



Brisbane Bicycle Touring Association Inc.

Calendar for August – September 2004

Riders must

- contact the ride leader beforehand (if the ride is marked "☎");
 - obey the road rules, and acknowledge that they ride at their own risk;
 - bring ID, water, sunscreen, pump, puncture repair kit, tools, first aid kit;
 - arrive early and be READY TO RIDE AT THE ADVERTISED STARTING TIME.
- Rides are open to non-members for up to 3 rides

Membership enquiries – 0413 345 315
 Website: <http://www.bbta.org>
 Rides Coordinator –
 James Trimmer
 ☎3357 7569 (4pm - 7pm only)
 rides@bbta.org

The next rides planning meeting will be held on Monday August 9th at Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington.

BBTA TOURS CALENDAR

Cycle Queensland Tour 4 – 12 September

Cycle QLD 2004 Miriam Vale to Kilkivan

Bicycle Queensland www.cyclequeensland.com

Cardwell to Cairns Tour 19 – 25 September

560 km MTBs or Wide Tyre Tourers – more details in rides calendar

☎ Johnathan Metcalfe ☎ (07) 4052 1019

Weekend 21 – 22 August

8:00am NUTS ABOUT KINGAROY (Weekend ride) – 80/50km

☎ Leader: Torben PH: 3261 3501 or 0413-927-957 Start: Yarraman Police Station,

Go nuts about Kingaroy as we travel along quieter roads with a slight detour past Tarong Power Station, with perhaps a stop at the local Museum. A rest stop over looking the Power Station and then onto Kumbia. There may even be the chance of having a little something at Kumbia before heading onto Kingaroy, where a hand full on nuts may be in store. You might even get a glimpse of Sir Jo and Lady Flos pumpkin scones.

Sunday will find those more interpret cyclists having a look at Mt Wooolin before returning back to Yarraman with a lunch stop at Nanango.

Accommodation will be at the Carrollee hotel. Bookings need to be placed by Monday the 16/08.

Weekend 18 – 19 September

8:15am SOMERSET DAM (Weekend Camp) 80km

☎ Leader: Trimmer 3357 7569 (4-7pm) Caboolture RWS

A ride from Caboolture to Rosewood. Camp overnight at Somerset Dam. Some supplies and happy juice available at store across the road from the campsite.

MEETINGS AND SOCIAL EVENTS

Monday 9 August

7:30-9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Rides planning meetings are held on the second Monday in even numbered months (unless it's a public holiday). Come along and be part of what makes the BBTA tick. All members are welcome. Help put together the next rides calendar. Supper provided. The BBTA library is usually available for borrowing.

Monday 13 September

7:30-9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington

Social meetings are held on the second Monday in odd numbered months (except that the March meeting is the AGM). Come along for an evening of cycling and/or touring talks, slide shows and/or displays (an agenda will be posted on the web closer to the date). Then talk with fellow-members, as you enjoy a cup of coffee or tea and a biscuit. The BBTA library is also available for borrowing.

REGULAR RIDES

Saturdays (N.B. Back to the old route in August)

3.00pm SATURDAY ARVO RIDE – 18km – Easy (S2)

☎ (Varies) ☒ Windsor Railway Station car park (opp. Brown St)

Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join in for coffee afterwards at a nearby café.

Sundays

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

Leader varies; Starts Lincoln Street, Greenslopes (Stones Corner)

Another easy-paced ride suitable for both novices and experienced riders.

There are three alternative routes: **BULIMBA CIRCUIT** (to Bulimba via Norman Creek, and back via Bennetts Rd), **GRIFFITH UNI** (to the Uni and back on the bikeway), or **KANGAROO POINT** (to Kangaroo Point via the freeway then back via East Brisbane). Return by 4.45pm and join in for coffee at a nearby café. **Not every Sunday. Check calendar for details and route.**

ADVANCED PLANNING

Sunday 17 October

ROUND THE BAY IN ONE DAY – 210KM MELBOURNE

☎ Torben 3261 3501 0413 927957 or email andersent@bytesite.com.au

Come join 7000 other cyclists as they head around the bay in one day. I am thinking of going down for the ride and would like to know if there is other's interested, as we could perhaps ride in a team. For more info, please contact myself.

2005

Peddle Across the Big Paddock NULLARBOUR Ride

Looking for a challenge in 2005? Join me for a 1300km (approx) pedal across one of Australia's most unique & contrasting landscapes! This ride is still very much in planning stage. I am looking at a 16-day ride June-July 2005, starting at Norseman W.A.? and finishing around Ceduna in S.A. if will be an unsupported tour so some detailed planning will be required. Accommodation will generally be camping with options of motels on selected nights. For more information contact Terry de Jonge ☎ 0421 644009 3217 3880 email: handysolutions@optusnet.com.au

☎ means that riders are expected to phone/email the leader beforehand to register as a participant.	☒ means that there will be a meal or coffee stop during the ride. (Not used if the ride finishes with coffee/breakfast.)	☎ means that the ride will depart at the advertised time sharp.
RWS = Railway Station ☎ = Main road (considerable traffic) ☒ = Secondary road (noticeable traffic) ☉ = Bikeway or quiet road ● = Unsealed (hard packed)		
RIDE GRADING: Terms such as Easy, Hard etc. take account of the distance, speed, and difficulty of the terrain. Codes such as S2, MF3 etc. give information about the pace and terrain (only).	L = leisurely pace, lively conversation S = social pace (speedo average up to 18kph) M = moderate pace (speedo average 19kph plus) MF = moderately fast (speedo av. 24kph plus) F = fast pace (speedo average 30kph plus)	1 = basically flat (uphill stretches are few and far between) 2 = some hills (more than 2/3 of the ride is on flat terrain; steep climbs are short, and few and far between) 3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long AND steep) 4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to – but not more difficult than – Mt Coot-tha) 5 = challenging (contact ride leader for details)
Note: "Trip average" speed will depend on the terrain, timing of stops, and other factors. Stops to regroup or rest will be more frequent and longer on L and S rides than on M, MF and F rides		

DAY-by-DAY CALENDAR

Saturday 31 July

9.30am XMAS AT THE END OF JULY BASE CAMP 🏠 – Various
 📞 Terry ☎ 0421 644 009 ☞ Bigriggen Reserve (see below for directions)
 It's on again by popular demand! Saturday offers a choice of 3 rides, ranging from easy to hard, to build your appetite for a traditional festive roast dinner cooked in camp ovens. Everyone to bring a \$5 secret Santa pressie (unisex) to put under the Chrissy tree. Sunday starts slowly with a cooked breakfast, followed by mini-Olympics Hallam-style. For the keen cyclists there will be a ride organized. To get to Bigriggen camping reserve,

4:00pm BAYSIDE NIGHT HUMMERS 🏠 ☎ – 50km Med (M2)

📞 Fran ☎ 3851 2297 ☞ Eagle Junction RWS
 Brisk paced social bayside early evening ride, catching sunset at Redcliffe bridge, dusky Sandgate waterfront, a full moon through Boondall Wetlands, for Fish 'n Chips at Pam's Café at Nudgee Beach, returning along foggy Shultz Canal. Half road, half bikeways, a few hills. No lights no ride.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

📞 James ☎ 3357 7569 ☞ Alderley RWS (Huddart St)

Last time from this location!

Sunday 01 August

3.00pm SUNDAY ARVO RIDE – BULIMBA - 20km – Easy (S2)

📞 Jeff 3262 4410 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Saturday 07 August

7:30am THIGH BURNER - 🏠 ☎ – 110km Hard (MF5)

📞 Peter ☎ 3807 7816 ☞ Roma St. Parklands Car park.

A challenging ride over Mt Nebo, then Mt Glorious heading down towards Fernvale, with another serious climb at Split yard Creek Dam. Lunch at Fernvale then on to Ipswich for a train back.

NB! 🏠 means that the ride will depart at the advertised time sharp.

8.00am SWIFT SIXTY – 60km – Moderate (MF) average 24+ (M3)

📞 Fran ☎ 3851 2297 ☞ Windsor RWS (opp Brown St)

Quick suburban trip to Sandgate and return, mainly by road. Brief regroup. 10 min BYO snack break midway at waterfront. Aiming for 24kph+ speedo average. Expected return by 9.30am

8.00am A PORT IN ANY STORM – FISHERMANS ISLAND – 45km (M2)

📞 Belinda ☎ 0422 226 577 ☞ Outside the Hawthorne Cinemas on Hawthorne Road, Hawthorne Ride along the Brisbane River out to the new improved cycling circuit for a quick lap on the new surface before cycling out to the Port of Brisbane at Fishermans Island. Our return trip is takes in Minipippi Park and other scenic delights before heading back to Hawthorne. 📧

bdeakin@iprimus.com.au

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

📞 James ☎ 3357 7569; ☞ Windsor RWS car park (opp. Brown St)

N.B. Back to Windsor!

Sunday 08 August

7:00am COUNTRY ROADS, COUNTRY VIEWS ☎ - 90km – Hard (M4)

📞 Gael ☎ 3846 7758 or 0427 171 981 ☞ Queens Park Ipswich Milford St
 This ride takes us through breathtaking county side south west of Ipswich. Our ride circles anti-clockwise inside the Great Dividing Range on predominately open undulating roads. After leaving Ipswich for Rosewood, we head to Rosevale on the Aratula road before turning to Warrill View on the Cunningham highway. Here you will be challenged by a couple of good climbs with rewarding views and down hill runs. We continue to Peak? Crossing from Warrill View via the township of Harrisville, with views of Flinders Peak and its buddies dominating the endless farmscape.

8.00am CORINDA FIGURE OF EIGHT – 29KM – Easy (S2)

📞 Gerald & Judy Lofthouse ☎ 3713 7733 ☞ Corinda RWS Aidan's way side
 Enjoy a twist or a turn or two through scenic Sherwood, Graceville and Chelmer and back to try more of Corinda and enjoy coffee at the Corinda

bakery to finish. (60m on grass/bare earth where the new bikeway in Strickland Tce is not yet complete)

8.00am JACOBS WELL ☎ ☑ – 50km – Medium (M1)

📞 Kerry and James ☎ 0411 620 667 ☞ Beenleigh Railway Station
 2 rides in one. Kerry to lead a fast one and James will lead a slow one. Coffee at Jacobs Well. This can be a good, flat ride. No need to ring...
 📧 kneighbour@simcomcity.com & <http://rides.simcomcity.com>

3.00pm SUNDAY ARVO RIDE – BULIMBA - 20km – Easy (S2)

📞 Jeff ☎ 3262 4410 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Monday 09 August

7:30-9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington
 Rides planning meetings are held on the second Monday in even numbered months (unless it's a public holiday). Come along and be part of what makes the BBTA tick. **All members are welcome.** Help put together the next rides calendar. Supper provided. The BBTA library will be available for borrowing and Sample Jerseys for trying on.

Wednesday 11 August

4.15pm BRISBANE SHOW DAY LATE ARVO RIDE - ☎ - 60km MED (M2)

📞 Torben Anderson ☎ 3261 3501 0413 927 957 ☞ Toombul shopping Town car park

Help celebrate Brisbane's show day with an evening ride. Join us as we make our way to Sams on Suttons at Redcliffe for fish and chips, and maybe an ice-cream before we head back across the Sandgate foreshore followed by the Boondal wetlands and Shultz Channel bikeway. Lights are essential for the ride back. Back at Toombul approx 9.30pm. Park by Coles.

Thursday 12 August

6.00pm RIDE 'N' DINE ☎ – 15-20km – Easy (L2)

📞 Robert ☎ 3369 0707 ☞ Roma St Parkland café

A restaurant ride imposing modest athletic demands before getting down to the real business in a BYO. Lights essential, high-visibility gear always handy.

Saturday 14 August

8:00am 30/30 🏠 ☎ – 30km – Fast-Flat (F1 – “fast-movers” only!)

📞 Kerry ☎ 0411 620 667 ☞ Hendra RWS, Chermerside Street

Here is a ride with a difference – we aim to do 30km with a trip average of 30kph. While certainly not a race, this will be a ride for road bikes or those who can ride fairly fast. Since this is a VERY flat, short ride, this goal is easily achievable. Coffee stop at Nudgee Beach. Expect a speedo average 30+kph.

📧 kneighbour@simcomcity.com & <http://rides.simcomcity.com>

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

📞 Belinda ☎ 0422 226 577 ☞ Windsor Railway Station car park (opp. Brown St)

Please check the “pace” code of your selected ride. Some rides are too fast for some riders. If in doubt, contact the ride leader.

Sunday 15 August

8.00am ITHACA CREEK TO THE GAP – 35km – Easy (S2)

📞 Sheila ☎ 3800 8953 ☞ Roma Street Parklands (near restaurant)

Easy paced ride mainly on bike paths and suburban roads out to the Gap via Ithaca Creek and back along Enoggera Creek. One or two hills.

3.00pm SUNDAY ARVO RIDE – 20km – BULIMBA Easy (S2)

📞 Peter P ☎ 3207 5672 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Weekend Ride 21 – 22 August

08.00am NUTS ABOUT KINGAROY 80KM - (M2)

☞ Torben Anderson ☎ 3261 3501 0413 927 957 ☞ Yarraman Police Station.
Go nuts about Kingaroy as we travel along quieter roads with a slight detour past Tarong Power Station, with perhaps a stop at the local Museum. A rest stop over looking the Power Station and then onto Kumbia. There may even be the chance of having a little something at Jumbia before heading onto Kingaroy, where a hand full of nuts may be in store. You might even get a glimpse of Sir Jo and Lady Flos pumpkin scones. Sunday will find those more intrepid cyclists having a look at Mt Wooroolin before returning back to Yarraman with a lunch stop at Nanango. Accommodation will be at the Carrolllee hotel. Bookings need to be placed by Monday the 16 August.

Saturday 21 August

8:00am LOGAN VILLAGE WANDER – 35km – Med (M1)

☞ Kerry ☎ 0411 620 667 ☞ Loganlea RWS (southern side)
A fairly flat and comfortably paced ride. A good chance to see some country down south at a reasonable pace. It is fairly flat, so would suit a newer rider. Not my usual gallop!
kneighbour@simcomcity.com

83.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ James ☎ 3357 7569 ☞ Windsor Railway Station car park (opp. Brown St)

Sunday 22 August

7:30am MANLY HEALTH RIDE – 15km – Easy (L1)

☞ Maurie ☎ 3393 3196 ☞ Manly swimming pool, near Manly Marina
An easy ride for beginners around the Bayside, mainly on bike paths with a couple of over quiet roads.

8:30am KEDRON BROOK CAPER – 25km – Easy (S1)

☞ Jeffrey ☎ 3262 4410 ☞ Toombul Shopping Town, near Coles
An easy ride along the Kedron Brook Bikeway to Mitchelton and return. Coffee etc at Toombul at the end of the ride.

3.00pm SUNDAY ARVO RIDE – BULIMBA - 20km – Easy (S2)

☞ Peter P ☎ 3207 5672 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Friday 27 August

6.00 PM ANYONE FOR A NIGHT RIDE? ☞- 40km - (M2)

☞ Torben 3261-3501 0413-927-957 Banyo Cnr Tufnell & St Vincent Rd (UBD 121 C9)
Lights are a must, otherwise no ride. Feeling like getting rid of the week's work tension? Then come and unwind as we ride amongst the trees of the Boondall Wetlands. We will stop for fish and chips at Sandgate and then proceed back to Banyo by around 9.30pm or so.

Saturday 28 August

8.00am COOT-THA FOR MEXICANS – 25km – Med-Hard (M4)

☞ James ☎ 3357 7569 ☞ Cnr River Dr. & Boundary St, South Brisbane
A short assault on the mountain, returning to West End for brekkie.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Kate MacD ☎ 3857 7472 ☞ Windsor Railway Station car park (opp. Brown St)

Sunday 29 August

7.00am BEENLEIGH TO BURLEIGH HEADS ☞- 70km Mod (M1)

☞ Heather ☎ 0438 383 943 or 3399 9493 ☞ Beenleigh RWS
Join me for a day of easy cycling from Beenleigh, through the length of the Gold Coast to Burleigh Heads. We'll be stopping for coffee on the way for the seriously caffeine-deprived amongst us. Take in strawberry farms, coastal flats, and a ride through Surfers Paradise before a delicious lunch at Burleigh Heads. Train from Robina back to Brisbane. Please ring for restaurant booking purposes. Train arrival times to Beenleigh available via www.gr.com.au

7:00am FOREST LAKE LOOP - ☞ – 25km – Med (M3)

☞ Les ☎ 3278 9339 ☞ Darra RWS
A ride on mostly quiet side roads passing through the tree lined streets of Forest Lake, Inala and Richlands. View the Wacol prison (from the outside) before coffee at Forest Lake village. the.worzell@bigpond.com

9.00am LANITA TRAIL SAMFORD SOJOURNE ☞- 30km – Med (M3)

☞ Fran ☎ 3851 2297 ☞ Ferny Grove RWS Conavalla Street
A relaxed social ride along rolling countryside roads and easy local trails for MTBs and hybrids, requiring a degree of stamina, following the Lanita Rd rail trail circuit; with BYO lunch break in the park or café at Samford. Optional tour of the historical Museum.

3.00pm SUNDAY ARVO RIDE _BULIMBA - 20km – Easy (S2)

☞ Jeffrey ☎ 3262 4410 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Thursday 02 September

6.00pm RIDE 'N' DINE ☞ – 15–20km – Easy (L2)

☞ Robert ☎ 3369 0707 ☞ Roma St Parkland café
A restaurant ride imposing modest athletic demands before getting down to the real business in a BYO. Lights essential, high-visibility gear always handy
Saturday 4 September

Cycle Queensland 04 – 12 September

CQ04 Miriam Vale to Kilkivan (Supported Tour)

Bicycle Queensland www.cyclequeensland.com (follow events link) Not a Bbta tour. Make your own arrangements with BQ but contact Maurie to let him know you are on the Bbta team. Ring Maurie 3393 3196
mmulcahy@powerup.com.au

Saturday 4 September

07.40am FLAT FRIENDLY AND UNDER FORTY 28km Easy (S1)

☞ Stephen J ☎ 0438 943813 or 3376 5169 ☞ Northgate RWS
Under 40kms that is. 7.55 am train to Bald Hills. RIDE to Sandgate, snack at Zephyrs, Boondall Wetlands to Northgate. A flat ride, time to talk, bring the children.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ Don Stephen ☎ 3311 3037; ☞ Windsor Railway Station car park (opp. Brown St)

4.00pm LATE SATURDAY ARVO RIDE – 65KM (L2)

☞ Torben ☎ 0413 927 957 or 3261 3501 ☞ Toombul Shopping Town (UBD Ref 140 M5)
Come and unwind with an evening ride. Join us as we make our way to Sam's on Suttons at Redcliffe for fish and chips, and maybe an ice cream before we head back across the Sandgate foreshore followed by the Boondall wetlands and Shultz Channel bikeway. Lights are a must otherwise no ride. Back at Toombul approx 9.00pm

Please check the "pace" code of your selected ride. Some rides are too fast for some riders. If in doubt, contact the ride leader.

Sunday 5 September

08.15am CAMPBELL'S POCKET – 60km (M4)

☞ James Trimmer ☎ 3357 7569 ☞ Caboolture RWS
Over Mt Mee the easy way. Finish at Petrie RWS

8:30am CEDAR CREEK RIDE – 40km – Easy - Medium (S1)

☞ Lesley ☎ 3358 4590 ☞ Ferny Grove RWS
Over the hill to Samford. Then along a peaceful valley to the end of the road. There are quite a few hills on this route but we will take our time. Morning -Tea at Samford on the way back. **Note. This is a slow ride, average speed 15kph.** Come along for a saunter. If you want to go faster – pick another ride!

8:30am WYNNUM AROUND THE BAY TO CLEVELAND -45km (S2)

☞ Keith ☎ 3849 7657 ☞ Wynnum North RWS Cameron Parade
A leisurely ride, with a look at the Wynnum North mangrove boardwalk, through Lota, Thornside, Birkdale, Wellington Point and Ormiston to Cleveland Point. Then there'll be coffee or an early lunch at Cleveland shopping centre and the 11:37am or 12:07pm or 12:37pm etc. train back to Wynnum North, at a cost of \$2.90

3.00pm SUNDAY ARVO RIDE – GRIFFITH - 20km – Easy (S2)

☞ Peter P ☎ 3207 5672 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Saturday 11 September

6.00am GLORIOUS MEE (Audax) ☞ – 212km – Hard (M4)

☞ Howard or Jennelle Davis ☎ 3201 0073 ☞ The Gap
Audax supported ride

8:00am LOGAN VILLAGE TOUR – 35km (F1)

☞ Kerry ☎ 0411 620 667 ☞ Loganlea RWS (southern side)
A fairly flat and a bit faster paced ride. A good chance to see some country down south while not taking too long about it! This would not suit a newer rider, unlike my other Logan village ride. While not a full sprint, expect to average high 20's
kneighbour@simcomcity.com

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ Stephen J ☎ 0438 943813 or 3376 5169 ☞ Windsor Railway Station car park (opp. Brown St)

Sunday 12 September

8:00am MOUNTAINS TO MANGROVES ☉ – 70km – Mod (M3)

☞ Fran ☎ 3851 2297 ☞ Ferny Grove RWS Conavalla Street
Medium pace social ride. Mainly bikeways, tackling a few hills along watercourses from "The Hills" district down to the bayside, requiring a degree of stamina at start and end of ride. Café break midway at Fish on flinders at Sandgate. Return via entire length of extended Kedron Brook bikeway from Nudgee to Brookside.

1.00pm EASY BEGINNERS – 15km – (S1)

☞ James Trimmer ☎ 3357 756 between 4 – 7pm ☞ Boondall RWS car park
Through Boondall Wetlands to Nudgee beach for coffee. No traffic. One slight hill.

3.00pm SUNDAY ARVO RIDE – GRIFFITH 20km – Easy (S2)

☞ Peter P ☎ 3207 5672 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Monday 13 September

7:30 – 9:00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington
Social meetings are held on the second Monday in odd numbered months (except that the March meeting is the AGM). Come along for a fun evening with your fellow club mates!

Weekend ride 18-19 September

08.15am SOMMERSET DAM – 80km – (M3)

☞ James Trimmer ☎ 3357 7569 (4-7pm) ☞ Caboolture RWS
A ride from Caboolture to Rosewood. Camp overnight at Somerset Dam. Some supplies and happy juice available at store across the road from the campsite.

NB! ☹ means that the ride will depart at the advertised time **sharp**.

Saturday 18 September

7:15am ED'S OVER GLORIOUS ☉ – 115km – Med (M4)

☞ Ed Wrigle ☎ 3311 5815 ☞ Roma Street parklands café
It's not that hard – It's going to take us all day! Bring your supplies and Dictionary (It's Dr Johnston's birthday!)

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

☞ Don Stephen ☎ 3311 3037; ☞ Windsor Railway Station car park (opp. Brown St)

Sunday 19 September

8:00am BRIBIE ISLAND – 100km - Medium 24+

☞ Rosie & Peter ☎ 3869 4290 ☞ Sandgate RWS

8:30am LITTLE OASIS ☉ – 46km – Easy (S2)

☞ Fran ☎ 3851 2297 ☞ Alderley RWS (Huddart St)
A pleasant social ride to Nudgee Beach, mainly by bikeways, spinning along Kedron Brook and Shultz Canal for brunch at Pam's café at Nudgee beach. Just one hill at start and finish.

3.00pm SUNDAY ARVO RIDE – 20km – Easy (S2)

☞ Iain Moore ☎ 3848 3617 ☞ Starts Lincoln St, Greenslopes (Stones Corner)

Cycling Tour 19 – 25 September

CARDWELL TO CAIRNS TOUR 560km MTBs or wide tyre tourers

☞ Johnathan Metcalfe ☎ (07) 4052 1019 or email TR139@petos.com.au or bikeride@cafec.org.au

Seven unforgettable days of cycling, swimming, learning and relaxing through some of Australia's most spectacular country. Bookings essential.

Saturday 25 September

7:30 REVERSE THIGH BURNER - ☉ – 120km Hard (MF5)

☞ Peter W ☎ 3807 7816 ☞ Ipswich RWS car park, Olga St.
Heading through Fernvale, over Split yard Creek before the major climb up Mt Glorious, on to Mt Nebo down through the Gap and on to Roma St for the train back.

3.00pm SATURDAY ARVO RIDE – 20km – Easy (S2)

Kate MacD ☎ 3857 7472; ☞ Windsor Railway Station car park (opp. Brown St)

Sunday 26 September

07.00am SANDGATE SWIFT – 65km – (MF2)

☞ Torben ☎ 3261 3501 or 0413 927 957 ☞ Sandgate RWS, Knox St
For those who like a quicker flattish ride (25kph+av.). Join us for an earlier ride as we cycle in a clockwise direction through and around Bramble Bay, pausing only for traffic lights. Some sections are on arterial roads, but traffic will be light and a non-issue. Coffee awaits at Sandgate. Mud map provided.

3.00pm SUNDAY ARVO RIDE – GRIFFITH - 20km – Easy (S2)

☞ Jeffery ☎ 3207 5672 ☞ Starts Lincoln St, Greenslopes (Stones Corner)