



BRISBANE BICYCLE TOURING ASSOCIATION INC.

CALENDAR FOR APRIL - MAY 2006

Riders must

- contact the ride leader beforehand (if ride is marked "☎");
- obey the road rules, and acknowledge that they ride at their own risk;
- bring ID, water, sunscreen, pump, puncture repair kit, tools, first aid kit;
- arrive early and be **READY TO RIDE AT THE ADVERTISED TIME.**

Rides are open to non-members for up to 3 rides.

Membership enquiries - 0413 345 315

Website: <http://bbta.org>

Rides Co-ordinator - Frances Wellington

Ph: 3851 2297(AH) Email: rides@bbta.org

LIABILITY DISCLAIMER: While every effort is made by BBTA ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are **not** covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

BBTA 'Get More from your bike' skills training session 2 is on 23rd April. See website online calendar for full details.

BBTA TOURS CALENDAR

Friday 14 to Monday 17 April

Easter Tour 2006

Start time : 9:00am Distance : 202 km Rating : Med-Hard

Start Location : Murwillumbah - departure phone for details!

Friday 14th Murwillumbah to Brunswick Heads 44km

Saturday 15th Brunswick Heads to Lismore 54km

Sunday 16th Lismore to Nimbin 48km

Monday 17th Nimbin to Murwillumbah 56km

A four day tour in *picturesque* Northern NSW starting at Murwillumbah and heading to the coast staying at Brunswick Heads. Saturday's ride takes us through back roads to Lismore via a hilly climb to the small township of Federal. Sunday's pedal is a short 45km but a few hills to climb before rolling down into *colourful Nimbin*. Monday's return will be a flatter ride following the Tweed River back to Murwillumbah via Uki.

Riders must ring leader, to register by Monday 5th April

Contact Leader : Terry de Jonge 0421 644 009 or 3846 7758 ☎

Saturday 29 April to Monday 1 May

Kyogle Woodenbong Long Weekend Ride via Lions Tourist Road

Start time : 08:00 Distance : 180 km (70/66/41km)

Rating : Med/Hard Hills Start Location : Rathdowney

A great long week-end ride, fantastic scenery with little traffic!

On Saturday cycle from Rathdowney to Kyogle via Lions Tourist Road.

Tough climbing in parts but well worth the effort.

On Sunday cycle through Unumar, Mt Lindesay & Douglas State Forests stopping at Grevillia for lunch, then a few steady climbs to the sleepy town of Woodenbong. Sunday's ride is an easy 41km with some long downhills and a flat finish into Rathdowney. Accommodation over the weekend will either be camping or hotels. **Riders must ring leader to register prior to tour.**

Contact Leader : Terry De Jonge 0421 644 009 or 3846 7758 ☎

Saturday 13 to Sunday 14 May

Monsildale Weekend Tour

Start time : 08:30 Distance : 100 km Rating : Med-hard

Start Location : Kilcoy District Sports Centre, Hope Street.

A weekend in the country cycling on very quiet roads. Starting at Kilcoy we cycle up the range through Jimna State Forest to camp overnight at the Peach Trees camping area. Saturday's ride of 45 km is hilly and includes 4km of dirt. *Enjoy a leisurely afternoon swimming or bushwalking along Yabba Creek.* Facilities: Coin operated hot showers, toilets, water. On Sunday we descend the range along the *scenic Monsildale Road*. Today's ride (55km) includes 10km downhill as we descend the range into the valley and 40 km of dirt (good, bad and indifferent). Need to bring all meals for the weekend. Jimna (1.1km detour) has a store selling drinks and iceblocks.

Riders must ring leader, book by Monday 8th May.

Contact Leader : Stan and Jenni PEARCE 3369 9661 ☎

Saturday 20 to Sunday 21 May

Jondaryan Woolshed - May Day Long Weekend Tour

Start time : 08:30 Distance : 126 km (58/68km) Rating : Medium

Start Location : Toowoomba - Newtown Park Cnr. Tor St & Taylor St

Join me for a cool week-end tour on the Darling Downs! This ride will use

back roads to and from the *historic Jondaryan Woolshed*. Saturday's ride will bring us to the Woolshed for lunch, giving the afternoon to indulge in history of the wool industry in the area plus a great collection of other old bits & pieces. We will need to be self-sufficient for the week-end, so we will need to carry food for lunch & evening drinks. *I will cook a roast dinner (Saturday night)* in the camp kitchen, where a large fire pit, will keep us, warm for the night. On Sunday we will zig zag through back roads to Coombungee (33km) for lunch (shop) and then meander south back to Toowoomba. Camping: \$10 per tent, shearing quarters also available for a bed for the night (phone to book 4692 2229). Entry Fees: group booking, \$12 p/person.

For more details and bookings, must ring leader Terry by Monday 15 May.

Contact Leader : Terry De Jonge 0421 644 009 or 3846 7758 ☎

FORWARD PLANNING

Saturday 6 September

9:00am Mawson Trail S.A. Med-Hard

☎ James Trimmer ☎ 3357 7569

All or part thereof. For mtb's or 'sturdy tourers'. 2WD roads.

More info James Trimmer ☎ 3357 7569 or ✉ imjimtrim@hotmail.com.

EXPRESSIONS OF INTEREST INVITED

Saturday 23 September to Sunday 1 October

7:00am BBTA Waterfalls & Waves Tour Med-Hard

☎ Terry de Jonge ☎ 0421 644 009 - 3846 7758 ☒ Armidale

This tour begins at Armidale in the highlands of NSW, our first night's camp will be at *Oxley Wild Rivers National Park*. The following day we will drop into the spectacular Macleay Valley where we will bush camp at Blackbird Flat Reserve. On Monday we follow the *Macleay River* through to Kempsey & onto Crescent Head, for our nights camp, (our first beach camp) then north to South West Rocks for our rest day. After enjoying the *agua waters of South West Rocks* we head up the coast staying at Urunga. Friday's ride is a shorter day but finishing the day with a climb back up the *Great Dividing Range* to Dorrigo. From Dorrigo we will meander back towards Armidale, camping our final night behind the Ebor Hotel. ☎ ☎

Post Tour ? Armidale to Brisbane 544km For anyone interested, Gael & I are intending to take a week to ride back to Brisbane via the *Summerland Way*. ☎

MEETINGS AND SOCIAL EVENTS

Monday 10 APRIL

7.30 - 9.00pm RIDES PLANNING NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington. **Rides planning meetings are held on the second Monday in even numbered months** (unless it's a public holiday). Come along and be part of what makes BBTA tick. *All members are welcome. Help put together the next rides calendar. Supper provided.* The BBTA library is also available for borrowing.

Monday 8 MAY

7.30 - 9.00pm SOCIAL NIGHT

Brisbane West Senior Citizens Hall, 132 Latrobe Tce, Paddington. **Social meetings are held on the second Monday in odd numbered months (except the March meeting is the AGM).** Come along for an evening of cycling and/or touring talks, slide shows and/or displays (an agenda will be posted on the website closer to the date). Then talk with fellow members, as you enjoy a cup of coffee or tea and a biscuit. The BBTA library is also available for borrowing.


RIDE CLASSIFICATIONS: Rides are described according to the guidelines below. If you are unsure of your suitability for a particular ride, or if you feel it may be too long or strenuous for you, don't be put off. Please **contact the ride leader before the day**, to discuss your suitability, or see if you can do part of the route.


☎ means that it is necessary for every rider to contact the leader by phone or email to register as a participant.	L = leisurely pace, lively conversation	1 = basically flat (uphill stretches are few and far between).
🔊 means the ride will depart at the advertised time sharp!	S = social pace (speedo average up to 18kph)	2 = some hills (more than 2/3 of the ride is on flat terrain; steep climbs are short, and few and far between).
☕ means that there will be a meal or coffee stop during the ride (Not used if the ride finishes with coffee/breakfast).	M = moderate pace (speedo av. 19kph plus)	3 = moderate hills (up to 1/3 of the ride is uphill; may include long or steep climbs, but not long and steep).
☎ means further information is available on the website and/or contact the ride leader. RWS = Railway station	B = brisk pace (speedo average 22kph plus)	4 = serious hills (mostly hills AND/OR includes one or two climbs comparable to, but not more difficult than, Mt Cootha).
	MF = moderately fast (speedo av. 24kph plus)	5 = challenging (contact ride leader for details).
	F = fast pace (speedo average 30kph plus).	


RIDE GRADING: Terms such as Easy, Hard etc. are a generalized account of all relative factors pertaining to a ride: taking into account the distance, speed, and difficulty of the terrain. Codes such as S2, MF3 etc. take into account the pace and terrain only. **Stops to regroup** or rest will be more frequent and longer on L and S rides than on B, M, MF and F rides. **'Speedo Average' is the kph reading on the bicycle computer**, as measured whilst the sensor is taking readings (ie: the wheels are turning) which is averaged over a period of time. For our ride classification purposes 'speedo average' is an 'intended' indication of expected pace in kph. for a particular ride over the flatter sections of the course of the terrain category described for that ride. **The 'Duration' of a ride is the entire time taken to travel from start to finish**, which will therefore depend on the terrain, timing of all stops and other factors added in.

REGULAR RIDES

 Saturdays

 **6.30am Wynnum Cruise - 46km - (MF2) - av. 26kph**
Every Saturday for this calendar
 Contact: Gerard Galvin ☎ 3323 3506 ☑ Car park end of Lincoln St,
 A spin to Wynnum and return, with the pace dependent on the majority of those riding. If you are building pace, you are most welcome to come along (. . . perhaps invite a partner for company as your PB progresses up to the group's pace). Meet up at the halfway point at Wynnum for a brief stop, and afterwards joining everyone for breakfast. Route description will be provided for newcomers.
Leaders vary: Gerard ph: 3323 3506 for April 1st + 8th + 22nd + 29th and May 27th
Andy McCann ph: 0409 203 405 for May 6th + 13th + 20th

 **6.15am Wynnum Cruise "SLO1+Wellbeing" for April 15 and May 6 only**
B (Brisk) pace, leaving at the earlier time of 6.15 am. Same route as Wynnum Cruise with a moderate pace warmup at the outset and warmdown toward the finish to this ride. Option of breaky afterwards with the other riders or come and have a stretch under the trees in the park (adjacent to the carpark) with moi. Grab a towel and/or yoga mat and your postride snack & drink as you desire for a good relaxing stretch to make for a great relaxing start to the weekend! **Contact Frances** ph: 3851 2297 (AH)

 **6.30am Wynnum Dash - 61km - (F2) - av. 28/30kph**
 ☞ Peter Brennan ☎ 3324 0982 ☑ Car park end of Lincoln St, Stones Corner.
 A ride with only one stop at the halfway mark (Pandanus Beach, Wynnum) with coffee or breakfast at the end at 'Caffe di Moda'. We head out from Stones Corner, along Old Cleveland, Bennetts and Lytton Roads out to Fisherman's Island, then to Wynnum where there is a 10 minute break. Head through Lota, Wynnum Rd back to the start. ☒ pd.brennan@bigpond.com
Every Saturday for this calendar.


 **3.00pm Saturday Arvo Ride - 18km - (S2) Easy**
 ☞ (Varies) **Not every Saturday. Check website calendar for details**
 ☑ Windsor RWS car park (opp. Brown St)
 Come along and try our regular easy-paced ride, mainly on bikeways and back roads, with very few hills. The route takes us to Kalinga Park and back, returning by 4.45pm at the latest. Join in for coffee afterwards at a nearby cafe.
 April 1 - Tony Malone 3201 4728 May 6 - Tony Malone 3201 4728
 April 8 - Bob Schofield 0412 713 487 May 13 - Bob Schofield 0412 713 487
 April 15 - **Leader needed to volunteer*** May 20 - Bob Schofield 0412 713 487
 April 22 - Peter Pleasants 3207 5672 May 27 - Stephen Jackson 0438 943 813
 April 29 - Tony Malone 3201 4728

* Ride Leaders please contact Frances to allocate a date that suits you to volunteer.

 Sundays

 **3.00pm Sunday Arvo Ride - 20km - (S2) Easy**
 ☞ (Varies) **Not every Sunday. Check website calendar for details & route**
 ☑ Lincoln St, Greenslopes (Stones Corner)
 An easy-paced ride suitable for both novices and experienced riders. There are four alternative routes: **West End - New Arvo circuit** to Highgate Hill, Orleigh Park, Southbank. **Bulimba Circuit** to Bulimba via Norman Creek, and back via Bennets Rd, **Griffith Uni** to the Uni and back on the bikeway, or **New Farm Park** via South East Freeway bike path and Storey Bridge return via East Brisbane. return by 4.45pm and join in for coffee at a nearby cafe.
 April 2 and all dates in May **Leaders needed to volunteer***
 April 9 - Peter Pleasants 3207 5672 - New Farm
 April 16 - Jeffrey Foreman 3262 4410 - Bulimba
 April 23 - Peter Pleasants 3207 5672 - Griffith
 April 30 - Peter Pleasants 3207 5672 - Bulimba
 * For all other Sunday's volunteer ride leaders are needed if these ride's are to go ahead. Please contact Frances to allocate a date that suits you to volunteer.

 Mondays


 **6.15pm The Palace night ride - 25km - (M1) Medium av. 19kph**
 Jim Forayter ☎ 0407 175 488 ☑ Hoffy Cycle carpark, Bowser Pde Sandgate
 Pleasant bayside night ride from Sandgate to the Palace Hotel at Woody Point for dinner (special \$7.45 fish 'n chip 'n salad). Secure bike parking.
Lights essential, suitable safety apparel is recommended.
Every Monday for this calendar.

DAY-by-DAY CALENDAR

▶ Saturday 1 April

6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details.
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

▶ Sunday 2 April

 **Easy Imperial Century** Start : 7:00 am Distance : 160 km ☑
Start Location : Windsor RWS **Rating: B2 Hard**
 As flat as I can make it out to Beechmere & return. Gong hunters welcome.
First timers start training NOW! We'll try and keep the group together.
 I'll be the good shepherd, Bernie the bad shepherd.
Contact Leader : James Trimmer 3357 7569 *Coffee stop during ride*

 **Downfall Creek**

Start Time: 8.30am Distance: 23 km Rating: S2
Location : Toombul Shoppingtown, Sandgate Rd, near Coles
 A ride through Nundah & Northgate then following Downfall Ck from Virginia to Bushland Centre at Chermerside west. Return via Chermerside and Wavell Heights. Coffee etc. at Toombul after the ride.
Ride Leader : Jeffrey FOREMAN 3262 4410

▶ Monday 3 April

6.15pm Palace Night Ride See 'Regular Rides' section for details.

▶ Thursday 6 April

 **Logan BUG Community Ride**

Start time : 9:00am Distance : 25 km Rating: L1 Easy/social
Start Location : Loganlea Railway Station (southside, on Carnival Street)
 A shorter ride, easier pace, plenty of regroupings! Come along for good company and enjoyable cycling over approx. 20 kilometre routes on local bike paths and cycle-friendly quiet streets.
Contact Leader: Bob Schofield 0412 713 487 No need to ring. Just turn up ten minutes prior to start time.
More info : www.loganbug.org

▶ Friday 7 April 2006

 **Ride 'n Dine**

Start Time 6.00pm Distance: 20km Rating: L2
Start Location : Roma St Parkland cafe A restaurant ride imposing only modest athletic demands before getting down to the real business of the evening at an unpretentious BYO restaurant in the West End.
 Lights essential, high-visibility gear always handy.
Ride Leader : Robert BYRNES Robert 3369 0707

▶ Saturday 8 April

6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details.

 **Bulimba Creek**

Start Time: 8.30am Distance: 25 km Rating S2
Location : Carpark at Minnippi Parklands. UBD map 162 B16 A generally flat ride to Wishart following Bulimba Creek. There is a short climb to get around Pacific Golf Course. Bikeway most of the way. Coffee etc will be at Tingalpa on return journey. **Ride Leader :** Jeffrey FOREMAN 3262 4410

 **Good Bad Ugly - The Monuments and Statues of Brisbane**

Start time : 11:00am Distance : 28 km Rating: S2 lots of urban streets.
Start Location : Windsor RWS
 Starting with a Yank and finishing with "I was only nineteen", three premiers, an emporer and an empress plus a king! Coffee after.
Contact Leader : Ed Wrigley-3311 5815
Email : ewrigley@optusnet.com.au

 **Windsor Riverside Connector**

Start Time: 1.30pm Distance: 60 km Rating M3
Start Location : Stones Corner (Lincoln St.) - **Leaves sharp on time!** ☑
 Cycle to the river along the M1 bikeway, then take a turn along the water, maybe towards Indooroopilly or perhaps New Farm, or both, as the fancy takes us. Back through Roma St parklands to link up via bikeways and back streets with the Saturday Arvo' ride at Windsor RWS. After a leisurely/social ride around the usual Saturday circuit, retrace our steps via Roma St parklands and the Goodwill Bridge to Stones Corner. Some short sharp pinches but no long hill. Water stops and regroupings but coffee will wait until we're back at Stones Corner. Around 20kmh on the clock for the "Connector" segments, depending on the group.
Ride Leader : Bob SCHOFIELD 0412 713 487

3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

▶ Sunday 9 April

 **Sandgate Swift**

Start time : 6:30am Distance : 65 km Rating: MF1 *Departs sharp on time.* ☑
Start Location : Sandgate Railway Station. UBD 110 Q6
 This ride follows a clockwise direction leaving Sandgate along Gympie Rd through Strathpine, Petrie, Mango Hill, Deception Bay, Newport Waters, back along the Hornibrook bridge, across the foreshore of Sandgate where coffee awaits after. This ride will try to average 25+ and keep together as a group riding at a fairly consistent pace. *Coffee awaits after ride.*
Contact Leader : Torben ANDERSEN 0413-927-957

Wamuran>Glasshouse>Caboolture
Start time : 7:30 am Distance : 50 km Rating: M2 @ 19kph av.
Start Location : Caboolture Railway Station
 Picturesque ride to Wamuran past pineapple and turf farms with views to the Glass House Mountains. Food stop at Wamuran Café, then back to Caboolture through rolling farmland via Bellmere. Regroups.
Contact Leaders : Paul & Kate Gubesch - 5498 3134

Bulimba Creek
Start time : 08:30 Distance : 25 km Rating : S2 Easy
Start Location : Carpark at Minnippi Parklands. UBD map 162 B16
 A generally flat ride to Wishart following Bulimba Creek. There is a short climb to get around Pacific Golf Course. Bikeway most of the way. Coffee etc will be at Tingalpa on return journey.
Contact Leader : Jeffrey FOREMAN 3262 4410

Sunday Arvo Ride See Regular rides section for description.

Monday 10 April
6.15pm Palace Night Ride See 'Regular Rides' section for details.

Friday 14th to Monday 17th April
Easter Tour 2006 - See Tours Section

Saturday 15 April
6.15am Wynnum Cruise "SLO1" See 'Regular Rides' section for details
6.30am Wynnum Dash See 'Regular Rides' section for details

Three River Wander
Start time : 7:00am Distance : 80 km Rating :MF3 Med-Hard
Start Location : Beenleigh, Cnr of Alamein and Bellew Sts.
 We go through Waterford, Logan Village and Windaroo before a Bakery stop at Ormeau. Then continue to Canowindra, Norwell, Alberton and Stapyhton. Ride directions supplied.
Contact Leader : Ph 38077816, Mob 0423109652
 Coffee stop during ride

3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.
***Ride Leader needed to volunteer if this ride is to go ahead*.**

Sunday 16 April
Beenleigh>Burleigh>Robina
Start time : 7:00am Distance : 80 km Rating :MF2 Road bikes
Start Location : Beenleigh RWS (actually the carpark opposite)
 Our normal Gold Coast ride - only this time we go down a bit further (to Robina). This is a brisk ride, although very social in nature. Generally a fairly fast ride to Southport for a snack, then a scenic ride through the Gold Coast at a moderate pace. Very scenic and flat roads - would suit roadies. You will need train fare back from Robina.
Contact Leader : Kerry Neighbour 0411-620-667
Email : kerry@dojitraders.com
 Coffee stop during ride

Sunday Arvo Ride See 'Regular Rides' section for details.

Monday 17 April
6.15pm Palace Night Ride See 'Regular Rides' section for details.

Tuesday 18 April
Brissy to Beach and Back
Start time : 7:30am Distance : 50 km Rating: M2
Start Location : Roma Street Parklands @ cafe
 Come on a different ride to Nudgee Beach and return. This ride is about 90% by road, we will be not travelling along Shultz Canal or floating bike way today. Breakfast/morning tea @ Pam's. Come & work off all of those easter eggs!!!!
Contact Leader : Chris B 0418 794 680 or 3260 6248 Coffee stop during ride

Thursday 20 April
Logan BUG Community Ride
Start time : 9:00am Distance : 25 km Rating :L1 Easy/social
Start Location : Loganlea Railway Station (southside, on Carnival Street)
 A shorter ride, easier pace, plenty of regroupings!
 Come along for good company and enjoyable cycling over approx. 20 kilometre routes on local bike paths and cycle-friendly quiet streets.
Contact Leader : Bob SCHOFIELD 0412 713 487 No need to ring. Just turn up tem minutes prior to start time. **More info :** www.loganbug.org

Saturday 22 April
6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details

2006 South-West News Mall 2 Mall Bike Ride
Start time : 8:00am Distance : 50 km Category : Unrated Non BBTA ride
Start Location : King George Square, Brisbane
Info : www.bripoll.com.au/events.html or 3818 3900
 This ride aims to promote a healthy lifestyle through exercise and encourages people of all ages to get on a bike and have fun with family and friends while at the same time raising much needed funds for Ipswich Hospital Foundation.

3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

Sunday 23 April
Country Roads, Country Views
Start time : 8:00am Distance : 90 km Rating :M3
Start Location : Queens Park, Ipswich (meet in Goleby Ave)
 Breathtaking country side SW of Ipswich. Anticlockwise inside the Great Dividing Range on predominantly open undulating roads > Rosewood> >Warrill View. Then challenged by a couple of good climbs + rewarding views . Peak Crossing>Warrill View via Harrisville for lunch.
Contact Leader : Gael NICHOLSON 3846 7758 or 0427 171 981
 Coffee stop during ride **Riders must ring leader**

Nudgee Beach
Start Time 8.30am Distance: 24 km Rating S1
Location : Toombul Shoppingtown, Sandgate Rd, near Coles
 An easy flat ride to Nudgee Beach for breakfast at Pam's Cafe. However we shall visit the Ann Beasley Lookout which is a short stiff climb.
Ride Leader : Jeffrey FOREMAN Jeffrey - 3262 4410

10.30am 'Get more from your Bike' training - Session Two
 Mark Dancer ☎ 0424 364 335 ☒ Mural Carpark adjacent to Toombul Shp'town, Melton Rd Toombul. See page 4 for details.

Sunday Arvo Ride See 'Regular Rides' section for details.

Monday 24 April
6.15pm Palace Night Ride See 'Regular Rides' section for details.

Tuesday 25 April
Rosewood loops
Start time : 7:00am Distance : 100 km Rating: B3 Hard
Start Location : Rosewood RWS Coffee stop during ride
 Two Achievement rides, maps provided, go your own pace.
 First loop, Rosewood, Lowood, Laidley, Rosewood. For 200k onto Mt. Walker, Peaks Crossing, Harrisville and return. Bring lights just in case. Best as a group ride. Turks welcome. **Contact Leader :** James Trimmer 3357 7569

Yeeee Haaaa Samford Trail Ride
Start time : 7:30 am Distance : 35 km Rating :S3
Start Location : Ferny Grove RWS carpark - opposite Conavalla St
 Ride from Ferny Grove to Samford via disused railway line and horse trails. We will stop @ the Samford Bakery for coffee etc. before heading back to Ferny Grove. Road bikes not suitable as approx. half of this ride is on dirt and grass.
Contact Leader : Chris B 0418 794 680 or 3260 6248 Coffee stop during ride
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

Friday 28 April
Out and about on Friday night
Start time : 5:45pm Distance : 50 km Rating: M1
Start Location : Banyo Shops. Cnr Tuffnell & St Vincents Road UBD 121 C9
 Departs sharp on time. Nothing to do on a Friday night. Then come celebrate the end of April with a ride out to the Palace Hotel for dinner. A pleasant evening the wetlands to start, followed by the foreshore of Sandgate, across the Esplanade for dinner. We will then follow the route back, but continue along Sandgate Rd to finish. **Average speed 20k+ Lights a must otherwise no ride.** **Contact Leader :** Torben Anderson 0413-927-957

Saturday 29 April
6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details
Kyogle Woodenbong Long Weekend Ride - See Tours Section
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

Sunday 30 April
200 trainer Start : 7:00am Distance : 185 km Rating : MF2 Hard
Start Location : Windsor RWS. Trainer for next Saturday. Out to Woorim for lunch, gag at the monstrosity right on the beach. Bribie has lost it's innocence.
Contact Leader : James Trimmer 33577569 Coffee stop during ride

Ipswich Festival Big Bike Ride
Start time : 7:00am Distance : 100 km + shorter Rides /Unrated Non BBTA
Start Location : Queens Park, Ipswich **Contact :** John Nankivell 07 32027568 or Bruce Glover 0408 789 232 or visit www.mmclions.org.au


West End Riverside Drive Leisure Ride
Start time : 9:30am Distance : 10 km Rating: L1 Easy
Start Location : Southbank 1, Citycat Terminal, Southbank Parklands
 An ideal ride for people who want to ride in a group at a very, very leisurely pace. Mainly flat route and one very, very small hill. Bikeway. Coffee at the end of the ride at Southbank. Finishes approx. 10.30am.
Contact Leader : Ilan - 3876 1563 **Email :** ripplesNwaves8@yahoo.com


Sunday Arvo Ride See 'Regular Rides' section for details

Monday 1 May
6.15pm Palace Night Ride See 'Regular Rides' section for details.


Thursday 4 May
Logan BUG Community Ride
Start time : 9:00am Distance : 25 km Rating :L1 Easy/social
Start Location : Loganlea Railway Station (southside, on Carnival Street)
 A shorter ride, easier pace, plenty of regroupings! Come along for good company and enjoyable cycling over approx. 20 kilometre routes on local bike paths and cycle-friendly quiet streets.
Contact Leader : Bob Schofield 0412 713 487 No need to ring. Just turn up tem minutes prior to start time. **More info :** www.loganbug.org

▶▶ Saturday 6 May

 **300km Challenge**
Start time : 3:00am Distance : 305 km Rating : MF2 Hard
Start Location : Clifton . A supported (B.Y.O.) group ride. An easy enough route and fairly "easy" ride if you can stand sitting on a bicycle for 13 hours. Aim to make it in shorter time than previous. Audax regs regarding lights. At least 5 hours with backup and high visibility clothing.
Contact Leader : James Trimmer 3357 7569 **Email :** imjimtrim@hotmail.com
6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details

 **Big Oasis**
Start time : 8:00am Distance : 50 km Rating : S1 Medium Easy ☕
Start Location : Mitchelton RWS (Blackwood St). Coffee stop during ride
 This is the extended version of our 'Little Oasis' ride with no hills whatsoever! .. spinning along Kedron Brook for breaky at Pam's Cafe, Nudgee. Few backstreets at start and finish. Ideal for newcomers who wish to extend their endurance at an even pace.
Contact Leader : Frances Wellington : 3851 2297 (AH)
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

▶▶ Sunday 7 May

 **Airport Circuit 60k X 25a**
Start time : 6:30am Distance : 60 km Rating : MF1 📢
Start : Nudgee Bch C'park, Fortitude St, Nudgee Bch UBD 111 CM15
 Departs sharp on time. With no hills on this ride, we will be riding to average 25+ over 60k's. This ride leaves Nudgee Beach, follows Nudgee Rd through to the Airport out to the lookout, then return with a detour through to Luggage Point for a short stop, following back along Kingsford Smith drive, and then ending with a "at your own pace" along Nudgee Rd back to the start. Coffee after at Pam's Café. **Leader :** Torben Anderson 0413-927-957

🌞 Early Sunday cruisin'

Start Time 7.00am Distance: 35 km Rating: S2
Location : Roma St Parkland cafe
 A few short, sharp pinches add a little spice to this otherwise relaxed ride over and around the river, taking in the CBD, Kangaroo Pt, New Farm, South Bank, Milton, Auchenflower and West End. A break for coffee etc. after 30 km or so. Riders should be free to take off for other pursuits by about 11.00am. **Ride Leader :** Robert BYRNES 3369 0707

▶▶ Monday 8 May

6.15pm Palace Night Ride See 'Regular Rides' section for details.


▶▶ Thursday 11 May

Logan BUG Community Ride - Refer description for Thursday 4 May

▶▶ Saturday 13 May

6.30am Wynnum Cruise + Dash See 'Regular Rides' section for details
Monsildale Weekend Tour - See Tours Section
1:30pm Windsor Riverside Connector - Refer description for 8th April
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.


▶▶ Sunday 14 May

 **Beenleigh n Coomera Cruise**
Start time : 7:00am Distance : 65 km Rating : MF3 Non BBTA ride
Start Location : Beenleigh RWS (carpark opposite).
 Onto Henry Hester Drive. Turn at Ormeau down through the canefields. To Pimpama. Down to Coomera. Stop for 10 min. Return via Foxwell Rd. Back up to Ormeau. Stay on Service road. Down Henry Hester Drive. Under motorway. Return to Beenleigh RWS. **Contact Info :** Len Walters 3807 4494

▶▶ Monday 15 May

6.15pm Palace Night Ride See 'Regular Rides' section for details


▶▶ Saturday 20 May

 **Dawn Busters**
Start time : 5:45am Distance : 65 km Rating : B1 Medium / Hard ☕
Start Location : Stafford City. Southern end of carpark. To Redcliffe and return. Breakfast with James Dean. Bay views. A ride for north siders. NOT a cruise. Pace will depend on who fronts. Should be back before 10am
Contact Leader : James Trimmer 33577569 Coffee stop during ride
1:30pm Windsor Riverside Connector - Refer description for 8th April
3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

Saturday 20 - Sunday 21 May

Jondaryn Woolshed Weekend Tour - Refer Tours Section

▶▶ Sunday 21 May

 **Mystery Hills**
Start time : 7:00am Distance : 75 km Rating : M5 Very Hard / Challenging
Start Location : Windsor RWS If you have to ask.....features some of northside's best. Includes THE BIG ONE.(optional)
Contact Leader : James Trimmer 3357 7569 Coffee stop during ride ☕

🌊 Samford Sojourn for MTB's & Hybrids

Start time : 8:00 am Distance : 30 km Rating : L3 ☕
Start Location : Ferny Grove RWS (carpark opp. Bunowen St)

A refreshing morning out meandering along rolling sealed roads and easy local dirt trails includes the disused Lanita rail trail at Camp Mtn knob. Morning tea at the Samford bakery. Return is shorter and easier, and crosses a cow paddock. Last 3km is a nice cruiss'n finish to "my favourite ride". Best on knobbly MTB tyres as trails are dirt & grass. Ideal for novice MTB riders. **Contact Leader :** Frances Wellington - 3851 2297 (AH)

🌸 Kedron Brook & Mitchelton

Start Time 8.30am Distance: 27 km Rating: S2
Location : Toombul S'town, Sandgate Rd, near Coles . A ride along the Kedron Brook Bikeway to Mitchelton & return. It is a generally flat ride. Coffee etc. at Toombul after the ride. **Leader :** Jeffrey FOREMAN 3262 4410

▶▶ Friday 26 May


🌙 Out and about on Friday night

Start time : 5:45pm Distance : 50 km Rating : M1 Departs sharp on time. 📢
Start Location : Banyo Shops. Cnr Tuffnell & St Vincents Road UBD 121 C9
 Nothing to do on a Friday night. Then come celebrate the end of May with a ride out to the Palace Hotel for dinner. Wetlands to start, foreshore of Sandgate, Esplanade for dinner. Same route back, but continue along Sandgate Rd to finish. Average speed 20k+ **Lights a must otherwise no ride.**
Contact Leader : Torben Anderson 0413-927-95

▶▶ Saturday 27 May

3.00pm Saturday Arvo Ride See 'Regular Rides' section for details.

▶▶ Sunday 28 May

 **Beerwah>Landsborough>Mooloolah+Tunnel**
Start time : 7:30 am Distance : 65 km Rating : M3 @19kph av
Start Location : Beerburrum State School NOT SUITABLE FOR ROAD BIKES.
 Leaving Beerburrum we go through the rolling back roads of Glass House to Beerwah, then via Landsborough we tackle the climb up Tunnel Ridge Road. Enjoy a well deserved break at Mooloolah. Return direct to Landsborough through the disused rail tunnel (no hill) including 4klm off road dirt etc. A short break at Landsborough then back to Beerburrum via Beerwah and Glass House. Regroups. **Contact Leaders :** Paul & Kate Gubesch - 5498 3134

🌙 Into The Lions Den

Start time : 8:00am Distance : 125 km Rating : MF5 Hard ☕📞
Start Location : Rathdowney. From Rathdowney we head down the Mt. Lindsay Hwy. to the Summerland Way, lunch at Grevillea, continuing on towards Kyogle before heading back to Rathdowney on Lions Rd. Quiet roads and excellent scenery but a few steep hills.
Contact Leader : Peter WATSON 38077816 or 0423109652
 Coffee stop during ride **Riders must ring leader**

🌸 Nudgee Beach

Start Time: 8.30am Distance: 24 km Rating: S1
Location : Toombul Shoppingtown, Sandgate Rd, near Coles
 An easy flat ride to Nudgee Beach for breakfast at Pam's Cafe. However we shall visit the Ann Beasley Lookout which is a short stiff climb.
Ride Leader : Jeffrey FOREMAN 3262 4410

West End Riverside Dr Leisure Ride - Refer description for April 30

▶▶ Monday 29 May

6.15pm Palace Night Ride See 'Regular Rides' section for details

BBTA Ride Leaders . . .

✓ **Please endeavour to lead your ride in accordance with it's pace and description.**

BBTA Riders . . .

✓ **Please check the 'pace' code of your selected ride. Some rides are too fast for some riders.**

✓ **If in doubt, contact the ride leader.**

✓ **Courteous riders will arrive 10 minutes before the advertised starting time.**

✓ **All riders are expected to obey the road rules.**

✓ **Bike helmets are compulsory on all rides.**

✓ **Adequate lights (to see and to be seen) and reflectors are essential for any night rides. Suitable safety apparel is recommended.**

✓ **Bring a pump, suitable spare tubes, tyre levers and puncture repair kit, plenty of water and nourishment on all rides, especially bush rides.**

✓ **In the interests of rider safety, the management committee or Ride Leader reserves the right to refuse any rider from commencing or continuing any ride where it is deemed unsafe for that rider to participate in or continue on a given ride.**

Wet Weather . . .

✓ **The ride will go ahead, rain, hail (maybe not) or shine.**

Thank you Everyone and have a Great day out !