTA TOURS CALENDAR

### 27<sup>th</sup> December – 2 January

#### SOUTH WEST ROCKS NEW YEARS TOUR

☎ Terry de Jonge ☎ 0421 644 009 or 3846 7758

Starting at Urunga (approx 5.5 hours drive from Brisbane) we will be heading west and up into the rainforest around Dorrigo, then heading south across the New England Tablelands passing multiple waterfalls including Australia's highest (Wollomombi Falls). Returning to the coast we will follow Macleay River down to Kempsey and on to the historical town of South West Rocks for New Year's eve. New Years Day will be a rest day. The final day's ride will return us to Urunga via Scotts Head for final night BBQ dinner at the caravan park.

**Monday** 27<sup>th</sup> Urunga to Dorrigo (45 km), **Tues** - Dorrigo via Ebor to Cathedral Rock National Park (69 km), **Wed** - Cathedral Rock N P to Comara (75 km), **Thur** - Comara to Kempsey (68 km), **Fri** - Kempsey to South West Rocks (38 km), **Sat** - Rest day, **Sunday** - South West Rocks - Urunga (78 km)

✉ [handysolutions@optusnet.com.au](mailto:handysolutions@optusnet.com.au)

## MEETINGS AND SOCIAL EVENTS

### Monday 13 December

#### 7:30-9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Rides planning meetings are held on the second Monday in even numbered months (unless it's a public holiday). Come along and be part of what makes the BBTA tick. All members are welcome. Help put together the next rides calendar. Supper provided. The BBTA library is usually available for borrowing.

### Monday 13 January

#### 7:30-9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Social meetings are held on the second Monday in odd numbered months (except that the March meeting is the AGM). Come along for an evening of cycling and/or touring talks, slide shows and/or displays (an agenda will be posted on the web closer to the date). Then talk with fellow-members, as you enjoy a cup of coffee or tea and a biscuit. The BBTA library is also available for borrowing.

## REGULAR RIDES

### Saturdays

#### 3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Leader varies; Starts Windsor Railway station car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join in for coffee afterwards at a nearby café. **Every Saturday; check calendar for ride leader & contact information.**

### Sundays

#### 3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Leader varies; Starts Lincoln Street, Greenslopes (Stones Corner)

Another easy-paced ride suitable for both novices and experienced riders. There are three alternative routes: **BULIMBA CIRCUIT** (to Bulimba via Norman Creek, and back via Bennetts Rd), **GRIFFITH UNI** (to the Uni and back on the bikeway), or **KANGAROO POINT** (to Kangaroo Point via the freeway then back via East Brisbane). Return by 4.45pm and join in for coffee at a nearby café. **Not every Sunday. Check calendar for details and route.**

## DAY-by-DAY CALENDAR

### Saturday 04 December

#### 6.30am MT COOTHA BREAKFAST RIDE ☎ – 35km – Hard (M4)

☎ Heather ☎ 3255 8392 ☒ please ring for starting place

Join me for a slower-paced ride from the inner-city through the scenic suburbs of Roaslie and Bardon to a circuit of Mt Coota. Breakfast is after the ride at Café Melange, Roma Street Parklands. Please note that this ride is pitched at slower riders who want to be challenged a bit then have a good feed at the end. Please ring for starting place.

#### 6.30am KOALA CAPERS - ☎ - 30km – Hard (M4)

☎ Mike ☎ 32900937 or 0418 744 973 ☒ Logan Hyperdome car park behind Big w loading dock, near library Mandew St Shailer Park

MTB ride starting at Logan Hyperdome climbing up to Daisy Hill State Forest, then into the real action on vehicle access tracks and purpose made MTB trails, so come on all you closet MTB riders test yourself out in the local forest.

#### 6.45am LIVE AT THE CANNERY - ☎ - 55km (S2)

Frances 3851 2297 ☒ Cnr Royal Pde & John's Ave, Ashgrove

Meandering social paced ride along leafy quiet suburban streets and bikepaths, over to the Golden Circle Cannery at Banyo for refuelling (& a bottomless glass of juice) at the Café Live. Some hills at start and finish otherwise mostly flat. Expect speedo average of around 19kph.

#### 3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☎ Elizabeth ☎ 0412 875 980; ☒ Windsor RWS car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

☎ means that riders are expected to phone/email the leader beforehand to register their interest in joining the ride.	☒ means that there will be a meal or coffee stop during the ride. (Not used if the ride finishes with coffee/breakfast.)	RWS means "Railway Station Car Park"
☉ = Main road (considerable traffic) ☺ = Secondary road (noticeable traffic) ☪ = Bikeway, back street or quiet rural road ● = Unsealed (hard packed)		
<b>RIDE GRADING</b> Rides are graded Easy, Medium, Hard etc. by the ride leader. This grading takes account of factors such as distance, pace and the difficulty of the terrain. Some leaders also provide a specific pace/terrain grading code (e.g. S2), as follows:	L = leisurely pace, lively conversation S = social pace (for "12-15k" riders*) M = moderate pace (for "20k" riders*) MF = moderately fast pace (for "25k" riders*) F = fast pace (for "30k" riders*) * intended for riders who can comfortably ride this distance in one hour – and again in the next hour – on more or less flat terrain.	1 = basically flat (uphill stretches are few and far between) 2 = some hills (more than 2/3 of the ride is on flat or gently sloping terrain; steep climbs are short, and few and far between) 3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long AND steep) 4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to – but not more difficult than – Mt Coot-tha) 5 = challenging (contact ride leader for details)

## Sunday 05 December

### 6.00am BEENLEIGH EARLY XMAS RIDE – 80km – Medium (M2)

☞ Peter ☎ 3807 7816 ☒ Beenleigh, Cnr Alamein & Bellow Sts

Join me for a ride to the club Xmas Party at Orleigh Park, West End. I will be following Logan Rd to Stones corner then going on the Freeway bikeway. If you would like to join me en-route give me a ring. I will be returning to Beenleigh via a different route to avoid traffic.

### 7.00am EARLY CHRISTMAS RIDE – 40km – (L1)

☞ Torben ☎ 32611 3501 or 0413 927 957 ☒ Sandgate RWS Knox st, Sandgate

I will be leaving for the Xmas day celebrations from Sandgate and you are more than welcome to join myself and other north side cyclists as we make our way through the wetlands and Shultz Channel, then along the floating walk way to join the BBTA xmas party at Orleigh park..

### 8.30am -ORLEIGH PARK fun fun fun

It's almost BBTA Christmas Party time again. As in previous years we will be meeting at Orleigh Park, West End. In addition to the two traditional rides, Torben will be leading a merry group from Sandgate and Peter is leading a group from Beenleigh. The rides will be followed by loads of great food, judging of the costume competition (decorate yourself/your bike or both), lucky door prizes, achievement awards and more.

## Wednesday 08 December

### 6.00pm COME FLY WITH ME (Restaurant Ride) – 20km – Easy

☞ Elizabeth ☎ 0412 875 980 ☒ South Brisbane Railway Station

Come fly with me! A very pleasant spin around the river – always good fun. Includes a ferry crossing before returning to South Bank for an enjoyable pasta and glass of vino.

✉ [E.Catchpole@corporatelink.qld.gov.au](mailto:E.Catchpole@corporatelink.qld.gov.au)

## Saturday 11 December

### 7.30am LOGANLEA VILLAGE WANDER ☉ – 42km – M1

☞ Kerry ☎ 3805 9483 or 0411 620 667 ☒ Loganlea RWS (southern side)

A fairly flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit newer rider. Not my usual gallop. We also take a few more detours out past Park Ridge way – it is always good to see a bit more countryside!

✉ [kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com)

### 3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ Maurice ☎ 3201 4728; ☒ Windsor RWS car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 12 December

### 6:30 am SANDGATE SWIFT- 60km MF1

☞ Torben ☎ 3261 3501 or 0413 927 957 ☒ Sandgate RWS, Knox Street

For those who like a quicker flattish ride (25kph+ av.). Join us for an earlier ride as we cycle in a clockwise direction through and around Bramble Bay, pausing only for traffic lights. Some sections are on arterial roads, but traffic will be light and a non-issue. Coffee awaits at Sandgate. Mud map provided.

### 7.00am RIVER THEN BREAKFAST – 30km - M2

☞ Iain ☎ 0402 110 645 or 3848 3617 ☒ Lincoln St, Stones Corner

South East Freeway bikeway to the City then follow the river to Indooroopilly and then to Tennyson, Yeerongapilly, Tarragindi and back to Stones Corner for some breakfast at a Café..

✉ [ikmoore@optusnet.com.au](mailto:ikmoore@optusnet.com.au)

### 8.00am SANDGATE ADVENTURE RIDE – 20km - L1

☞ Geoffrey ☎ 0409 017 319 ☒ Sandgate RWS Knox St car park

Explore the bush behind the beach. You will need MTB/Hybrid to traverse 4km of dirt and gravel. Mainly a flat ride around Sandgate's lagoons and through the Deagon wetlands. There will be one sharp hill on the waterfront before a coffee stop at the end.

## Monday 13 December

### 7:30-9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

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## Saturday 18 December

### 6.15am SWIFT SIXTY ☉ – 60km – Medium (M2)

☞ Frances ☎ 3851 2297 ☒ Windsor RWS car park (opp Brown St)

For those who enjoy a fairly lively pace this route includes my favourite roads to Sandgate (average around 23kph on good roads. Expect light traffic). Then returns mostly my preferred bikeways (Wetlands & Shultz Canal) ... at a less moderate pace, An occasional hill to vary the terrain. Brief regroupings. Café stop midway at The Lagoon Café in Sandgate for breakfast. On the return leg, we include a lap of the new Nundah circuit (as is available).

### 7.00am WATERWAYS ☉ – 55km – M1

☞ Elizabeth ☎ 041208750980 ☒ Nudgee Beach Car Park

Enjoy water views? Well you are in for a treat today! Rather than counting bridges we'll be spinning by brooks, bays, a canal, rivers and creeks. Needless to say, there will be a coffee break and the opportunity for a paddle at the end! Medium pace – average 18+

### 3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ Iain ☒ Windsor RWS car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 19 December

### 4.15am REDCLIFFE DAWN DOODLE – 45km – Easy-(S1)

☞ Robert ☎ 3369 0707 ☒ Shorncliffe RWS

It's a very early start but the dawn is cool and spectacular and the cycling is flat, easy and relaxed. Set the alarm and pack some breakfast and togs for a dip at Settlement Cove. BBQs are available and there are dressing sheds on site. This is one of the BBTA's classic rides, so come along and try it out.

### 7.00am RIVER THEN BREAKFAST – 30KM M2

☞ Iain ☎ 0402 110 645 or 3848 3617 ☒ Lincoln St, Stones Corner

South East Freeway bikeway to the City then follow the river to Indooroopilly and then to Tennyson, Yeerongapilly, Tarragindi and back to Stones Corner for some breakfast at a Café..

## Thursday 23 December

### 4.15pm TORBEN'S CHRISTMAS LIGHTS TOUR – ☉ - 65km – L2

☞ Torben ☎ 3261 3501 or 0413 927 957 ☒ Toombul Shopping Town Carpark (UBD Ref 140 M5)

Come celebrate the Spirit of Christmas with an evening ride. Join us as we make our way to Sams on Suttons at Redcliffe for fish and chips, and maybe an ice cream before we head through Bracken Ridge to look at the Christmas lights, followed by the Boondal wetlands and Shultz Canal bikeway. Lights are a must otherwise no ride. Back at Toombul approx 9.30pm.

## Saturday 25 December

### 10.00am ORPHANS AND STRAYS – S2

☞ Robert ☎ 3369 0707 ☒ Orleigh Park West End

The BBTA's compassionate safety net for those whom there's no room at the inn. Turn it into a lively after-ride party by bringing along an appropriate ration of food and drink – and perhaps a table and chair(s).

### 3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

No Saturday ride this week

## Monday 27 December – 2 January

### SOUTH ROCKS TOUR ☘

☞ Terry de Jonge 0421 644 009 or 3846 7758 see front page for more details.

✉ [handysolutions@optusnet.com.au](mailto:handysolutions@optusnet.com.au)

## Wednesday 29 December

### 6.45am DAISY HILL FOREST for MTB'S - 20km - (L3)

☞ Frances ☎ 3851 2297 ☒ Daisy Hill Rd, Daisy Hill - top car park at forest entry.  
Early morning, fairly easy dirt trail ride for mountain bikes...experienced and novice. Well graded and maintained circuit trails - VERY suitable for newly MTB riders to improve their SKILLS!.....in a (usually quiet) pleasant leafy bush setting. BYO picnic snacks for morning tea. Trail map provided. Come along, get dirty and have some fun.

## Friday 31 December

### 4.15pm RAZZLE DAZZLE - 15km - Easy (S2)

☞ Frances ☎ 3851 2297 ☒ Ferny Grove RWS, Conavalla St (car park opp. Bunowen St)  
Social paced glide on down from "The Hills" district via Kedron Brook bikeway to link up with Stephen's 6.00pm NYE ride. We will leave promptly at 4.15pm, so if you're gonna "SPARKLE UP YOUR SHINEY STEED" for the nite ride - you'll need to get it done real early! For riders who wish to join en-route, please contact me beforehand.

### 6.00pm NEW YEAR'S EVE RIDE TO SANDGATE - ☉ - 30km - S1

☞ Stephen Jackson ☎ 0438 943 813 ☒ Eagle Junction RWS car park  
Point to point average of 15 to 18 kph - no-one's in a rush, it's New Year's Eve after all. Ride from Eagle Junction RWS car park, along Kedron Brook Bikeway to Sandgate and north to say we've been to Redcliffe, and then dinner at Fish on Flinders. Celebrate New Year's Eve in the part opposite. The ride ends at Sandgate, and you can head home by your own choice of route for another celebration. Some will be riding back to Eagle J. some may care to rail escape at Sandgate. Your call. You will need lights, good ones, front and back, as parks are really dark.

## Saturday 01 January

### 3.00pm SATURDAY ARVO RIDE - 20km - Easy (S2)

There is no ride today

## Sunday 02 January

### 7.00am FIVE BRIDGES - 55km - ☉ - Medium (M2)

☞ Maurice ☎ 3899 3190 or 0407 116 145 ☒ Roma Street Parkland Café  
come for a leisurely crossing of the Best Bridges in Brisbane, following bike tracks, taking in views of the river, and finishing with a Tunnel. Our favourite coffee shop stop at Fairfield bakery.

### 7.30am NEW YEAR RECOVERY RIDE - ☉ - 35km - Easy/Medium S2

☞ Sheila ☎ 3800 8953 ☒ Roma Street Parklands (near restaurant)  
To help you recover from the New Year celebrations, come along on a gentle ride in and around the city, the river etc. Route yet to be decided but with me leading it will not be hard.

## Wednesday 05 January

### 6:00pm THAT'S AMORE! (Restaurant ride) - 20km - S1

☞ Elizabeth ☎ 041208750980 ☒ South Brisbane Railway Station  
Another pleasant spin around the river - always good fun. Includes a ferry crossing before returning to South Bank for an enjoyable pasta and a glass of vino.

☒ [E.Catchpole@corporatelink.qld.gov.au](mailto:E.Catchpole@corporatelink.qld.gov.au)

## Saturday 8 January

### 6.45pm SAMFORD SOJOURNE 4 MTB's & HYBRIDS - ☉ - 30km - S3

☞ Frances ☎ 3851 2297 ☒ Ferny Grove RWS (Cornavalla St).  
A refreshing morning out in the country air, meandering at a social pace along rolling sealed roads (requiring a degree of stamina) and easy local dirt trails, for MTBs and hybrids. We follow the Lanita Rd rail trail circuit, and have a homestyle morning tea at Sandy's Samford Deli. Return is shorter and easier, and includes traversing a cow paddock. Last 3km is a nice cruis'n finish to "my favourite ride".

### 3.00pm SATURDAY ARVO RIDE - 20km - Easy (S2)

☞ Elizabeth ☒ Windsor RWS car park (opp Brown St)  
Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 9 January

### 7.00am END TO END - ☉ - 16km - Easy (S1)

☞ Stephen Jackson ☎ 0438 943 813 or 3376 5169 ☒ Mitchelton RWS  
A social tour on bikeways and quiet streets, with us lunching at Sandgate after touching Redcliffe. Outbound, the length is self-selected - anything from 8km to 40km. To return, ride all the way, or take a rail option - the point to point average will be 15 kph, so it's no race. You can start at the western end, Mitchelton RWS, or you can choose one of the points listed. Lunch to Fish on Flinders. The return journey goes back through Sandgate, Boondall, Boondall Wetlands, Toombul/Kalinga to Mitchelton. Park/train and ride to suit your time available and your level of fitness. Email or phone me for set departure points and times. ☒ [Stephen.jackson@nrm.qld.gov.au](mailto:Stephen.jackson@nrm.qld.gov.au)

### 7.00am RIVER THEN BREAKFAST - 30km - M2

☞ Iain ☎ 0402 110 645 or 3848 3617 ☒ Lincoln St, Stones Corner  
South East Freeway bikeway to the City then follow the river to Indooroopilly and then to Tennyson, Yeerongapilly, Tarragindi and back to Stones Corner for some breakfast at a Café. ☒ [ikmoore@optusnet.com.au](mailto:ikmoore@optusnet.com.au)

## Monday 13 January

### 7:30-9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall. 132 Latrobe Tce, Paddington  
Social meetings are held on the second Monday in odd numbered months (except that the March meeting is the AGM). Come along for a fun evening with your fellow club mates! Tonight the return of the Crazy Whist night that was held last year. Wine and cheese supper will be provided and the BBTA library will be available for borrowing.

## Saturday 15 January

### 3.00pm HIGHLIGHTS OF BRISBANE CITY (Restaurant ride) ☎ 55km (M3)

☞ Gael ☎ 3846 7758 or 0427 171 981 ☒ Orleigh Park, West End (hilly end)  
Come for a spin around the river before cycling up Mt Cootha to enjoy coffee, city views and the refreshing breezes. Group recovered we'll take advantage of the downhill which begins our inner city meander back to West End for dinner. Lights essential. Must phone for catering purposes.

### 3.00pm SATURDAY ARVO RIDE - 20km - Easy (S2)

☞ Ian ☒ Windsor RWS car park (opp Brown St)  
Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 16 January

### 6.00am SNAIL'S PACE MOUNTAIN CLIMB - ☉ - 25km - (L5)

☞ Meryl ☎ 3369 0519 ☒ Suncorp Plaza (Castlemaine St - club side)  
for your first or second attempt. An early start to avoid the sun. join us for a very slow ride, anti-clockwise up Mt Cootha. Plenty of stops. Set your own pace. Coffee stop en-route.

### 6.45am LITTLE OASIS ☉ - 45km - Easy (S1)

☞ Frances ☎ 3851 2297 ☒ Alderley RWS (Huddart st)  
A pleasant social ride to Nudgee Beach, 95% by bikeways, spinning along Kedron Brook and Shulz Canal for breaky at Pam's Café Nudgee. Just one hill and few backstreets (where traffic is expected to be negligible) at start and finish, otherwise a very flat ride on the one continuous bikeway there and back. Ideal for newcomers who wish to extend their endurance at an easy pace.

☒ [arcastudios@tpg.com.au](mailto:arcastudios@tpg.com.au)

### 8.00am FERNVALE TRACK AND BBQ - ☎ - 65km Medium (M3)

☞ Maurice ☎ 3899 3190 or 0407 116 145 ☒ Must call to find out start place  
come along for a leisurely ride starting at Wivenhoe Dam, and going along the Fernvale rail trail. We end the ride with a BBQ lunch at the Dam. BYO your lunch/drinks. BBQ facilities available. Please confirm with me your attendance plus the actual start point at the dam.

## Friday 21 January

### 5.45pm BAYSIDE NIGHT HUMMERS - 50km - Medium (M2)

☞ Frances ☎ 3851 2297 ☒ Eagle Junction RWS  
A brisk paced (20kph speedo average) bayside early evening social ride, catching a sunset at Redcliffe bridge, dusky Sandgate waterfront, a FULL MOON through Boondall Wetlands. Dinner at Pam's Café at Nudgee Beach. Returning a short distance along Shultz Canal. Mostly bikeways, some hills, expect light traffic on the road sections. Lights a necessity. Must ring for catering purposes.

☒ [arcastudios@tpg.com.au](mailto:arcastudios@tpg.com.au)

## Saturday 22 January

### 7.30am LOGAN VILLAGE WANDER - 42km - M1

☞ Kerry ☎ 0411 620 667 ☞ Loganlea RWS (southern side)

A very flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit a newer rider. Not my usual gallop. We also take a few more detours out past Park Ridge way - it is always good to see a bit more countryside.

[kneighbour@simcomcity.com](mailto:kneighbour@simcomcity.com)

### 3.00pm SATURDAY ARVO RIDE - 20km - Easy (S2)

☞ Ian ☞ Windsor RWS car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 23 January

### 7:00 am RIVER THEN BREAKFAST - 30km - M2

☞ Iain ☎ 0402 110 645 or 3848 3617 ☞ Lincoln St Stones Corner

South East Freeway bikeway to the City then follow the River to Indooroopilly and then on to Tennyson, Yeerongapilly, Tarragindi and back to Stones Corner for some breakfast at a Café.

[ikmoore@optusnet.com.au](mailto:ikmoore@optusnet.com.au)

### 7.30am MAURICE'S MEANDERINGS - ☉ - 75km - Medium (M2)

☞ Maurice ☎ 0407 116 145 ☞ Lincoln Street Greenslopes (Stones Corner)

This social ride covers the City, river, Toohey Forest and the famous Bulimba Creek bike trail. Our favourite coffee stop at Fairfield bakery

### 8.00am A DAY AT STRADIE - ☉ - 50km - Medium (M2)

☞ Torben ☎ 3261 3501 or 0413 927 957 ☞ Cleveland Vehicular ferry. Emmett drive. Cleveland

Have a fun day at Stradie as we cycle to Amity Point for morning tea and ten on to Point Lookout for lunch. Bring your swimmers as it will no doubt be warm. Ferry leaves on time at 8.00am. Don't be late.

## Friday 28 January

### 6.00pm ANYONE FOR A NIGHT RIDE? - ☉ - 40km - Medium (M2)

☞ Torben ☎ 3261 3501 or 0413 927 957 ☞ Toombul Shopping Town Car park (UBD 140 M5) Park near Coles

Come and celebrate that we have made it through January with an evening ride out to Sandgate stopping for fish and chips and then proceeding back to Toombul through the wetlands and Shultz Canal bikeway. Lights are a must, otherwise no ride. Back at Toombul approx 9.30pm

## Saturday 29 January

No Morning Rides organised for Saturday

Ride leaders needed, If you have thought about leading a ride but not too sure what to do ask any of the committee members for a ride buddy. Your ride buddy will show you what to do and they will assist you on the day.

### 3.00pm SATURDAY ARVO RIDE - 20km - Easy (S2)

☞ Ian ☞ Windsor RWS car park (opp Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby café.

## Sunday 30 January

### 6.15am CEDAR CREEK & LANITA TRAIL - ☉ - 50km - (S2)

☞ Frances ☎ 3851 2297 ☞ Ferny Grove RWS (Conavalla Street)

Challenging social country ride. Flat warm up then steady climb over the hill to Samford. Experience enjoyable and invigorating rolling hills (with moderate traffic and adequate shoulder). Then we wind our way through peaceful picturesque valley for a break at the end of the road to dip your feet in the delightful Cedar Creek. On our return we have homestyle morning tea at Sandy's Deli in Samford, then return on quiet country roads and shortcut via Lanita Rail Trail (flat compacted dirt) back to Ferny Grove. Expect speedo average around 19kph.

### 6.30am 100KM THE EASY WAY - ☉ - 103km - Medium (M2)

☞ Elizabeth ☎ 0412 875 980 ☞ Maurice ☎ 0407 116 145 ☞ Roma Street Parklands  
It's back as a warm up to next month's Imperial 100! Medium pace - average 18kph. A city metric century. If you've always wanted to do 100km at an easy pace this is the ride for you! Take in the city sights with stops for morning coffee and lunch. A fun day for all.

## ADVANCE PLANNING

### 26 June - 12 July 2005

#### PEDAL ACROSS "THE BIG PADDOCK" NULLABOUR RIDE UPDATE

Here is the draft itinerary for the 15-day 1200km unsupported tour, starting June 26 at Norseman WA. & finishing July 12, 2005 Ceduna in SA.

This will be an unsupported tour giving the participating cyclists the satisfaction of being self sufficient on an outback ride. Accommodation will generally be camping with options of motels or budget units on selected nights.

26/06/05 Perth to Norseman - transport to be decided

27/06/05 Norseman to Fraser Range Station (first day ride) 110km (approx) camping ground, limited food available

28/06/05 Fraser Range to Balladonia, 87km campsite at motel, shop, restaurant etc.

29/06/05 Balladonia to Road side camp 85km camp at rest area.

30/06/05 Roadside camp to Caiguna, 71 km campsite at motel, roadhouse etc.

1/07/05 Caiguna to Cocklebidy, 64km campsite at motel, shop bar, restaurant etc.

2/07/05 Cocklebidy to Madura, 83km campsite at motel, shop, restaurant, pool

3/07/05 Madura to Mundrabilla, 115km campsite at roadhouse, lobster museum, beer garden.

4/07/05 Mundrabilla to Eucla, 62km campsite at motel, shop restaurant.

5/07/05 Rest day Eucla swimming pool, telegraph museum, beach access.

6/07/05 Eucla to rest area camp (scenic lookout) 100km camp in rest area at cliff edge

7/07/05 Rest are camp to Nullabor, 98km campsite at motel, shop, restaurant.

8/07/05 Nullabor to Yalata roadhouse, 108km campsite at roadhouse, café

9/07/05 Yalata roadhouse to Fowlers Bay, 81km camping at caravan park adjacent to beach.

10/07/05 Fowlers Bay to Penong 69km camping at caravan park

11/07/05 Penong to Ceduna (last day's ride) 75km camping at caravan park

12/07/05 Ceduna to Adelaide, transport yet to be decided.

For more information contact Terry de Jonge Ph 0421 644 009 or 3846 7758

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