



the **Brisbane Bicycle Touring Association**

Rides Calendar

Cycle for fun, fitness and friendship!

August to September 2006

Please note . .

- **Contact** the ride leader beforehand (if ride is marked "☎");
- **Obey** the road rules, and acknowledge that you ride at your own risk;
- **Bring** ID, water, sunscreen, pump, puncture repair kit, tools, first aid kit;
- **Arrive early** and be **READY TO RIDE AT THE ADVERTISED TIME.**
- **Rides are open to non-members & guests for up to 3 rides, or for one weekend tour. Multi-day tours for BBTA (& affiliated) club members only.**

Contact BBTA . .

- **For Membership and all General enquiries** - 0413 345 315
- **BBTA website:** <http://www.bbta.org>
- **For Rides Enquiries** - Rides Coordinator / Frances Wellington
Ph: 3851 2297(A/H) Mob: 0414 705 289 (A/H) Email: rides@bbta.org

Our Tours

Saturday 26 August

8:00am **Brisbane Valley Weekend Ride /Weekend Tour** ☎ Med/Hard
Start: Caboolture RWS

Saturday. Following the D'aguilar Highway to Woodford we then use a side road to cycle to Kilcoy for lunch. From Kilcoy we ride south to Somerset Dam where we will camp for the night. There is a shop to buy basic meals & drinks etc or cook your own dinner. Sunday ride has a few good climbs including Splyard Creek & Tallegalla. Lunch will be at Fernvale and our ride finishes at Rosewood where we will catch a train back to Brisbane. **Please book with Terry by Monday 21st. Leader: Terry Phone: 0421-644-009 or 3846-7758** ⓘ

Saturday 09 September

8:00am **Amamoor Forest Camp /Weekend Tour** ☎ Med/Hard
Start: Kauri Street Cooroy

Heading west from Cooroy we will use back roads riding via Black Mountain to Kandanga, then north to Amamoor State Forest. This is a self catering weekend so BYO food & drinks! Sunday ride takes us back to the township of Amamoor. Continuing east we will cross the Bruce Highway & head though Cooran and Pomona back to Cooroy. **Book with Terry by Monday 4th. Leader: Terry Phone: 0421-644-009 or 3846-7758** ⓘ

Saturday 23 September to 1st October

7:00am **BBTA Waterfalls & Waves Tour** ☎ 520 km L3 Med-hard
Start: Armidale

This tour begins at Armidale in the highlands of NSW. Our first night's camp will be at Oxley Wild Rivers National Park, basic camping — toilets but no showers. The following day we will drop into the spectacular Macleay Valley where we will bush camp at Blackbird Flat Reserve — toilets, no showers but fresh water swimming. On Monday we follow the Macleay River through to Kempsey & onto Crescent Head, for our night's camp, (our first beach camp) then north to South West Rocks for our rest day. After enjoying the aqua waters of South West Rocks we head up the coast, staying at Urunga. Friday's ride is a shorter day but finishing the day with a climb back up the Great Dividing Range to Dorrigo. From Dorrigo we will meander back towards Armidale, camping our final night behind the Ebor Hotel. ⓘ

Post Tour: Armidale to Brisbane 544km via The Summerland Way

Monday 2th Armidale to Glen Innes 102km

Tuesday 3th Glen Innes to Jackadgery 121km

Wednesday 4th Jackadgery to Whiporie 91km

Thursday 5th Whiporie to Kyogle 78km

Friday 6th Kyogle to Rathdowney 72km

Saturday 7th Rathdowney to Beenleigh or Brisbane 80 or 104km

Sunday 8th Rest Day **Leader: Terry Phone: Terry:0421-644-009** ⓘ

For Costings & more info for both of these tours refer website listing & contact Gael ph: 3846-7758 or 0427-171-981 **Email:** gaeln@optusnet.com.au

Our Meetings

Monday 14 August

7.30 - 9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington. Rides planning meetings are held on the second Monday in even numbered months (unless it's a public holiday). Come along and be part of what makes BBTA tick. All members are welcome. Help put together the next rides calendar. Supper provided. The BBTA library is also available for borrowing.

Contact: Frances **Phone:** 3851-2297 (A/Hrs) or **Email:** rides@bbta.org
Online: <http://www.bbta.org/sitemap.php> for more info.

Monday 11 September

7.30 - 9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington. Social meetings are held on the second Monday in odd numbered months (except the March meeting is the AGM). Come along for an evening of cycling and/or touring talks, slide shows and/or displays (an agenda will be posted on the website closer to the date). Then talk with fellow members, as you enjoy a cup of coffee or tea and a biscuit. The BBTA library is also available for borrowing.

Contact: Paul & Kate **Phone:** (07) 5498 3134 (A/Hrs).
Online: <http://www.bbta.org/sitemap.php> for more info.

Our Regular Rides

Saturday's

6:30am Wynnum Dash

61 km **F2** 28-30 kph

Start: Car park, Lincoln St, Stones Corner

A ride with only one stop at the 38km mark (Pandanus Beach, Wynnum) with coffee or breakfast at the end. We head out from Stones Corner, along Old Cleveland, Bennetts and Lytton Roads out to Fisherman's Island, then to Wynnum where there is a 10 minute break. Head through Lota, Wynnum Rd back to the start. **Contact Peter :** 3324-0982 **Email:** pd.brennan@bigpond.com

Every Saturday for this calendar

6:30am Wynnum Cruise

46 km **MF2** Av. 26 kph

Start: Car park, Lincoln St, Stones Corner

All I wanna do . . is have some fun.
I wanna tell ya . . I'm not the only one.
All I wanna do . . is have some fun.
Until the sun comes up on Santa Wonica Esplanade!

Ride Leaders needed to volunteer to fill-in here:

August 5th and 12th September 2nd, 9th, 16th, 23rd, 30th Ph: Gerard : 3323-3506.

3:00pm Saturday Arvo Ride

18 km **S2** Easy

Start: Windsor RWS carpark (opp. Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join us for coffee afterwards at a nearby cafe.

Ride Leader needed to volunteer to fill-in on 23rd September >>contact Rides Coordinator on 3851-2297 (A/Hrs) or Email: rides@bbta.org

RIDE CLASSIFICATIONS Rides are described according to the guidelines below. If you are unsure of your suitability for a particular ride, or if you feel it may be too long or strenuous for you, don't be put off. Please **contact the ride leader before the day**, to discuss your suitability, or see if you can do part of the route.

RIDE GRADING terms such as Easy, Hard etc. are a generalized account of all relative factors pertaining to a ride: taking into account the distance, speed, and difficulty of the terrain. Codes such as S2, MF3 etc. take into account the pace and terrain only. **Stops to regroup** or rest will be more frequent and longer on L and S rides than on B, M, MF and F rides. **'Speedo Average' is the kph reading on the bicycle computer**, as measured whilst the sensor is taking readings (ie: the wheels are turning) which is averaged over a period of time. For our ride classification purposes 'speedo average' is an 'intended' indication of expected pace in kph. for a particular ride over the flatter sections of the course of the terrain category described for that ride. **The 'Duration' of a ride is the entire time taken to travel from start to finish**, which will therefore depend on the terrain, timing of all stops and other factors added in.

LIABILITY DISCLAIMER While every effort is made by BBTA ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are not covered by the club for injuries if an accident occurs . We recommend that you obtain personal accident insurance before taking part.

☎ means that it is necessary for every rider to contact the leader by phone or email to register as a participant.	L = leisurely pace, lively conversation	1 = basically flat (uphill stretches are few and far between).
⚡ means the ride will depart at the advertised time sharp!	S = social pace (speedo average up to 18kph)	2 = some hills (more than 2/3 of the ride is on flat terrain; steep climbs are short, and few and far between).
☕ means that there will be a meal or coffee stop during the ride (Not used if the ride finishes with coffee/breakfast).	M = moderate pace (speedo av. 19kph plus)	3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long and steep).
🌃 means ride is a night ride OR could extend to after dark.	B = brisk pace (speedo average 22kph plus)	4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to, but not more difficult than, Mt Cootha).
ⓘ means further information is available on the website and/or contact the ride leader. RWS = Railway station	MF=moderately fast (speedo av. 24kph plus)	5 = challenging (contact ride leader for details).
	F = fast pace (speedo average 30kph plus).	

Aug 5th - J. J. 0414-705-289 > **Extended "Oasis"**

Aug 12th - Peter P. 3207-5672

Aug 19th - Stephen J. 0438-943-813

Aug 26th - Stephen J. 0438-943-813

Sept 2nd - Peter P. 3207-5672

Sept 9th - Stephen J. 0438-943-813

Sept 16th - J. J. 0414-705-289 > **Extended "Silvery Moon"**

Sept 23rd - **Leader needed to volunteer**

Sept 30th - Stephen J. 0438-943-813

Sunday's

The Sunday Arvo ride routes vary from week to week >>refer day by day listing for route & leader contact details. **To be held every Sunday for this calendar.**

🚴 **3:00pm Sunday Arvo Ride - New Farm Park** 20 km **S2** Easy

Start: Lincoln Street, Greenslopes (Stones Corner)

Via South east freeway bike path and Storey bridge. return via East Brisbane.

🚴 **3:00pm Sunday Arvo Ride - Bulimba** 20 km **S2** Easy

Start: Lincoln St, Greenslopes (Stones Corner)

To Bulimba via Norman Creek, and back via Bennets Rd.

🚴 **3:00pm Sunday Arvo Ride - Griffith University** 20 km **S2** Easy

Start: Lincoln Street, Stones Corner

Griffith Uni and back on the bikeway

Monday's

🚴 **6:15pm The Palace night ride** ☀️ 25 km **M1** Medium

Start: Hoffs Cycles carpark, Bowser Pde Sandgate

Pleasant bayside night ride from Sandgate to the Palace Hotel at Woody Point for dinner (special \$7.45 fish'n chip 'n salad). Secure bike parking. **Lights essential, suitable safety apparel is recommended. Leaves sharp on time.**

Contact: Jim 0407-175-488

Day-by-Day Rides

Saturday 05 August 2006 Sunrise/set: 6:24am-5:15pm

🚴 **6:30am Wynnum Dash** 61 km **F2** 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚴 **6:30am Wynnum Cruise** 46 km **MF2** Av. 26 kph

Leader: Ride Leader needed to volunteer. **E-Mail:** rides@bbta.org or contact Gerard on 3323-3506

8:00am Logan Village Wander 🚴 42 km **M2** Easy

Start: Loganlea RWS (southern side)

A fairly flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit a newer rider. Not my usual gallop! We also take a few more detours out past Park Ridge way - it is always good to see a bit more countryside! **Leader:** Kerry

Phone: 0411 620 667 **E-Mail:** kerry@dojitraders.com

8:00am Kingston/ Parkridge/ Logan Village 🚴 60 km **B2**

Start: Loganlea RWS

Leaving Loganlea & riding via Kingston/ Browns Plains/ Parkridge on to Logan Village for the all important coffee stop. Returning through Buccan & Waterford.

Phone: Ian&Samantha:3200-4935

10:00am In-Cog-Knee-Toe Fancy Dress Bike Ride 25 km **L1** Mainly flat.

Start: Under the tall flags, Cultural Center Forecourt, Southbank
Why wait for Halloween or the Mardi Gras? Don your favourite costume and join the raunchy, the risqué; and the ridiculous on a fancy dress ride along Brisbane's riverside bikeways! Dame Edna, eat your heart out! Route: Cultural Center Forecourt ->Victoria Bridge, bikeways->Goodwill Bridge->Kangaroo Pt->Story Bridge->Merthyr Rd->New Farm Park. Floating bikeway->Botanical Gardens->Goodwill Bridge->Southbank cafes for celebration. BYO bike, costume, helmet, café; money & sense of humour. **Leader:** Ilan **Phone:** 0413-343-345

E-Mail: publicity@bbta.org

🚴 **3:00pm Saturday Arvo Ride "Oasis"** ☀️ 40'ish km **L1** ... as a tack!

Come along and try a really really flat I-o-n-g-e-r version of our easy-paced ride at a more l-e-i-s-u-r-e-l-y p-a-c-e through the wilds of Shultz Canal bikeway and quieter backstreets to 'guess where?'. Noooo prizes for anyone who whines of 'le inclines' to conquer! *What more can moi sae, et ain't no thighburner!*

Leader: J.J. **Phone:** 0414-705-289

Sunday 06 August 2006 Sunrise/set: 6:24am-5:16pm

7:00am Sandgate Swift 65 km **MF1**

Start: Sandgate Railway Station. UBD 110 Q6

This ride follows a clockwise direction leaving Sandgate along Gympie Rd through Strathpine, Petrie, Mango Hill, Deception Bay, Newport Waters, back along the Hornbrook bridge, across the foreshore of Sandgate where coffee awaits after. This ride will try to average 25+ and keep together as a group riding at a fairly consistent pace. **Departs sharp on time.**

Leader: Torben A **Phone:** 0413-927-957

7:30am Five Bridges 55 km **M2**

Start: Roma Street Parkland Café

Come for a leisurely crossing of the Best Bridges in Brisbane, following bike tracks, taking in views of the river, and finishing with a Tunnel. Our favourite Coffee stop at Fairfield bakery. **Leader:** Maurice **Phone:** 3899-3190 or 0407-116-145 **E-Mail:** MauriceQuirke@ourbrisbane.com

8:30am Kedron Brook & Mitchelton 27 km **S2** Easy

Start: Toombul Shoppingtown, Sandgate Rd, near Coles.

A ride along the Kedron Brook Bikeway to Mitchelton & return. It is a generally flat ride. Coffee etc. at Toombul after the ride. **Leader:** Jeffrey F **Ph:** 3262-4410

🚴 **3:00pm Sunday Arvo Ride - New Farm Park** 20 km **S2** Easy

Leader: Peter P **Phone:** 3207-5672

Monday 07 August 2006 Sunrise/set: 6:23am-5:16pm

🚴 **6:15pm The Palace night ride** ☀️ 25 km **M1** Medium

Leader: Jim F **Phone:** 0407-175-488

Thursday 10 August 2006 Sunrise/set: 6:21am-5:18pm

9:00am Logan BUG Community Ride 25 km **L1** Easy/socia

Start: Loganlea Railway Station (southside, on Carnival Street)

All rides will be social and leisurely, with easy pace and plenty of regroupings. So come along for good company and enjoyable cycling over approx. 20/25 kilometre routes on local bike paths and cycle-friendly quiet streets. Routes vary according to group and leaders. NO NEED TO BOOK, JUST TURN UP AT THE START AROUND 8.50AM. **Leader:** Bob **Phone:** 0412-713-487 **Web Page:** www.loganbug.org

Friday 11 August 2006 Sunrise/set: 6:20am-5:18pm

6:30pm Moonlight Madness ☀️ 🚴 30 km **S1**

Start: Shorncliffe Railway Station, Railway Pde

Come and enjoy the full moon on this classic night ride through Sandgate & across the Hornibrook Highway. We can sample the tasty fish'n'chips at Redcliffe! **Lights required.** **Leader:** Elizabeth C **Phone:** 0412-875-980

E-Mail: e.catchpole@mainroads.qld.gov.au

Saturday 12 August 2006 Sunrise/set: 6:19am-5:19pm

🚴 **6:30am Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚴 **6:30am Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to- volunteer

E-Mail: rides@bbta.org or contact Gerard 3323-3506

7:30am Binna Burra 100 📞 🚴 100 km **B5** Hard

Start: Beenleigh, Cnr. Alamen St & Bellew St.

We ride from Beenleigh through Tamborine Village and Canungra before climbing to the Beechmont Plateau and on to Binna Burra. We continue on to Nerang to get the Train home. **Leader:** Peter W **Phone:** Mob 0423-109-652 or Home 3807-7816

7:30am Maximum Points 🚴 102 km **M3**

Start: Wynnum North Esplanade, adjacent Elanora Park Bowls Club.

UBD P. 143, Ref. H14.

Visit every one of the twelve named coastal points between the Brisbane and Logan Rivers, with some bike paths and quieter roads along the way. We'll keep together at a moderate pace and re-group often, taking one rest stop halfway out. Stop for coffee/breakfast in Redland Bay village after 65KMS., on the return journey. A shortcut to breakfast will cut out some hills and save 10kms. but you'll miss the world-famous Point Talburpin. On the way back we'll minimise the hill-climbing. Rail options after 82kms. **Leader:** Bob **Phone:** 0412-713-487

E-Mail: iskra@bigpond.net.au (Cue sheet in PDF or Excel format available on request)

🚴 **3:00pm Saturday Arvo Ride** 18 km **S2** Easy

Leader: Peter P **Phone:** 3207-5672

Sunday 13 August 2006 Sunrise/set: 6:18am-5:19pm

7:30am Beenleigh Coomera cruise 🚴 50 km

Start: Beenleigh RWS (carpark opposite)

Ride to Coomera via the V1 for brekky or just coffee & a chat. A couple of route options (distances around the 50km mark), depending on the day.

Phone: Ian & Samantha:3200-4935

8:00am Glass House to Landsborough 📞 🚴 75 km **M3**

Start: Glass House Mountains Train Station

Glass House Mountains to Landsborough via Peachester and Bald Knob. Come on this scenic ride through the Glass House mountains, picturesque views from the top of Bald Knob makes the ride up the hill worth it. The ride down to Landsborough is the icing on the cake. Food break at Landsborough. **Leader:** Kate **Phone:** Kate & Paul: 07-5498-3134

8.30am Linville-Benarkin-Blackbutt Rail Trail 4 MTB's & Hybrids 46 km **L1**

Start: Linville RWS carpark (2hr drive NW of Brisbane)

Come for a leisurely day out riding through the bush of the Brisbane Valley region on the recently re-opened rail trail. Very pleasant gentle climb of 300m (that's 1m in 75m in relative terms) on our 3 hour ride to Blackbutt for BYO or cafe lunch. Quicker cruises` return (the fun part!) back to Linville.

Leader: Iain M **Contact:** 0402-110-645 or 3848-3617

Email: ikmoore@optusnet.com.au

10:00am-2:00pm Flatlands 🚴 51 km **S1**

Start: Virginia RWS, UBD 120, N13

Meet on the north side of the Virginia RWS for a sedate ride, almost totally flat. Coffee break during the ride, probably lagoons. Bikeways and quiet roads. A riding average of around 16kph, including regroupings. **Leader:** Stephen Jackson **Phone:** 0438-943-813 **E-Mail:** smasj@bigpond.net.au

🚴 **3:00pm Sunday Arvo Ride - Bulimba** 20 km **S2** Easy

Phone: Brian L: 0417-202-881

Monday 14 August 2006 Sunrise/set: 6:17am-5:20pm

🚴 **6:15pm The Palace night ride** ☀️ 25 km Medium

Leader: Jim F **Phone:** 0407-175-488

Wednesday 16 August 2006 Sunrise/set: 6:15am-5:21pm

8:00am Brissy to Beach and Back 📞📞📞 50 km **M2**

Start: Roma Street Parklands @ cafe

Come on a different ride to Nudgee Beach and return. This ride is about 90% by road, we will be not travelling along Shultz Canal or floating bike way today. Breakfast/morning tea @ Pam's. Come & work off all of those easter eggs!!!!

Leader: Chris B **Phone:** 0418-794-680

8:00am **Barney Bypass** 🚲 120 km B3 hard

Start: Jubilee Park, Albert and Brisbane sts, Beaudesert
Beaudesert, Bromelton. Boonah. Barney, 'Bathdowney'. Coupla k's of dirt. TWO coffee stops. **Leader:** James T **Phone:** 3357-7569

10:00am **'Live' at the Cannery** 📞 🚲 55 km S2

Start: Cnr Royal Pde & St John
Meandering ride along leafy quiet suburban streets and bikepaths, over to the Golden Circle Cannery at Banyo for refuelling at the Cafe 'Live'. Some hills at start and finish. **Must ring for catering purposes by Tuesday 15th.** **Leader:** Frances **Phone:** 3851-2297(AH)

Thursday 17 August 2006 Sunrise/set: 6:15am-5:21pm

9:00am **Logan BUG Community Ride** 25 km L1 Easy/social

Start: Loganlea Railway Station (southside, on Carnival Street)
All rides will be social and leisurely, with easy pace and plenty of regroupings. So come along for good company and enjoyable cycling over approx. 20/25 kilometre routes on local bike paths and cycle-friendly quiet streets. Routes vary according to group and leaders. NO NEED TO BOOK, JUST TURN UP AT THE START AROUND 8.50AM **Leader:** Bob **Phone:** 0412-713-487

Web Page: www.loganbug.org

Saturday 19 August 2006 Sunrise/set: 6:13am-5:22pm

🚲 6:30am **Wynnum Cruise** 46 km MF2 Av. 26 kph

Leader: Gerard **Phone:** 3323-3506

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

9:00am **Kings in Grass Castles** 📞 80 km MF3 Av. 24kph+

Start: Woolworths Carpark on Ipswich Boonah Rd, Yamanto
Moderate to fast paced road ride in beautiful flattish open country. Lunch at country rest. bring \$15. Lots to see also bakery stop in Rosewood for morning tea passing through 2 smaller country towns, historical interests and lookout point. Return about 2pm. **Leader:** Andy **Phone:** 0409-203-405

E-Mail: Oh.Macca@bigpond.net.au

🚲 3:00pm **Saturday Arvo Ride** 18 km Easy

Leader: Stephen Jackson **Phone:** 0438-943-813

Sunday 20 August 2006 Sunrise/set: 6:12am-5:23pm

8:30am **Albany Creek->BBTA Birthday Party** 20 km S2

Start: Wruck St Albany Creek
Pick ups at Everton Park (Anaconda->-> formerly Bunnings), Stafford City and Windsor at Downie Park. Contact me for pickup times. **Leader:** Elizabeth C **Phone:** 0412-875-980 **E-Mail:** e.catchpole@mainroads.qld.gov.au

9:00am-3:30pm **Darra->BBTA Birthday Party** 20 km S2

Start: Darra Cementco Bowls Club, near Darra RWS, UBD 198, A14.
Meet near the Field Gun, for a ride to the Botanic Gardens Cafe, and the rest. Can pick up at Mt Ommaney Library and Regatta Ferry Terminal. Call me for pickup times. **Leader:** Stephen J **Phone:** 0438-943-813

E-Mail: smasj@bigpond.com.au

9:00am **Loganlea -> BBTA Birthday Party** 60 km M2

Start: Loganlea RWS (southern side)
We ride in to the BBTA Birthday party via Kingston and Mt Gravatt then to Stones Corner where we take the usual bike paths to the city.

Leader: Kerry **Phone:** 0411-620-667 **E-Mail:** kerry@dojitrad.com

11:00am-1:00pm **BBTA Birthday Party 2006** 📞 🚲 📞 📞 📞 📞 📞 📞

Start: City Botanic Gardens. Southern (QUT) end. Lawn area adjacent to cafe.
Ride in from outlying suburbs to meet & celebrate at City Botanic Gardens. BYO our cafe. **Phone:** Chris B 0418-794-680 **E-Mail:** social@bbta.org

Ride in from ...

Albany Creek->Everton Park->Stafford City->Windsor: Refer above for details.

Ferny Grove->Everton Park (hook up with Elizabeth): Frances 3851-2297(A/Hrs)

Sandgate->Toombul: Torben 0413-927-957

Toombul Shoppingtown (@ S2 pace): Jeffrey F. 3262-4410

Wellington Point: Peter P. 3207-5672

Elanora Point @ Wynnum: Brian L. 0417-202-881 (ride-in only, incl possible coffee stop) >> these riders possibly return with Peter Pleasants

Loganlea->Kingston->Mt Gravatt->Stones Corner: Refer above for details.

Darra->Mt Ommaney->Toowong: Refer above for details.

****Contact ride leaders for pickup times****

Monday 21 August 2006 Sunrise/set: 6:11am-5:23pm

🚲 6:15pm **The Palace night ride** 🌞 25 km Medium

Leader: Jim F **Phone:** 0407-175-488

Friday 25 August 2006 Sunrise/set: 6:07am-5:25pm

5:45pm **Out and about on Friday night** 🌞 📞 50 km M1

Start: Banyo Shops. Cnr Tuffnell & St Vincents Road UBD 121 C9
Departs sharp on time. Nothing to do on a Friday night. Then come celebrate the end of August with a ride out to the Palace Hotel for dinner. A pleasant evening the wetlands to start, followed by the foreshore of Sandgate, across the Esplanade for dinner. We will then follow the route back, but continue along Sandgate Rd to finish. Average speed 20k+ **Lights a must otherwise no ride. Please ring by Thursday 24th.** **Leader:** Torben A **Phone:** 0413-927-957

Saturday 26 August 2006 Sunrise/set: 6:07am-5:25pm

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚲 6:30am **Wynnum Cruise** 46 km MF2 Av. 26 kph

Leader: Gerard **Phone:** 3323-3506

8:00am-2:00pm **Beenleigh -> Burleigh -> Robina** 🚲 90 km MF2 Roadies

Start: Beenleigh RWS (actually the carpark opposite)
Our normal Gold Coast ride - only this time we go down a bit further (to Robina). This is a brisk ride, although very social in nature. Generally a fairly fast ride to Burleigh for a snack, then a scenic ride through the Gold Coast at a moderate pace. Very scenic and flat roads - would suit roadies. You will need train fare back from Robina (\$5.20). **Leader:** Kerry **Phone:** 0411-620-667

📞 8:00am **Brisbane Valley Weekend Ride** 📞 Med/Hard

Leader: Terry **Phone:** 0421-644-009 or 3846-7758

🚲 3:00pm **Saturday Arvo Ride** 18 km S2 Easy

Leader: Stephen J **Phone:** 0438-943-813

Sunday 27 August 2006 Sunrise/set: 6:05am-5:26pm

7:15am **Mt Tamborine Trek** 95 km MF4 Hard/hilly

Start: Beenleigh RWS, Bob Jane T-Mart carpark
A rolling cruise to Tamborine Village (25km) before the 7km climb up to Mt Tamborine and a short break before the descent (with some ups!) to Oxenford. From there it is a trip along the V1 back to Beenleigh, with a possible stop for an icecream/coffee at the Strawberry Farm. A good warmup for the BBTA Century on the 10th September. Register on this ride by emailing Peter. Ride leaves sharp on time. **Leader:** Peter **Phone:** 0408-983-474 **E-Mail:** pd.brennan@bigpond.com

7:30am **Riverside Jolly** 🚲 37 km M2 Easy

Start: Roma Street Parklands (at Café;)
A social ride from Roma Street through the City, Botanic Gardens, Goodwill Bridge and along the river from Southbank to Orleigh Park. A short rest then up and over Highgate Hill and onto Stones Corner then Norman Park. Along the river and across the Storey Bridge to New Farm then Newstead for coffee. Returning to Roma Street via Bowne Hills and Herston. **Phone:** Brian L:0417-202-881
E-Mail: blowe6@bigpond.com

8:00am **Hyperdome to Jacobs We** 🚲 50 km MF1 for roadies

Start: Harvey Norman (Loganholme) car park (on service road). Just underneath big sign at the entrance.

Nice quick ride from the Hyperdome (Loganholme), down the service road, to the Strawberry Farm, then across to Jacobs Well for coffee. We come back the usual way via Yatala. Fairly flat ride, so it will be a fairly brisk pace. Mainly designed for roadies. **Leader:** Kerry **Phone:** 0411-620-667 **E-Mail:** kerry@dojitrad.com

🚲 3:00pm **Sunday Arvo Ride - Griffith University** 20 km S2 Easy

Phone: BrianLowe:0417-202-881

Monday 28 August 2006 Sunrise/set: 6:04am-5:26pm

🚲 6:15pm **The Palace night ride** 🌞 25 km Medium

Leader: Jim F **Phone:** 0407-175-488

Saturday 02 September 2006 Sunrise/set: 5:58am-5:29pm

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚲 6:30am **Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to-volunteer

E-Mail: rides@bbta.org or contact Gerard 3323-3506

7:30am **Mellow Yellow** 🚲 60'ish km B2

Start: Bunyaville Forest Park entrance carpark, Old Northern Rd, Mcdowall.
Brisk clockwise road ride @ even pace. Some good open stretches along the way thru north west suburbs circuit via Petrie, Mango Hill & Scarborough to 'The Jetty' cafe stop halfway @ Redcliffe waterfront. Returns via Sandgate->Zillmere->Bridge-man Downs. **Leader:** Frances **Phone:** 3851-2297(AH)
E-Mail: rides@bbta.org

🚲 3:00pm **Saturday Arvo Ride** 18 km S2 Easy

Leader: Peter P **Phone:** 3207-5672

Sunday 03 September 2006 Sunrise/set: 5:57am-5:29pm

7:00am **Airport Circuit 60k X 25a** 60 km MF1

Start: Nudgee Bch C'park, Fortitude St, Nudgee Bch UBD 111 CM15
Departs sharp on time. With no hills on this ride, we will be riding to average 25+ over 60k's. This ride leaves Nudgee Beach, follows Nudgee Rd through to the Airport out to the lookout, then return with a detour through to Luggage Point for a short stop, following back along Kingsford Smith drive, and then ending with a 'at your own pace' along Nudgee Rd back to the start. Coffee after at Pam's Café. **Leader:** Torben A **Phone:** 0413-927-957

7:00am **River then Breakfast** 📞 30 km M2

Start: Lincoln St Stones Corner
South East Freeway to the City then follow the River to Indooroopilly and then to Tennyson, Yerrongpilly, Tarragindi and back to Stones Corner for some breakfast at a local Cafe. **Please ring by Friday night before the ride if you wish to reserve a place for Breakfast afterwards.**

Leader: Iain M **Contact:** 0402-110-645 or 3848-3617

Email: ikmoore@optusnet.com.au

7:30am **Beenleigh Coomera cruise** 🚲 50 km B2

Start: Beenleigh RWS (carpark opposite)
Ride to Coomera via the V1 for brekky or just coffee & a chat. **A couple of route options** (distances around the 50km mark), depending on the day.

Phone: Ian & Samantha:3200-4935

8:00am **Mt Mee the easy way, if you like hills!** 100 km 📞 M3 Med-Hard

Start: Caboolture RWS
This is a picturesque ride from Caboolture to Wamuran, then up Campbells Pocket rd to Mt Mee. After a stop at Mt Mee we will ride along the top of the range with magnificent views of the coastline and bushland to Dayboro. From there we ride to Petrie to train back to Caboolture. Option: Diehards can ride back to Caboolture with Peter making it a 130km in total! Must ring.
Leader: Paul & Kate **Phone:** (07)-5498-3134

9:00am-3:00pm **Sorona Dodd Tribute** 🚲 81 km **S1**

Start: Nundah Criterium, UBD 140 Q4

Meet at the Criterium, Hedley Ave, Nundah, for an 81km ride, possibly to Woody Point. Coffee break during the ride, probably Lagoons or Pams. Bikeways and quiet roads. A riding average of around 16km/h, including regroupings.

Leader: Stephen J **Phone:** 0438-943-813 **E-Mail:** smasj@bigpond.net.au

🚲 3:00pm **Sunday Arvo Ride - New Farm Park** 20 km **S2** Easy

Phone: Brian L: 0417-202-881

Monday 04 September 2006 Sunrise/set: 5:56am-5:30pm

🚲 6:15pm **The Palace night ride** 🌙 25 km **Medium**

Leader: Jim F **Phone:** 0407-175-488

Wednesday 06 September 2006 Sunrise/set: 5:54am-5:30pm

6:00pm **Come Fly With Me (Restaurant Ride)** 🌙 20 km **L1** Easy

Start: South Brisbane RWS

Starting from South Brisbane RWS (the pink one). We'll fly a scenic loop around the city's bike paths with the river in sight 98% of the time! Includes a ferry crossing before returning to South Bank for an enjoyable pasta and glass of vino. **Leader:** Elizabeth C **Phone:** 0412-875-980 **E-Mail:** ezcatch@mainroads.qld.gov.au

Saturday 09 September 2006 Sunrise/set: 5:51am-5:32pm

6:00am **The Wonders of Glorious Mee** 🚲 🌙 📞 200 km **S5** Very Hard

Start: The Gap

This Classic ride goes over Mt Nebo, Mt Glorious, Somerset, Kilcoy, Woodford, Mt. Mee, Dayboro, Samford and Ferry Grove. Lights required. Ride at your own pace. Fully Supported Ride. **Leader:** Peter W **Phone:** Debbie C. Ph38161117

E-Mail: dicampbell@iprimus.com.au

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚲 6:30am **Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to-volunteer

E-Mail: rides@bbta.org or contact Gerard 3323-3506

8:00am **Hyperdome to Jacobs Well** 🚲 50 km **MF1** for roadies

Start: Harvey Norman Loganholme car park (on service road). Just underneath big sign at the entrance.

Nice quick ride from the Hyperdome (Loganholme), down the service road, to the Strawberry Farm, then across to Jacobs Well for coffee. We come back the usual way via Yatala. Fairly flat ride, so it will be a fairly brisk pace. Mainly designed for roadies. **Leader:** Kerry **Phone:** 0411-620-667 **E-Mail:** kerry@dojitraders.com

🚲 8:00am **Amamoor Forest Camp** 📞 **Med/Hard**

Leader: Terry **Phone:** 0421-644-009 or 3846-7758

🚲 3:00pm **Saturday Arvo Ride** 18 km **S2** Easy

Leader: Stephen J **Phone:** 0438-943-813

Sunday 10 September 2006 Sunrise/set: 5:49am-5:32pm

6:30am **Ipswich-Lowood Classic B&TA Century** 🚲 📞 160 km **MF3** Hard

Start: Queens Park, Ipswich

A Classic B&TA Ride. Riders will leave at 6:30am sharp, so be there 15 minutes early for registration. All riders must have at least one partner to ride the course. Please inform Peter by email of partner/group when nominating for ride, by Friday 8th September. The course starts in Ipswich, heads to Laidley via Rosewood, Grandchester and Forest Hill before skirting Gatton, then towards Esk before turning off to Atkinson's Dam and on to Lowood. Travel through Minden before tackling the Tallegala hills, and onwards to Rosewood before cruising back to ipswich.. Map & route slip provided. There are no planned whole group stops enroute. **Must Ring. Leaves sharp on time.** **Leader:** Peter **Phone:** 0408-983-474 **E-Mail:** pd.brennan@bigpond.com

8:30am **Nudgee Beach** 🚲 24 km **S1** Easy

Start: Toombul Shoppingtown, Sandgate Rd, near Coles

An easy flat ride to Nudgee Beach for breakfast at Pam's Cafe. However we shall visit the Ann Beasley Lookout which is a short stiff climb.

Leader: Jeffrey F **Phone:** 3262-4410

🚲 3:00pm **Sunday Arvo Ride - Griffith Uni** 20 km **S2** Easy

Phone: Ian M: 0402-110-645 or 3848-3617

Monday 11 September 2006 Sunrise/set: 5:48am-5:33pm

🚲 6:15pm **The Palace night ride** 🌙 25 km **Medium**

Leader: Jim F **Phone:** 0407-175-488

Thursday 14 September 2006 Sunrise/set: 5:45am-5:34pm

9:00am **Logan B&U Community Ride** 25 km **L1** Easy/socia

Start: Loganlea Railway Station (southside, on Carnival Street)

All rides will be social and leisurely, with easy pace and plenty of regroupings. So come along for good company and enjoyable cycling over approx. 20/25 kilometre routes on local bike paths and cycle-friendly quiet streets. Routes vary according to group and leaders. NO NEED TO BOOK, JUST TURN UP AT THE START AROUND 8.50AM **Leader:** Bob **Phone:** 0412-713-487 **Web Page:** http://www.loganbug.org

Saturday 16 September 2006 Sunrise/set: 5:45am-5:34pm

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚲 6:30am **Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to-volunteer

E-Mail: rides@bbta.org or contact Gerard 3323-3506

7:30am **Maximum Points** 🚲 102 km **M3**

Start: Wynnum North Esplanade, adjacent Elanora Park Bowls Club. UBD P. 143, Ref. H14.

Visit every one of the twelve named coastal points between the Brisbane and Logan

Rivers, with some bike paths and quieter roads along the way. We'll keep together at a moderate pace and re-group often, taking one rest stop halfway out. Stop for coffee/breakfast in Redland Bay village after 65KMS., on the return journey. A shortcut to breakfast will cut out some hills and save 10kms. but you'll miss the world-famous Point Talburin. On the way back we'll minimise the hill-climbing. Rail options after 82kms. Download a cue sheet (see below). **Leader:** Bob **Phone:** 0412-713-487 **E-Mail:** iskra@bigpond.net.au (Cue sheet in PDF or Excel format available on request)

🚲 3:00pm **Saturday Arvo Ride "Silvery Moon"** 🌙 50'ish km **L1** ... as a tack!

Come along and try a really really flat l-o-n-g-e-r version of our easy-paced ride at a more l-e-i-s-u-r-e-l-y p-a-c-e through the wilds of Shultz Canal bikeway and quieter backstreets to 'guess where?'. Noooo prizes for anyone who whines of 'le inclines' to conquer! *What more can moi sae, et ain't no thighburner!*

Leader: J.J. **Phone:** 0414-705-289

Sunday 17 September 2006 Sunrise/set: 5:41am-5:35pm

7:00am **Early Sunday cruisin'** 35 km **S2**

Start: Roma St Parkland cafe

A few short, sharp pinches add a little spice to this otherwise relaxed ride over and around the river, taking in the CBD, Kangaroo Pt, New Farm, South Bank, Milton, Auchenflower and West End. A break for coffee etc. after 30 km or so. Riders should be free to take off for other pursuits by about 10.30am. **Leader:** Robert **Phone:** 3369-0707

7:00am **More country roads and country views** 🚲 📞 110 km **S3** Med/hard

Start: Goleby Ave, Queens Park, Ipswich

An extension to the Country Roads, Country Views ride held in April, taking in even more of the beautiful rural scenery and townships outside of Ipswich. We will cycle through Peak Crossing, Kalbar, and Boonah where we'll stop for lunch before the return journey to Ipswich. The terrain will be mostly undulating with a few satisfying challenges along the way. Recommended for cyclists heading to Armidale next week to join the major annual cycle tour. **Departs sharp on time. Must Ring. Coffee stop.**

Leader: Gael **Phone:** 3846-7758 or 0427-171-981

7:30am **Beenleigh Coomera cruise** 🚲 50 km **L1**

Start: Beenleigh RWS (carpark opposite)

Ride to Coomera via the V1 for brekky or just coffee & a chat. A couple of route options (distances around the 50km mark), depending on the day.

Phone: Ian & Samantha: 3200-4935

🚲 3:00pm **Sunday Arvo Ride - Bulimba** 20 km **S2** Easy

Phone: Ian M: 0402-110-645 or 3848-3617

Monday 18 September 2006 Sunrise/set: 5:40am-5:36pm

🚲 6:15pm **The Palace night ride** 🌙 25 km **Medium**

Leader: Jim F **Phone:** 0407-175-488

Saturday 23 September 2006 Sunrise/set: 5:34am-5:38pm

🚲 6:30am **Wynnum Dash** 61 km 28-30 kph

Leader: Peter **Phone:** 3324-0982 **E-Mail:** pd.brennan@bigpond.com

🚲 6:30am **Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to-volunteer

E-Mail: rides@bbta.org or contact Gerard 3323-3506

🚲 7:00am **B&TA Waterfalls & Waves Tour** 📞 520 km **L3** Med-hard

Leader: Terry **Phone:** Terry: 0421-644-009

7:30am **Riverside Jolly** 🚲 37 km **S2** Easy

Start: Roma Street Parklands (at Café;)

A social ride from Roma Street through the City, Botanic Gardens, Goodwill Bridge and along the river from Southbank to Orleigh Park. A short rest then up and over Highgate Hill and onto Stones Corner then Norman Park. Along the river and across the Storey Bridge to New Farm then Newstead for coffee. Returning to Roma Street via Bowne Hills and Herston.

Phone: Brian L: 0417-202-881 **E-Mail:** blowe6@bigpond.com

8:00am **Logan Village Wander** 🚲 42 km **M2** Easy

Start: Loganlea RWS (southern side)

A fairly flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit a newer rider. Not my usual gallop! We also take a few more detours out past Park Ridge way - it is always good to see a bit more countryside! **Leader:** Kerry **Phone:** 0411-620-667

E-Mail: kerry@dojitraders.com

🚲 3:00pm **Saturday Arvo Ride** 18 km **S2** Easy

Leader: undetermined **Phone:** RidesCoordinator: 3851-2297(AH)

Sunday 24 September 2006 Sunrise/set: 5:33am-5:38pm

8:00am-4:00pm **Spring Equinox** 🚲 101 km **S2**

Start: Mt Ommaney Library, UBD 197, M6 Three days late, but still. Meet in the carpark, high side, for a ride to Woody Point. We'll use Spinkbrae and Norman St's if the new section of bikeway is not finished. Lunch during the ride, a snack at Samarcos when we are almost finished. Bikeways and quieter roads. A riding average of around 16km/h, including regroupings. **Leader:** Stephen J

Phone: 0438-943-813 **E-Mail:** smasj@bigpond.net.au

9:00am **Tinchi Tamba** 🚲 TBA km **L1** Easy. Flat as ...

Start: Redcliffe. Carpark @ northern end of Hornibrook Bridge

Easy mid morning spring ride around the Northern Bayside region. we will visit the new Tinchi Tamba wetlands via the lagoons @ Sandgate, then meander thru the Boondall wetlands, and beyond to Nudgee Beach for morning tea at Pam 'n Harry's Cafe. Returns via Sandgate foreshore. Mostly quiet streets and bikeways. Expect some light traffic here 'n there. Ideal for newcomers wishing to extend their endurance @ at a even steady pace in a very pleasant setting.

Leader: Frances **Phone:** 3851-2297(AH) **E-Mail:** rides@bbta.org

🚴 **3:00pm Sunday Arvo Ride - Bulimba** 20 km **S2** Easy
Phone: Brian L: 0417-202-881

Monday 25 September 2006 Sunrise/set: 5:32am-5:39pm

🚴 **6:15pm The Palace night ride** ☀️ 25 km Medium
Leader: Jim F Phone: 0407-175-488

Friday 29 September 2006 Sunrise/set: 5:28am-5:41pm

🚴 **5:45pm Out and about on Friday night** 📶 ☀️ 📞 50 km **M1**

Start: Banyo Shops. Cnr Tuffnell & St Vincents Road UBD 121 C9
Departs sharp on time. Nothing to do on a Friday night. Then come celebrate the end of september with a ride out to the Palace Hotel for dinner. A pleasant evening the wetlands to start, followed by the foreshore of Sandgate, across the Esplanade for dinner. We will then follow the route back, but continue along Sandgate Rd to finish. Average speed 20k+ **Lights a must otherwise no ride. Please ring by Thursday 28th.**
Leader: Torben A Phone: 0413-927-957

Saturday 30 September 2006 Sunrise/set: 5:26am-5:41pm

🚴 **6:30am Wynnum Dash** 61 km 28-30 kph

Leader: Peter Phone: 3324-0982 E-Mail: pd.brennan@bigpond.com

🚴 **6:30am Wynnum Cruise** 46 km Av. 26 kph

Leader: undetermined Ride-Leader-needed-to-volunteer
E-Mail: rides@bbta.org or contact Gerard 3323-3506

8.30am Le Tour de "Lily" ☀️ 30'ish km **L3 Rating: A bump here or there!**

Start: Bob Cassimaty Park carpark (opposite BP) on Samford Rd, Ferny Grove
Not suited road bikes. HEHEHEHE!

Leader: J.J. Phone: 0414-705-289

🚴 **3:00pm Saturday Arvo Ride** 18 km Easy

Leader: Stephen Jackson Phone: 0438-943-813

Sunday 01 October 2006 Sunrise/set: 5:26am-5:41pm

🚴 **7:00am Sandgate Swift** 65 km **MF1**

Start: Sandgate Railway Station. UBD 110 Q6
This ride follows a clockwise direction leaving Sandgate along Gympie Rd through Strathpine, Petrie, Mango Hill, Deception Bay, Newport Waters, back along the Hornibrook bridge, across the foreshore of Sandgate where coffee awaits after. This ride will try to average 25+ and keep together as a group riding at a fairly consistent pace. **Departs sharp on time.**

Leader: Torben Phone: 0413-927-957

🚴 **3:00pm Sunday Arvo Ride - Griffith Uni** 20 km **S2** Easy

Phone: Brian L: 0417-202-881

BBTA Ride Leaders . .

- ✓ Please endeavour to lead your ride in accordance with its pace and description.

BBTA Riders . .

- ✓ Please check the 'pace' code of your selected ride. Some rides are too fast for some riders.
- ✓ If in doubt, contact the ride leader.
- ✓ Courteous riders will arrive 10 minutes before the advertised starting time.

Safety on Rides . .

- ✓ All riders are expected to obey the road rules.
- ✓ Bike helmets are compulsory on all rides.
- ✓ Adequate lights (to see and be seen) and reflectors are essential for any night rides. Suitable safety apparel is recommended.
- ✓ Bring a pump, suitable spare tubes, tyre levers and puncture repair kit, plenty of water and nourishment on all rides, especially bush rides.
- ✓ In the interests of rider safety, the Management Committee or Ride Leader reserves the right to refuse any rider from commencing or continuing any ride where it is deemed unsafe for that rider to participate in or continue on a given ride.

Wet Weather . .

- ✓ The ride will go ahead, rain, hail (maybe not) or shine.

**Thankyou Everyone
Have a Great Day Out!**

FORWARD PLANNING . .

15 October

Wilson HTM Bicycle Queensland

Brisbane to Gold Coast Cycle Challenge 100 km Non BBTA Ride Event

Shake a leg with Jill, Macca, JJ 'n Ben. Mebe even Jack! I be along too!

Boyz 'n gals all welcommen. No (upper) age limits here!

More information on the Bicycle Queensland website: www.bq.org.au

BBTA contact: Andy McCann ph: 0409-203-405

email: Oh.Macca@bigpond.net.au

